St. Joseph's College of Commerce
(Autonomous)

Affiliated to Bengaluru City University
Accredited with A++ Grade by NAAC (4th Cycle) | College with Potential for Excellence (CPE)
Ranked 72nd in NIRF 2020 by MHRD
#163, Brigade Road, Bengaluru - 560025, Karnataka, India

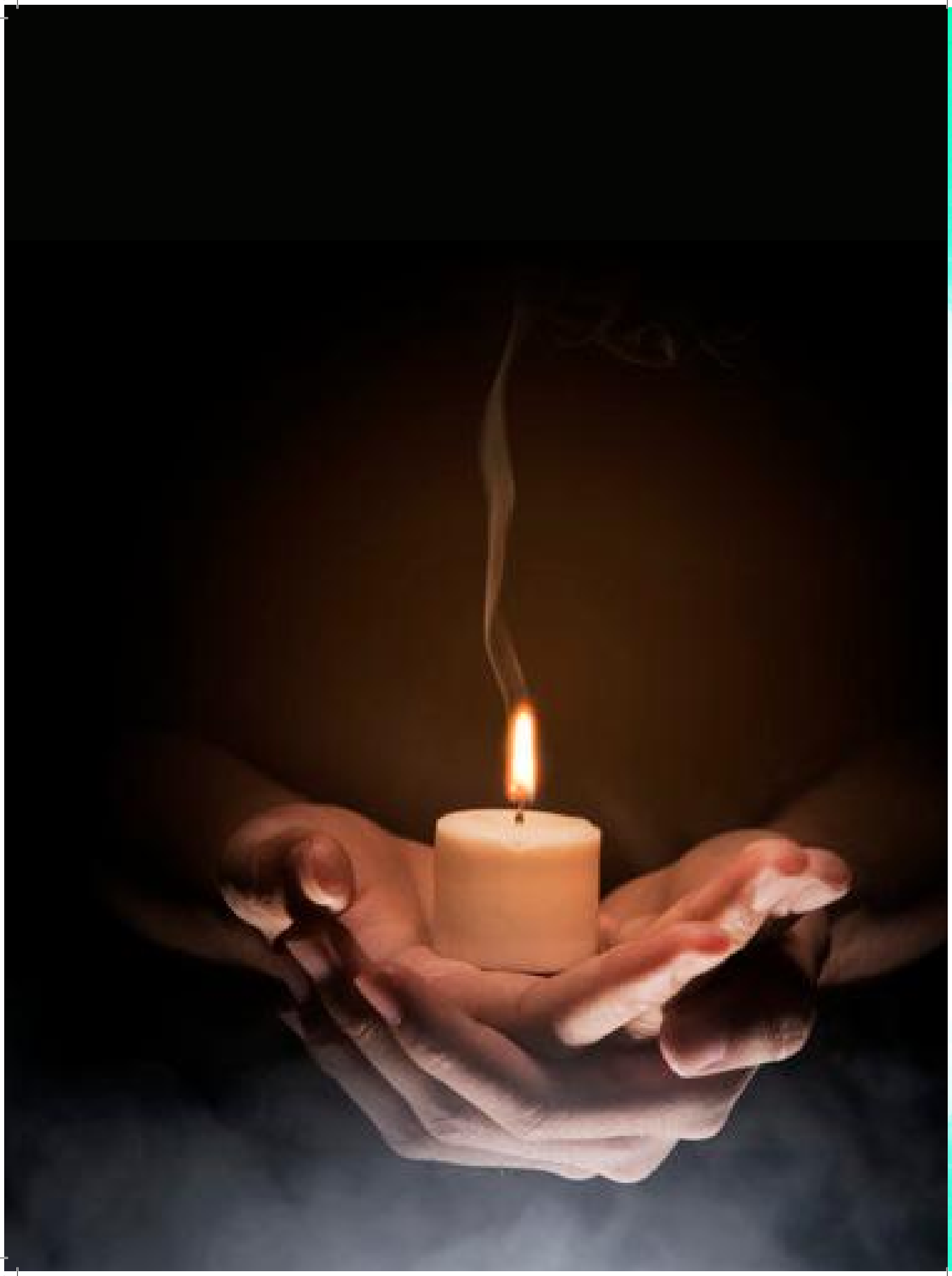
Vision of the College

Co create a just, secular and democratic society especially in the service of the poor, the oppressed and the marginalized.

The Mission Statement

"St. Joseph's College of Commerce seeks to be a place where academic excellence goes with the cultivation of virtue, and where a community is formed which sustains men and women in their education and their conviction that life is only lived well when it is lived generously in the service of others".

St. Joseph - Our Patron



IN MEMORY OF

Fr. Walter Andrade, SJ
(1942 – 2020)

We dedicate Blue Chip 2020-2021 to
Fr. Walter Andrade, SJ who was the former Principal of
St. Joseph's College of Commerce (1984-1989 & 1994-2000).

Fr. Walter Andrade, SJ was a man with a vision who led a deeply spiritual life. He was a great educator, mentor, administrator and a compassionate person who loved the poor and the underprivileged.

MILESTONES

Autonomous status to the college by the UGC in September 2005.

Research Centre recognition by Bangalore University in 2010

'College with Potential for Excellence' by UGC in 2010

Recognised by UGC as a mentor institution under the 'Paramarsh Scheme'

nirf
National Institutional Ranking Framework
Ministry of Human Resource Development
Government of India

Year	Ranking
2020-2021	72
2019-2020	61
2018-2019	55
2017-2018	29

NAAC
NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

Year	Grade
2021	A++
2012	A
2007	A
2000	5 Star

INDIA TODAY

Year	Ranking
2020-2021	12
2019-2020	8
2018-2019	9
2017-2018	6

ISO 9001:2015

BCOM TT ranked Best Tourism Department (2018-2019) by FKCCI

TIME

BBA Department Ranked 6th Best(2019-2020) in India by Times BBA Education Ranking survey

Best Ornamental Garden Competition by Mysore Horticulture Department (5 years consecutively (2015-16 to 2019-20))

I sincerely thank all staff, students and other stakeholders for helping the institution achieve these milestones.

- Dr. Daniel Fernandes, SJ

SJCC welcomes

Rev. Fr. Dionysius Vaz, SJ

the new Provincial of the Karnataka Jesuit Province.

SJCC thanks the outgoing Provincial

Rev. Dr. Jerome Stanislaus D'Souza, SJ

for all his guidance and support to the institution.

From the Editorial Committee

While a year has passed since the COVID-19 pandemic began, a new normal has taken root in the world and it has come with its own set of challenges— for the institution, for the country and for the global community. The lockdown days brought to light different sides of the Indian society. For the privileged it was a rare opportunity to display their culinary, artistic and fashion skills, the other side showed the struggle for survival, and helplessness of the millions who lost their only source of income. As the year progressed, these divides continued to grow. The transition from the old normal to the new has been very challenging for the vulnerable strata of the society. The media's sparse and fleeting coverage of the struggles of migrant and domestic workers was just another indication of how disconnected the privileged are from reality, the reality of the less privileged.

The past year also witnessed the coming together of the otherwise fragmented vulnerable sections of the society, against the suppression and exploitation by the privileged, be it for the Black Lives Matter or Farmer's Protests in India. People from all walks of life stood together with the oppressed, showed resolve in the face of tribulations and raised their voices against injustice, exhibiting the spirit of resilience. The Josephite family draws its inspiration from the unsung heroes of the world and emulate their contributions in a manner that upholds the ideals of the institution. Many Josephites ventured onto the battleground to extend support to the ailing communities in the city. During the crisis, the spirit of "Fide et Labore" which ties Josephite family together motivated each member to reach out to the disadvantaged.
With regard to teaching and learning, SJCC adapted to the changes in no time and went ahead with all the activities despite the challenges. From the online student elections to having an online Cipher and online exams! This edition of the Blue Chip, carries with it the hope, courage, resilience and dedication that every member of the institution showcased during the past academic year. The magazine takes you on a journey through the virtual academic year and how each one in the institution stayed together during the pandemic.

The Blue-Chip Committee extends its heartfelt gratitude to Rev. Dr. Daniel Fernandes, SJ for his guidance throughout the years and wish him blessed days ahead. The committee also thanks the management, faculty members, and students of St. Joseph's College of Commerce for another memorable year of learning and development.

Editorial Committee

Bottom Row (L-R)
Maria Tejaswini, Mr. Vinay Kambipura, Dr. Daniel Fernandes SJ, Ms. Marina Roche Joyce
Mr. Thomas Mathew
Top Row (L-R)
John Nischal, Devanshi Choudhary, Jo Anne Baretto, Rhea Alvarez, Prakruthi, Sheril J, Hannah Patrao, Keertana Shivroop

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Middle Row (L-R)
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Top Row (L-R)
Leonard Varun, Naman Mehta, Varun Reddy

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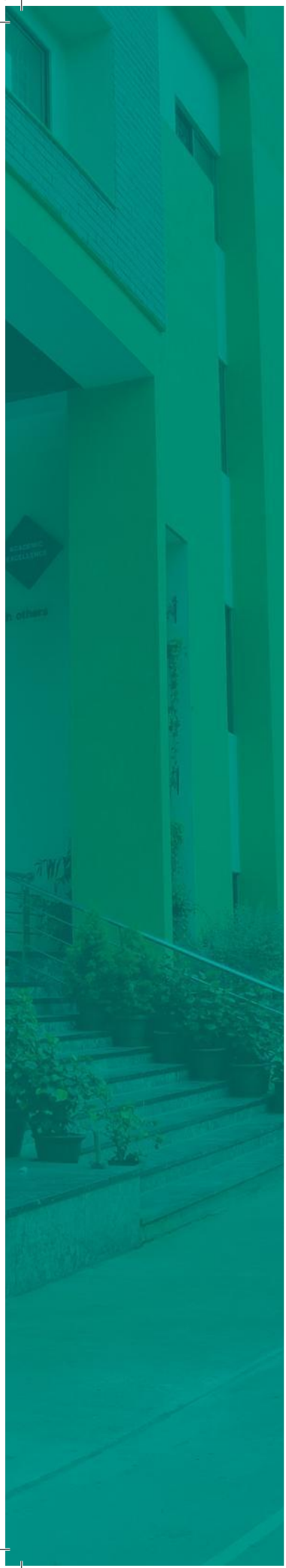

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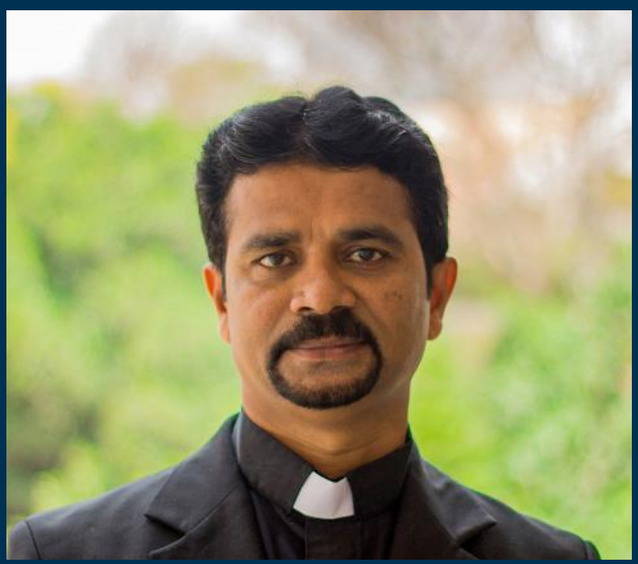
Rector's Message

At the very outset, I want to congratulate Fr Daniel Fernandes SJ, Principal, staff and students of St Joseph's College of Commerce for securing A++ Grade (4th Cycle) in the NAAC accreditation. Even in the NIRF ranking, SJCC is the only one college in Karnataka listed among the top 100 colleges in the country. These are commendable achievements. I place on record my sincere appreciation and gratitude to the Principal, staff, students and all our collaaborators for these achievements. These achievements have come as a crowning glory in the long list of achievements of Fr Daniel Fernandes, SJ. As he hands over the administrative responsibilities of SJCC to Fr Charles Lasrado SJ, I wish both of them well in their future mission.

I write this message in the middle of a devastating second wave of Covid-19 pandemic which has wreaked havoc in our country. At present India reports four lakh fresh infections and more than 3,500 Covid-related deaths each day. These days, our newspapers, news channels and online media are filled with stories and pictures of people struggling to deal with this unprecedented pandemic – long ques of vehicles waiting to off-load patients into hospitals, crematoriums and cemeteries flooded with dead bodies, heart-wrenching scenes of relatives grieving the loss of their dear ones and so on. Acute shortage of hospital beds, oxygen supplies and medicines, indicate that our healthcare system is on the brink of collapsing.

Apart from the untold agony and misery unleased by Covid-19, our country is facing several other challenges; namely the farmer protests, arbitrary arrest and detention of human rights activists and unfair trials, violation of constitutional rights and privileges, curbs on freedom of speech, growing unemployment and income inequality, caste and communal violence, exploitations of people belonging to disadvantaged sections, misuse of central agencies and so on. Unfortunately, the media – the fourth pillar of democracy has remained indifferent or silent on most of these issues that matter.



His Holiness the Dalai Lama has rightly emphasized, "To remain indifferent to the challenges we face is indefensible. If the goal is noble, whether or not it is realized within our life time is largely irrelevant. What we must do therefore is to strive and persevere and never give up." The Josephites who are formed to become persons of conscience, competence, compassion, and commitment cannot remain indifferent or silent to the challenges we face today in our country and the world. I wish and pray that the selfless commitment of our frontline corona warriors, extraordinary courage and sacrifice of human rights defenders like Fr Stan Swamy and others, resilience of Indian farmers, will motivate all of us to move beyond the horizons of individualism and social apathy and participate in the process of making this world a better place.

Fr. Brian Pereira, SJ
Rector

Principal's Message

The significance attributed to cultural diversity defines the versatility and inclusiveness of higher education institutions. All learning ecosystems should be formed on a cultural foundation that graciously deal with differences rather than silence them. As someone, who has spent more than three decades in the field of higher education, I am convinced about the role that higher education institutions in India can play in transforming the society, especially by enhancing the scope for social mobility among the marginalized. The Indian higher education sector needs to be further strengthened to act as the meeting point of affirmative action. The system should look for new ways to make optimum use of available resources and create more secular learning spaces. As the entire world is grappling with the challenges brought forth by the pandemic, it is important that all of us press the pause button and reflect on our priorities. It's time that the institutions realize that their primary role in the society is to facilitate learning foregrounded on harmony, peace and inclusivity. The institutions need to equip themselves, at all levels, to meet the changing needs of the learning community. Only such spaces can mould future citizens who can carry forward the ethos on which this nation is built.

St. Joseph's College of Commerce, in its five-decade journey, expanded the scope of teaching and learning in multiple ways. It has adopted innovative approaches and evolved to be a learning centre that endorses academic excellence and character formation. The institution believes in creating spaces for students to evolve as responsible citizens, capable of voicing against all kinds of oppression. The college thrives on its willingness to embrace all forms of difference and nurtures amongst students the culture of judicious dissent and discernment.

SJCC, in its hallowed educational journey, guided by excellence in teaching-learning and research has surpassed many milestones. These achievements have immensely supported the institution in its uncompromising pursuit for knowledge and transformed it to be one of the best colleges in the country for Commerce Education. All the accolades, especially the A++ grade with CGPA 3.57 awarded by NAAC in its fourth accreditation cycle, explains the decision to enshrine academic excellence as the bedrock of SJCC's educational policies. Currently,

SJCC is the only institution from Karnataka among the best hundred colleges in the country as per the MHRD ranking.

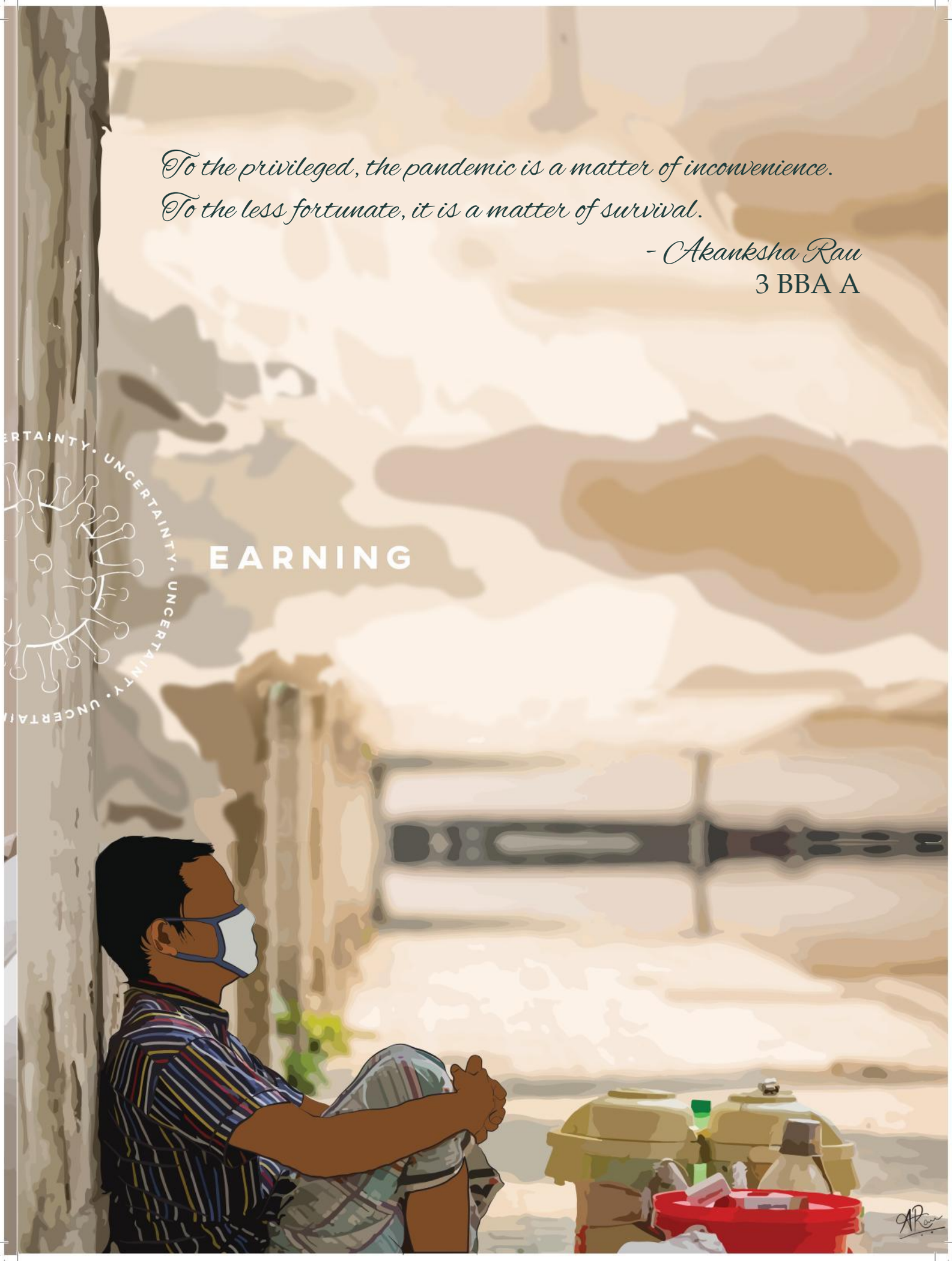
All the milestones that the institution achieved in the last fifty years have been realized through the sheer hard work, uncompromising commitment and sterling contributions of all the stakeholders — students, parents, professional collaborators and staff members. Each member of the SJCC family wholeheartedly accepted the challenging responsibilities and successfully lived up to it. The campus, shaped on the philosophy of 'magis' encourages collective striving for the better. This reassuring ambience inspires the staff and students to take the less trodden paths in search of the extraordinary. The latest NAAC grade and high ranks in the surveys conducted by reputed agencies reaffirm that all the thoughtful efforts have been rightly channelized.

I thank each and every member of the SJCC family who have enriched the institution over the past fifty years. Your contributions have transformed SJCC into a centre of excellence that celebrates cultural diversity and secular values.

God bless all of us.

Dr. Daniel Fernandes, SJ
Principal

LEARNING
UNCERTAINTY • UNCERTAINTY • UNCERTAINTY •


To the privileged, the pandemic is a matter of inconvenience.
To the less fortunate, it is a matter of survival.
- Akanksha Rau
3 BBA A
ERTAINTY. UNCERTAINTY. UNCERTAINTY. UNCERTAIN
EARNING

Institutional Response to Covid-19 Pandemic

The current pandemic affected every aspect of our lives. Everyday life was thrown out of gear and a large number of people found themselves in the middle of an economic crisis. At this juncture it was imperative on educational institutions to respond to the situation in the best way possible by utilizing its resources in an efficient way. From reaching out to the most vulnerable communities to ensuring academic, financial and emotional support to its own students and staff, SJCC stepped up to the challenge by preparing an action plan and executing it with utmost effectiveness. The holistic development of students was given prime importance at all times.

Covid-19 Relief Work

The students and staff of SJCC responded to the on-going pandemic through several innovative ways. Firstly, the college supplied essential gear and Covid-19 protection kit to five villages adopted under the UBA scheme. The staff and students of SJCC contributed Rs. 15, 04, 996 towards the supply of essential kits. Several other initiatives like data recharge for government school students, assistance towards Covid-19 vaccine rollout and webinars and guest lectures to understand the effects of the pandemic and to respond accordingly, were conducted.

- Rs. 15, 04, 996 contributed towards Covid-19 relief fund
- Supplied essential gear and kits to five villages
- Management Scholarships amounting to Rs. Rs. 90,64,665 extended to 704 students
- 24/7 online counselling support extended to students
- Academic support extended in the form of online remedial programme

Bembala – The Outreach Programme

Bembala is a Community Outreach Programme designed for students of all institutions under BJES. Every year students take part in a number of outreach activities that take them beyond the classrooms and connect them with the issues and problems of the most marginalized people. Activities like rural exposure camp, eco awareness drives, traffic discipline awareness campaigns, clean-up drives, teaching government school children and participation in public rallies are a regular feature of the programme. Due to the pandemic the Bembala programme was restructured and the activities were moved online. Outreach programme in the online mode included monetary help for government school children, online teaching, citizen journalism, webinars and online discussions.

Staff Training & Empowerment

The college believes that learning is a continuous, evolutionary process. In order to enable and facilitate our faculty to enrich and enhance their knowledge and skills, the College is committed to organizing Staff Enrichment Programs. During the year, 16 Faculty Development Programs and 12 Train-the-Trainer Programs and workshops were conducted. The Institution also hosted a six-day joint FEP in collaboration with Mount Carmel College, Bengaluru on Artificial Intelligence & Business.

Online Teaching-learning

Due to the pandemic, education shifted to the online mode rapidly and one could see a distinctive rise in e-learning. As learning began taking shape in the digital world, it became imperative for the college to adopt the mode of online classes at the earliest. A committee was constituted to select the best and most suitable platform for online teaching-learning. Teachers and students were introduced to the online mode of teaching and learning in a gradual and comfortable manner.

Well-thought-out plans and procedures were followed to ensure that the online experience was less disruptive and more creative to the students and teachers. Tracking individual student progress, addressing the needs of slow and fast learners, providing individual attention and need-based assistance continued to be the top priorities of the institution. Additionally, institutional support was provided to students who did not have the necessary means to attend online classes.

Online teaching came with its own challenges and the institution responded to it by adopting new pedagogic practices that are well suited to the online mode. Techniques like Collaborative Teaching and Learning, Instant Student Engagement, Online Assignment, Online Quizzes, Online Group Discussion, Fully Online Flipped Classes, Online Digital Whiteboard were utilized. MOOCs were used extensively to compensate for in-campus classes and regular internships.

Evaluation

In view of the outbreak of COVID-19, the Institution took into consideration the concerns of the student community, especially the passing out batches and conducted Online End Semester Examination exclusively for the registered candidates on a non-mandatory basis. The Examination Centre also collected the consent form from all those

who registered for the online examination. The Examination Centre conducted training sessions on online examination for students and teachers. Mock examinations were organized to familiarize students with the digital platform. The question papers for Theory and Practical subjects were designed differently, keeping in mind the limitations of the online mode.

The Exam Centre also designed innovative assessment methods for the UG and PG students keeping in mind the varied academic capabilities of the students and the online mode of assessment. The respective course instructor selected the most feasible assessment method. A detailed guideline regarding the Online Continuous Internal Assessment (CIA) patterns was prepared and shared with the faculty members.

Online Video Lectures and MOOCs

The institution had initiated the practice of developing online courses, a few years ago. These courses are designed by integrating video lectures delivered by our own faculty members, reading materials, daily and weekly tasks, examination and evaluation, all, in a single online platform. These online courses were extensively used by the students in this year of the pandemic. The institution also registered with Coursera for the 'Coursera for Campus' programme, through which courses offered by Coursera have been made available to all the students of the Institution free of cost with the option to obtain course completion certificates. 210 UG students and 89 PG students have successfully completed several interdisciplinary courses through this MOOC platform, this academic year.

EW-Library Facilities

The college library plays a vital role in the academic excellence of every student. As the pandemic restricted the movement of students, the institution made the library facilities accessible to students through the online mode. Research scholars and students could access the academic resources of the library in the digital mode, remotely. Students had access to Johan Brown Digital Library, INFLIBNET - N-LIST, Capitaline Database, EPWRF India Time Series, EBSCO Business Source Elite, Institutional Repository, CMIE-ProwessIQ, and DELNET, among many others. The library committee also conducted webinars to create awareness and effective usage of library digital resources. The webinars also had exclusive hands-on training sessions from the services providers as well.

Remedial Classes

The remedial programme at SJCC is the backbone of academic excellence. In this programme students who require academic support are identified and offered one-on-one assistance by advanced learners. In 22 courses, 114 students tutored 845 students for the odd semester. Through these classes that spanned for over 220 hours, the student tutees successfully attempted the End Semester Examinations and 98.11% of them cleared the exams.

Counselling Support

The counselling team of SJCC has done a tremendous job in providing mental health support to students and staff during this pandemic year. The counselling

centre proactively responded to student concerns by making themselves available 24/7 through the online mode. They conducted several sessions on mental well-being and strategies to cope up with the stress and anxiety. The counselling centre played an instrumental role in identifying students who deserved institutional benefits like fee concessions and scholarships.

Video Lecture Series

The college took many initiatives to help its staff and students adapt to the challenging changes that the COVID 19 pandemic had imposed. One such initiative was the posting of short video clips prepared by the Karnataka Jesuit Province with psycho-spiritual themes. These videos helped boost everyone's morale. Apart from these the college prepared videos on issues like the effect of the pandemic and the subsequent lockdown on migrant workers and the lifestyle changes due to the pandemic by inviting experts from the social sector organizations.

Scholarships & Freeships

The Institution believes that life is lived well when it is lived generously in the service of others. We believe that lack of financial resources should not hinder one's pursuit of education and this year, financial assistance was extended in the form of Management Scholarships amounting to Rs. Rs. 90,64,665, benefitting 704 students. The Alumni of the college have contributed Rs. 11,86,000 towards student scholarships benefitting 119 students. The institution facilitated Govt. scholarships to the students to the tune of Rs. 3,35,247, benefitting 16 students.

Student Activities

The college did not allow the pandemic to deter the enthusiasm of the students as they switched to conducting events in the online mode. Student Council elections were held in the online mode and the elected council performed its duties by stepping up to the challenge that the pandemic threw at us. The student council and the student associations and clubs held numerous activities

to keep the students engaged and also to respond to societal needs. In this regard, several webinars, guest lectures, competitions and awareness drives on human rights issues were conducted by the students. The talented students of SJCC, despite the pandemic, participated in intercollegiate fests and other events and won laurels for the institution.

Online Sports & Games

Despite all limitations the sports department at SJCC has managed to keep the sporting spirit alive among students. Perhaps the first and only college to host online sporting events, the sports department has ensured that students pay attention to their physical and mental well-being.

Covid-19 Task Force

As per the directions of the Central, State Government and UGC, the college adopted a set of Standard Operating Procedures (SOPs) with comprehensive preventive measures to prevent and deal with COVID-19 pandemic, by setting up the policy and procedural guidelines for students, staff members and visitors in accordance. A Covid-19 Task Force was set up to frame the SOPs. The staff and students produced a negative Covid-19 report before the day of joining. Everyone was mandated to wear a mask on campus and the staff and students were requested to bring their own food and drinking water. Physical distance between people was maintained and students were slowly introduced to the conduction of offline classes, in phases. The college also did not allow visitors on the campus.

Continuous Monitoring and Adaptability

A continuous monitoring system was set up to ensure hygiene and safety in the entire campus. With regard to the academic progress, the college adopted a policy of responding to the situation as it develops and to take decisions based on the prevailing circumstances. Adaptability was the key to tackling the problems with respect to the pandemic and its effects on educational institutions. Overall, the college was committed to the safety and welfare of all its students and staff.

WE ARE READY TO SPEAK.
WE NEED TO SPEAK
FARMERS.
LEVEL 4 (PROTECTION FORCE)
LEVEL 3 (SPIKES, WALLS)
LEVEL 2 (NATIONAL MEDIA)
LEVEL 1 (TRENCHES)

EXPRESS GRATITUDE TO DOCTORS AND MEDICAL STAFF.
HOW ITS GOING.
HOW IT STARTED
Sonu

THE SMALL FIRE CAN BURN
GO CORONA GO!

DOWN THE WHOLE FOREST.

Head Of Department
Subject Coordinator
Internal
FEEDBACK
FEEDBACK
Revising and framing of syllabus
Academic Council
Governing Body
Syllabus Approved
Changes Imple
Major Changes
RCS & OBCF

NAAC Assessment and Accreditation (IV Cycle)

The Institution participated in the fourth cycle of accreditation this academic year. Preparation for accreditation was a very fruitful exercise. The Revised Accreditation framework followed by NAAC provided the institution with an opportunity to strengthen existing systems and introduce new processes.

The first step towards the NAAC assessment and accreditation is the preparation of the Self-Study Report (SSR) which started in 2017. The SSR seeks information from college on seven different parameters, covering all aspects of the functioning of the college. All members of the staff contributed selflessly towards the preparation of the report. The next step was the submission of Institutional Information for Quality Assurance (IIQA) report which happened on 12 December, 2019 followed by the submission of the Self-Study Report on 14 January, 2020. The submitted SSR was evaluated for accuracy and Data Validation and Verification (DVV) queries were sent on 5 February, 2020. The DVV process was successfully completed on 19 February, 2020.

NAAC constitutes a peer team to visit the campus and assess the institution based on the submitted SSR. The Peer Team visit was postponed due to the onset of the pandemic and was rescheduled to 18th and 19th of February, 2021. The team visited the campus on the mentioned dates and evaluated the institution according to the set criteria. The final grade was declared on February 23, 2021. The institution has been awarded 3.57 CGPA and 'A++' grade by NAAC. SJCC is also the first college in the state to acquire this grade. This accreditation is valid for a period of 7 years till 23/2/2028.

Following were the NAAC Peer Team members:

Sl. No	Names	Designation
1	Dr. Pradeep Kumar Yadav Ex Pro Vice Chancellor Mjp Rohilkhand University Bareilly – 243006 Uttar Pradesh	Chairperson
2	Dr. Kinnarry Thakkar Professor, Department of Commerce, University of Mumbai, Flat No 24, Bldg I -17 Mahavirnagar, Dahanukarwadi, Kandivli (w), Mumbai 400 067, Maharashtra	Member Coordinator
3	Dr. Kashmir Singh Principal Mata Gujri College (Autonomous) Fatehgarh Sahib – 140406 Punjab	Member

Institutional Distinctiveness: Community Outreach, Student Well-being & Green Practices

Community Outreach - Bembala

Bembala is a Community Outreach Programme designed for students of all institutions under BJES, initiated to realize the Jesuit Vision of life and education — to form young men and women with social commitment. In this unprecedented situation where everyone is forced to reinvent their strategies to deal with the new normal, Bembala came up with activities like NGO visits, Govt. school online teaching and need-based analysis in NGOs and orphanages. These initiatives helped in building an inclusive space that promote participative learning.

Covid-19 Relief Work

The Outreach department conducted diverse Covid-19 Relief Work, such as distributing essential kits, Let's Recharge, Covid -19 Vaccine Rollout, Polio Drops Drive, preparation of Worksheets for Govt. School Children.

Webinars

The Outreach Centre organized webinar on a wide range of topics, such as promotion of civic sense, health & hygiene, migrant workers concern and state's response, rise in mental health issues, and spirit of volunteerism.

BJES Twinning Programme

The twinning programme is an outreach initiative of BJES, to bridge the gap in learning and resources between the rural and the urban society. Each institution of BJES works with another Jesuit institution in rural Karnataka to share its resources

and expertise to reach out to the marginalized communities. Among many other projects, the institution has completed research projects on migration, livelihood and agriculture, poverty and education, and women and child health. During this academic year, the Twinning Team completed research projects titled, A Socio-Economic Study of Distressed Migrants of North Karnataka in the Unorganized Sector in Bangalore, and Employment Opportunities and Its Impact on the Livelihood Response in Raichur District.

Student Well-being

SJCC has a well-designed student support system. The Counselling Centre and IQAC coordinate the student well-being practices at SJCC. Mentorship system, diverse forms of counselling, HRD sessions, professional input sessions, sessions on the causes and impact of addiction have been arranged to ensure emotional and professional well-being of the student community at SJCC. The institution has a Grievance and Malpractice (Prevention & Redressal) Committee, Sexual Harassment (Prevention and Redressal) Committee, Anti–Ragging Cell, Equal Opportunity Centre and diverse welfare measures that extend support to girl students.

Green Practices

The college has been very particular about ensuring the continuous implementation of green practices and strengthening the existing ones in order to transform SJCC into a green campus. Use of plastic cups and other plastic utensils are banned on campus. The institution tries to minimize paper consumption on campus by adopting practices like, issuance of online application for admission, examinations, attendance, brochures, etc. The Eco Club of SJCC coordinates all the eco-friendly activities conducted on campus and creates awareness among students on various environmental concerns. The college has installed 92 kVa rooftop Solar Power Generation Plant, a rain water harvesting system, and food waste convertor system.

SJCC celebrated World Environment Day, International Forest Day, World Nature Day and conducted Wealth Out of Waste programme. Eco Club organized a Sapling Planting Contest. New plants were added to the vertical gardens in college and a new vertical garden was set up near the college canteen. The college won the Best Ornamental Garden Award from the Mysore Horticulture Department this academic year as well, making it the sixth consecutive award.

Internal Quality Assurance Cell (IQAC)

The Internal Quality Assurance Cell (IQAC) of St. Joseph's College of Commerce (Autonomous) plays a vital role in maintaining the standard of all the academic activities on campus. Given below are some of the important contributions of the IQAC in different capacities during the year 2020-2021.

Orientation Programme for Students

IQAC conducted orientation programmes for 1st year UG and PG students during the 1st week of July 2020.

Audits

On 24th November, 2020 IQAC conducted a Departmental Internal Audit. On 23rd January, 2021, Dr Mohan, former COE of SJC conducted External Examination Audit.

Accreditation-NAAC 4th Cycle

The Self-Study Report for the 4th Cycle of NAAC accreditation was submitted on 14th January 2020. The Peer Team Visit took place on 18th & 19th of February. The nominated peer team members were- Dr. Pradeep Kumar Yadav, the Ex-Pro Vice Chancellor, MJP Rohilkhand University, Bareilly, Dr. Kinnarry Thakkar, Professor, Department of Commerce, Mumbai University, and Dr. Kashmir Singh, Principal, Mata Guruji College (Autonomous), Fatehgarh. SJCC received 'A++' grade with a CGPA of 3.57.

Participation in Rankings

SJCC took part in the ranking process organized by National Institutional Ranking Framework, MRDA Best University Ranking 2021, and The WEEK Best University Survey through Hansa Research 2021, Times Higher Education World Ranking 2021 and ARIIA Ranking for Entrepreneurship 2020.

Student Feedback and Exit Poll

Faculty evaluation of the online teaching platform was conducted in July, 2020 under the supervision of IQAC. It also collected the self–appraisal form from staff members during the 3rd week of March, 2021. The Cell documented the feedback received

from teachers and parents during the first week of April 2021. An exit poll for both UG and PG students was conducted on all aspects of their academic life in the campus in May 2021.

Paramarsh

Under the Paramarsh, UGC Scheme a three-day Paramarsh Webinar Series was conducted from 22nd - 24th June, 2020 where external resource professionals from different institutions spoke on a broad range of important topics like 'Intellectual property in HEIs', 'Teaching & Learning in HEIs', 'Research, Consultancy and Extensions in HEIs', 'Curriculum in HEIs' and 'ICT in Teaching & Learning'. A national faculty development webinar on 'Impact of Research Publications on Quality Assurance in HEIs' was organized on 21st August, 2020, and another programme on 'Leadership in the New Era of covid-19 Crisis' was organized on 28th August, 2020. With a view to enhance the language skills of the faculty members of Loyola Degree College, Manvi, IQAC, SJCC arranged a Training Programme. The faculty members from Department of English, handled the sessions

Unnat Bharat Abhiyan Scheme-Under the UBA scheme, faculty and students of SJCC continued to support the adopted villages by supplying COVID-19 essential kits and COVID- 19 PPEs.

Other Initiatives

Collaborative and Support Initiatives
SJCC, presently graded with A++ by NAAC, shared the knowledge and experience of its NAAC journey with the following institutions:

- St. Joseph's Evening College team headed by the Director – 19th February 2021
- SFS College, Hebbagodi Electronic City in Bengaluru – 2nd March, 2021
- Representatives from St. Aloysius College of Mangalore – 14th March, 2021
- Montfort College, Bangalore - 27th February, 2021
- St. Joseph's College of Law headed by the Principal and the Director - 15th March, 2021

NEP 2020-The GOI through their MYGOV portal sought suggestions and feedback of NEP2020 from academicians. A detailed discussion and consultation process with all the academic members of the college were conducted on 20th November, 2020 by

IQAC

Online Classes- IQAC and a committee constituted by the Principal, helped to identify a suitable platform for conducting online classes. The student quality circle of IQAC (SQAC) was equipped to function as a support group. Further, Institutional policies for the usage of MOOC in the curriculum was also initiated by the IQAC.

Curricular Aspects

Programmes

The Institution is committed to equipping students with Commerce and Business Administration education that instils in them, an ability to understand and interact with the business world and provide them with skills required to excel in the domain of Business and Commerce. The institution moulds individuals into self-aware individuals capable of effectively responding to social causes. The following are the programmes offered by the college:

I)Undergraduate Programmes (Three- Year)

a) Bachelors in Commerce (B. Com)
c) B. Com (BPM- Industry Integrated)
d) B. Com (Travel and Tourism)
e) B. Com (Professional - International Accounting & Finance)
f) B. Com (Analytics)
g) B. Com (Professional – Strategic Finance)
h) Bachelor of Business Administration (BBA)
i) BBA (Entrepreneurship)
j) BBA (Professional - Finance and Accountancy)

II)Postgraduate Programmes (Two- Year)

a) M.Com (Finance and Taxation/ Marketing & Analytics)
b) M. Com (International Business)
c) M. Com (Financial Analysis)

III)Post-graduate Diploma

a) PGD (Business Administration)
b) PGD (Human Resource management)
c) PGD (Marketing management)
d) PGD (Tourism Management)
e) PGD (Financial Management)
f) PGD (International Business)
g) PGD (Capital & Commodity Markets)

Curriculum Design and Development

The curriculum is designed keeping in mind the Jesuit values of education and the mission of college, to provide academic excellence, character formation and social service orientation to all the students. The Curriculum designing committee

takes into consideration the latest trends in the industry along with the opinions of the stakeholders while designing the curriculum.

Outcome Based Education

The Institution follows Outcome Based Education (OBE) model of learning that has created the space for the institution to redesign its curriculum, teaching-learning process and assessment. In order to create an outcome-based curriculum, the institution's specific Programme Education Objectives (PEOs) were first designed. These objectives, led to the development of Programme Learning Outcomes (PLOs). Programme Education Objectives and the Programme Learning Outcomes form the base for the development of the curriculum containing multiple courses, each with specific objectives. Course Objectives help in deriving the Course Learning Outcomes (CLOs), the competencies required and indicators of the same. At SJCC, the Programme Educational Objectives, Programme Learning Outcomes, Course Objectives, Course Learning Outcomes, competencies and its indicators are all consistent with the vision and mission of the institution. This academic year the Graduate Attributes of all the programmes were revised and Course Outcomes of 37 courses.

Interdisciplinary Approach

As knowledge becomes specialized, it also becomes interdisciplinary in nature due the influence that disciplines have over each other. The curriculum for all the commerce and business administration courses requires students to do core papers in their respective fields of study. Apart from the core papers, students are offered open elective papers from other fields of study, including theatre arts and literature.

Practice Orientation

The industry demands skilled professionals who can adapt easily to the dynamic work environment. Classroom teaching equips the students with the necessary conceptual skills. The procedural skills required, especially in the field of commerce, require students to get an exposure to the practices followed in the industry. In this regard, the practice orientation for industry is introduced into the curriculum in a phased manner, across the span of their entire programme. In the first and the second academic years, students have industrial visits to familiarize them with the work processes. In the summer vacation after the second year, students are expected to do an internship of six weeks. However, this year due to the pandemic regular internships were replaced with online internships and MOOCs skill development courses. The Masters programme

has an internship semester in the second year where students work for an entire semester. They are guided, mentored and monitored by the faculty members.

Student Research Engagement

Research orientation is included in the curriculum for the bachelor and master degrees. The Research Centre of the college, along with the subject teachers, guide and mentor the undergraduate and postgraduate students in research work. Student research in the form of case study and research papers are compiled, edited and published by the college. Students are encouraged to take up research in the field of commerce and business administration with an orientation to benefit the society at large.

Curriculum Enrichment

Holistic development of students is an important aspect of our institution's education. With programmes such as BBA (Entrepreneurship), B.Com (Professional – International Accounting and Finance), B.Com (BPM- industry integrated), B.Com (Analytics), B.Com (Professional – Strategic Finance) and B.Com (Travel and Tourism), our students have enhanced employability factors. The curriculum is also enriched with courses like Advanced Excel, Tally, SPSS, Financial Modelling, R Programming and SAP, to give them hands-on experience with skills that enable their easy transition into their respective careers.

Professional Certification Programmes

The Professional Certification programmes were initiated by the institution with a view to provide holistic development to the students. These courses help in sharpening their niche skills. Every year, the college proposes a collection of handpicked courses keeping in mind the growing industry demands and to provide additional skills. A total of 156 students benefitted from these programmes.

Alternatively, the college also offered the students an opportunity to bridge their knowledge divide by subscribing to MOOCs (Coursera). This in succession allowed flexibility in terms of choice of courses and time schedule as some of the courses were self-paced.

Total enrolments in 'Coursera'- 243
No. of students who have completed (UG) - 210
Total estimated hours spent in 'Coursera' - 802
No. of students who have completed (PG) - 89

Teaching Community at SJCC

Faculty Profile

Teachers are an indispensable part of any educational institution, owing to the crucial role they play in imparting knowledge and honing the minds of students for a variety of challenges. SJCC prides itself on having highly proficient teaching faculty who strive relentlessly towards upholding the values and beliefs of the institution. The faculty work towards creating an environment that is conducive to learning, by adeptly guiding students towards the right path for a brighter future.

The faculty members of SJCC have consistently proven their excellence and outstanding merit through their academic achievements and endeavours. Their research performance, teaching abilities and their valuable contribution to higher education have set an example for all. They strive to upskilling themselves and impart knowledge relevant to the changing dynamics of the business world. Apart from this, their earnest curiosity, determination and academic interests have driven them to achieve new milestones. This academic year seven new faculty members were inducted.

Visiting faculty

The visiting faculty of St. Joseph's College of Commerce consists of experienced industry experts and professionals of various career paths in Commerce and Business. Their lectures help bridge the gap that exists between the academia that engages a student in college and the career path after the completion of their education. Their insight from the various professional fields caters to the needs of the students of professional courses on our campus, as well. The visiting faculty allows for the institution to prepare the students for the real world of business and commerce, thus rendering them industry-ready and highly employable.

Faculty Involvement in Consultancy

The faculty members of SJCC are also experts in their respective domains and offer their services to other institutions, professional bodies and the industry as well. Institutions like St. Aloysius College, Mangalore, SFS College, Hebbagodi, Montfort College, Bangalore, St. Joseph's Evening College and St. Joseph's Law College have benefitted

from the experiences our faculty members shared. The faculty members of the college are also members of Board of Studies, Board of Examiners and academic and research review committees of other institutions. The faculty members also guide the mentee institutions under Paramarsh scheme of UGC to prepare them for the accreditation process.

Faculty involvement in Outreach

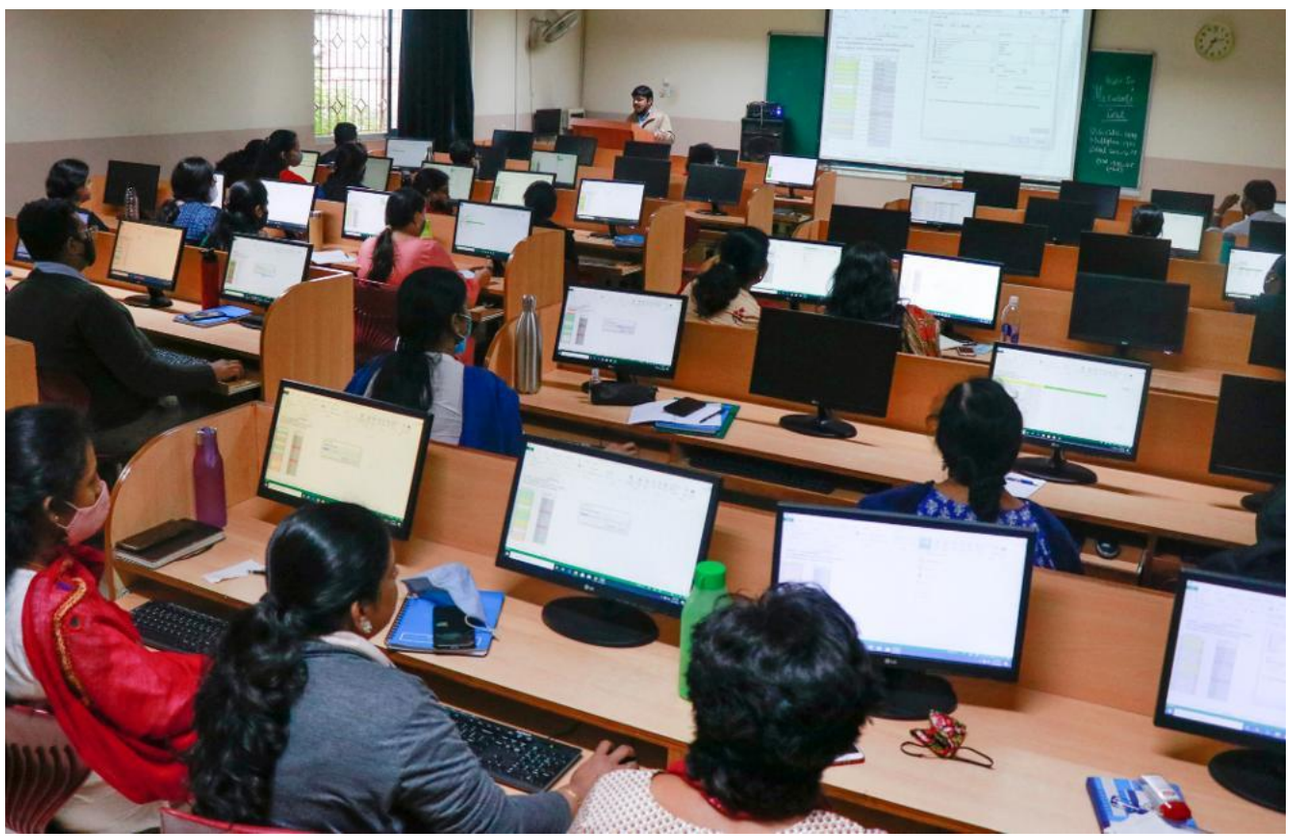
All faculty members are involved in organizing and participating in the outreach activities of the college. Faculty coordinators of the social-inclusion associations organize rural camps, medical camps, blood donation camps and voluntary services for neighbourhood communities. The class mentors organize social visits to orphanages, old age homes and child care centres for their respective classes. Many of our faculty members are associated with NGOs, charitable institutions and community centres and offer their service to them. Faculty members were actively involved in the Covid relief work both on behalf of the institution and in their individual capacity.

Faculty Development Programmes (FDP)

FDPs are organized by the institution to facilitate the enhancement of knowledge and skills of the faculty members. These programmes also provide them with opportunities to attain scholarly and interdisciplinary expertise, helping the faculty learn, teach and create positive social changes through talks, workshops and research projects. Over the year, 17 faculty development programmes were conducted on different topics like Financial Reporting, Financial Accounting, E-content development, Excel, Artificial Intelligence, Interdisciplinary Pedagogy, Ethics and Ethical issues, Outcome-based Education, Digital Tools, socially responsibility and Jesuit Heritage.

Train the Trainer Programmes

Train the Trainer programmes are conducted by the faculty members for other teachers of SJCC. Over the academic year 2020-21, 13 training programmes were conducted, ranging from Supply Chain Management to Capital Markets and Banking for BPS.



Faculty Achievements

Dr. Preemal Maria D'Souza
received her PhD degree from Bharathiar University on the topic 'A Study on Financial Inclusion in Karnataka State with Special Reference to Self-Help Groups in Bangalore Urban District' on 15th July 2020.

Dr. Komal A Dave
received her PhD degree from Bharathiar University on the topic 'A Study on Micro Health Insurance Policies in Covering Financial Risk of the Unorganized Women Workers in Bengaluru District' on 19th October 2020.

Mr. Vinay Pradeep
cleared KSET in March 2021.

Dr. Antony Oliver
received the 'Golden Achievement Award' instituted by Bharat Rattan Publishing House, New Delhi, in August 2020 & his PhD Thesis was recognized as the best Doctoral Thesis in Hindi by the Archers Elevators Publishing House, New Delhi in August 2020.

Dr. Soney Mathews
rwas recognized as 'Certified Teaching Professional Teacher in Commerce & Management' by the International Accreditation Organization, USA in August 2020.

Dr. Ritty Francis
was recognized as 'Certified Teaching Professional Teacher in Commerce & Management' by the International Accreditation Organization, USA in August 2020.

Examination and Evaluation

The Examination Centre at St Joseph's College of Commerce (Autonomous) administers the examination and evaluation process for all the programmes offered by the institution.

The Examination Department has strived hard to provide the most innovative and technology-driven assessment and evaluation modes during the pandemic time. The department has worked towards providing the most transparent, error-free, flexible and most importantly quality enhanced processes with constant evolution according to the present needs keeping in mind all the stakeholders at large. The ESEs were conducted online via our college ERP linways and MS Teams with blended MCQs and descriptive patterns as per the course. Proctored exams by the teachers made sure that the sanctity and the seriousness of the exams were maintained throughout the entire schedule. The students took these exams from the safety of their homes. Due to online exams and auto-correction, the results were published within four days from the last day of exams.

The exam department conducted various training sessions on online examinations for students and teachers to get familiarized with the process. Mock examinations were organized to provide good exposure and practice to students with the use of the digital platform. The question papers for theory and practical subjects were designed differently keeping in mind the limitations of online examination. The online board of examiners met and thorough scrutiny of the question papers were done completely paperless. Going digital was one of the salient features of the department this year.

Online CIA Activities for the Academic Year 2020-2021

Evaluation at various stages of a course plays an inevitable role in enhancing the learning experience of students. The Examination Department designed innovative assessment methods for the PG and UG students keeping in mind the varied academic capabilities of the students. The respective course instructor selected the most feasible assessment method among the many suggested methods and

was encouraged to be more innovative in the field of assessment and evaluation. These formative assessment methods have been designed to motivate the students to explore the practical dimensions of the topics. It ranged from wikis to meta-study for students having acumen for research to structured short duration assessments to self-paced adaptive tests especially for slow learners to innovative assignments and assessments in languages, made the teachers and the students get a completely new and interesting experience.

Examination Reforms - 2020-21

Online Board of Examiners (BOE) Meet

In continuation with the online mode of teaching and conduct of exams during the pandemic, the Board of Examiners meeting was also conducted through the online mode. The meeting was meticulously conducted where question papers were scrutinized and vetted digitally.

Impact: There was a drastic cut down in the usage of papers in printing hard copies.

CIA Audit Committee

A committee comprising of senior members was set up to monitor and audit the Continuous Internal Assessments of all the programmes both UG &PG. The purpose of the committee was to audit the completion of CIAs of all courses on time; to find out the vividness, vivacity and unique methods adopted in the conduct of assessment during the semester; marking rubrics adopted; to check any glaring discrepancies in the marks entry and to provide a comprehensive report to the COE department for further course of action.

Impact: The publication of the results comprising complete CIA component marks was done very quickly and most transparently.

Online CIA

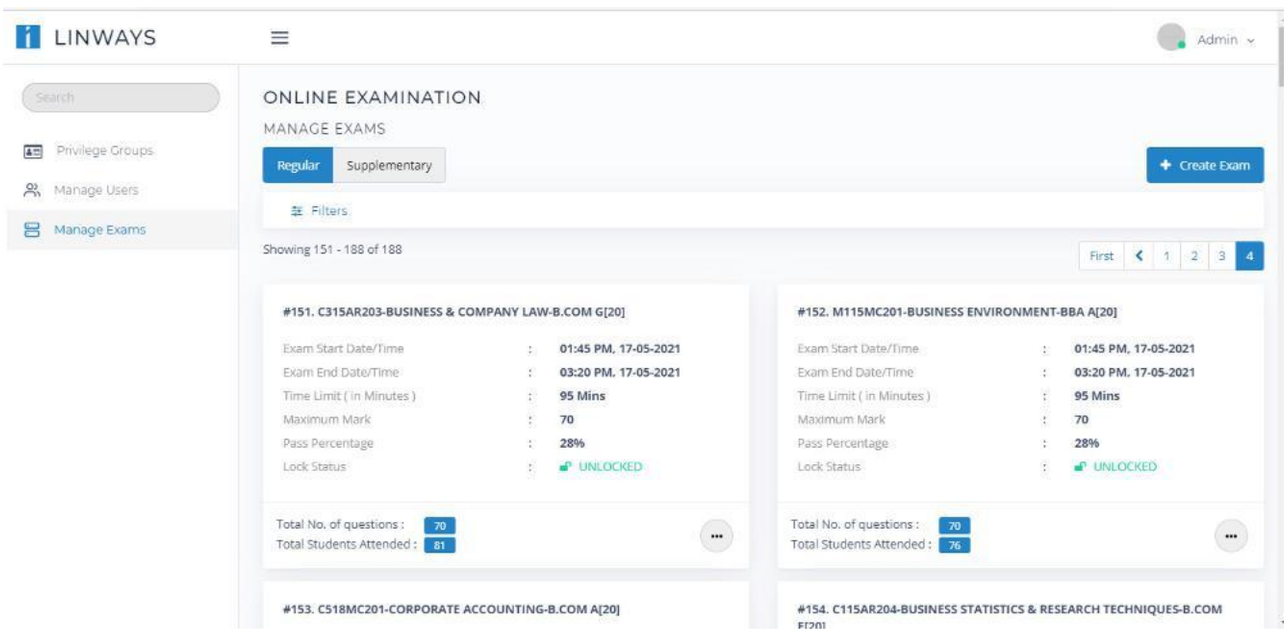
During the COVID-19 pandemic, the Examination Department proposed various online CIAs so that teachers can choose any of these according to their course curriculum.

Impact: To assess the LOTS and HOTS of the OBE, these online CIA activities were adopted by teachers.

End Semester Question Paper Audit

The examination department conducts the audit of the ESE question papers that were administered during the semester-end examination by external subject experts. The experts, after thorough scrutiny, will give their opinions on the subject content, difficulty level, time adequacy, etc.

Impact: The question paper setters were given an opportunity to learn about the standards of setting the question paper and what were the lacuna to be rectified. This is one of the practices that make the department unique.



Research Culture at SJCC

Research is an integral component of academic excellence at SJCC. The college endorses research in three significant manners: Individual Research - whereby faculty members and students pursue research individually/jointly; Departmental Research - respective departments motivate students to do research on contemporary issues in the field of Commerce, Management and Humanities; Seed Money Project – faculty members are encouraged to take up research projects on apostolic preferences to support social causes.

The research department encourages students to take part in the activities organized by the Departmental Research Clubs - Quest club and Mainframe Research Forum organize research related workshops and programmes to aid students in publishing research papers. Similarly, PG students doing dissertation thesis, in association with the Research Centre, are given hands-on training on using e-resources and library databases, literature review-writing, SPSS learning and drafting reports. The SJCC faculty members conduct research, present and publish the research results at the forums of national and international repute. In the academic year 2020-2021, faculty members participated in 151 seminars/conferences/FDPs, published 24 research articles, authored 7 books and edited 4 books. Moreover, they shared their research expertise as conveners, resource persons, panelists at conferences and seminars in various institutions across the country.

Currently, 4 faculty members are working on 3 research projects funded by government institutions like UGC and ICSSR. The college administers these external funds. BJES provides seed money to relevant research proposals in the field of Social Science as a response to the needs of the society. The faculty members conducted two such research projects in the academic year 2020-2021.

Activities and Achievements of the Research Centre in the Academic year 2020-21

In its process to renew the Research Centre status, a five-member expert committee visited the SJCC campus on September 7, 2020. A Department

made a brief presentation on existing PhD guides, faculty members eligible for PhD guideship, faculty publications, funded projects, seminars and conferences organized, research infrastructure, library and ICT when the team visited the campus.

The annual event titled 'Seven Days National Level Experiential Training Program on Research Methodology' was organized from 9th to 15th December 2020 by the Research Centre. The workshop witnessed experienced participants from 7 states of the country.

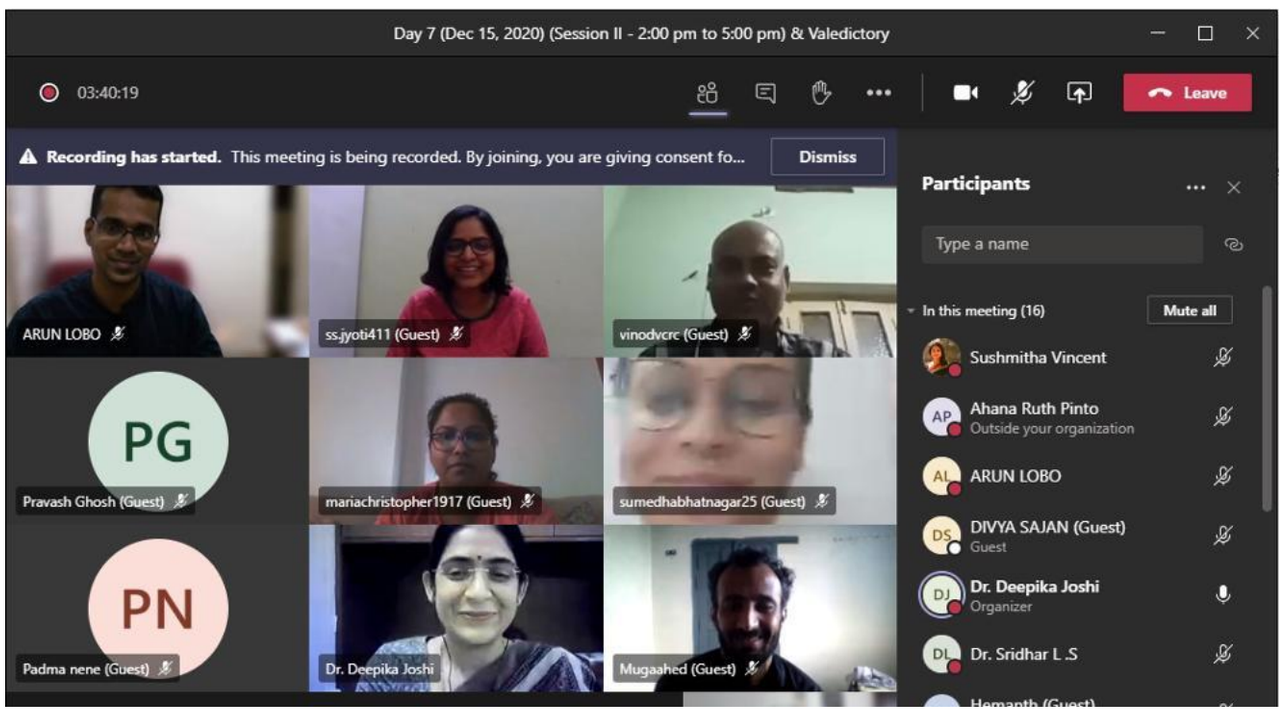
The Centre also organizes Capacity Building Programme to advance the research knowledge of SJCC staff, scholars and students. An FDP titled 'Training and Demonstration of EBSCO Database' was organized on September 12th, 2020. An 'Awareness Programme on PDS-Shodh Shuddhi' under the guidance of INFLIBNET was organized on July 23rd, 2020. The webinar highlighted the importance of ethics in research and helped the faculty and PhD scholars by training them on the use of web-based plagiarism detection software.

A PhD Scholar interface meeting was organized monthly from June 2020 to March 2021 to discuss their research work and get feedback from the PhD guides. In the academic year 2020-2021, three PhD scholars submitted their PhD thesis to Bangalore University. The Research Centre organized a 'Review Presentation' of these three scholars in July, August, September. These scholars are awaiting their viva voce.

The Centre extended its guidance to the Under-Graduate and Post-Graduate departments in organizing conferences, workshops and seminars. It provided support by reviewing the papers, compiling compendiums and ensuring the publication ethics via plagiarism checks.

The two volumes of the 'SJCC Management Research Review', a flagship bi-annual journal was published by the Research Centre in June and December.

During the national lockdown, the Research Centre ensured that faculty members, research scholars and students were provided with off-campus facilities for continuing the academic and research work. The Library and Information Centre of SJCC made sure that the researchers have digital access to theses, dissertations, key journals, books, and research reports from around the world.



Institutional and Industry Collaborations

The institution has entered into various Exchange Programmes, International Academic Partnerships, and Partnerships with Professional Institutions, Industries and NGOs to foster a global culture of educational excellence and to create an environment of innovative learning.

International/National Academic Partners

St. Joseph's College of Commerce has paved the way for international exchange programmes through its international twinning initiatives, cultural exchange and Abroad Summer Programmes. These programmes steer personal and professional development among students by kindling creative ideas, strengthening relationships and instilling cultural sensitivity. In order to achieve the said objectives, the institution has collaborated with:

a) Swansea University, UK
b) Kobe College, Japan
c) Eastern Institute of Technology, New Zealand
d) Seattle University, USA
e) Concordia University, USA
f) Malaysia University of Science and Technology, Malaysia
g) France International Graduate School
h) eigoPaathshala
i) Kongu Arts and Science College, Erode, India
j) Malaysian Allied Health Sciences Academy (MAHSA)
k) Women in Tech Maldives

Partnership with Professional Institutions

St. Joseph's College of Commerce takes pride in its curriculum which incorporates industry-based requirements and offers students an opportunity to pursue professional courses along with B. Com, BBA, and M. Com programmes. The college has collaborated with the following associations and Institutions to facilitate the same.

a) The Institute of Chartered Accountants of India (ICAI)
b) The Entrepreneurship Development Institute of India (EDII)
c) Chartered Institute of Management Accountants (CIMA)
d) Association of Chartered Certified Accountants

(ACCA)
e) Institute of Cost Accountants of India (ICAI)
f) The Institute of Company Secretaries of India (ICSI)
g) National Entrepreneur Network (NEN)
h) Institute of Management Accountants (IMA)
i) The Institute of Analytics (IoA)

Partnership with Industry

St. Joseph's College of Commerce has entered into collaboration with industry partners to not only provide an exposure of the industry to students and staff but also to enrich the curriculum.
a) Federation of Karnataka Chambers of Commerce & Industry
b) Karnataka Tourism Forum
c) Patrick's Academy
d) Thomas Cook
e) National Stock Exchange of India (NSE)
h) Ernst & Young (EY)
i) Tata Consultancy Services (TCS)
j) International Skill Development Course (ISDC)
k) Finmark
l) Wiley India Private Limited
m) Miles Education Private Limited
n) The Travel Agents Association of India (TAAI)
o) Affecto Consulting Services

Partnership with NGOs

Along with education, the institution strives to inculcate a sense of social responsibility among the students. To strengthen this objective further, the institution workd with different NGOs and social organizations.

Students take up social internship to build their leadership skills and develop an aptitude to make effective interventions in the society. Some of the NGOs and organizations where our students have contributed to the cause are: Centre for Amenities, Rehabilitation and Education (CARE), Teach for India, Bosco, Old age homes, Ingenious Faces, Collective Action for Basic Rights Foundation (CBRAF), primary schools etc.

Associations like CSA, NSS, AICUF, Eco Club, Rotaract, Hashmi Theatre Forum, Kannada Sangha and E-Cell conduct many programmes in collaboration with the above-mentioned NGOs.

Innovation and Incubation Centre

St. Joseph's College of Commerce has created an ecosystem which works towards the holistic development of its students and their skill-sets. The Innovation and Incubation Centre plays a key role in creating and sustaining an environment for innovative thinking and entrepreneurial enterprise among students. IIC aims at fostering young and futuristic entrepreneurs by providing all the necessary facilities required to incubate their ideas and form them into creative thinkers who can pro¬vide radical solutions to pressing social problems. In this academic year 11 individual mentoring sessions and 6 group mentoring sessions were completed successfully. The centre has successfully incubated 11 start-ups in this academic year.

International Desk: A Report on International Exchange Programmes

St. Joseph's College of Commerce believes in imparting knowledge that is globally relevant to all its students. The International Desk, through its global exposure programmes and other initiatives, guides students in building a knowledge base applicable across the world. Despite the challenges during the pandemic, the Desk entered into collaborations with top foreign institutions. The Desk also disseminates information to the students and faculty about various scholarships, Global summer school programme (online/offline) and Higher studies opportunities. Students receive one-on-one higher education counselling from the International Desk.

The activities organised by the International Desk during 2020-2021 are mentioned below:

Memorandum of Understanding (MoU) signed

To provide a unique and enriching experience for students interested in research and exchange programmes, two MoUs were signed, one with MAHSA (Malaysian Allied Health Sciences Academy) and the other with Women in Tech Maldives. Both the institutions have agreed to promote cultural, educational and scientific cooperation through interactive platforms such as lectures, seminar series, research initiatives, publications and exchange programmes for students, in the coming years.

Transfer Programme

Three students among the eleven enrolled for the transfer programme decided to continue the programme with Swansea University in Wales, UK. These students are currently pursuing blended classes at the university.

Services Rendered

The International Desk has also actively played a role in inviting proposals from foreign universities to conduct guest lectures, internships, promote participation in seminar/ conferences/ workshops and others. Ritsumeikan Asia Pacific University in Japan, the University of St. Andrews, in Mount Saint Vincent in New York and MAHSA University in Malaysia, are some of the prominent institutions that have accepted our invitation. Ingenious Faces, the national partner, was instrumental in facilitating online internships for 42 students in different national and international companies.

Seminars/Conferences/Workshops

1. National Education Policy 2020 – A Socio-cultural Perspective

A webinar on the topic "National Education Policy 2020 – A socio-cultural perspective was organized on 21st August, 2020. The resource person, Prof. Sukhadeo Thorat, an eminent academician, former chairman of UGC and ICCSR and a Padmashree awardee touched upon the socio-cultural aspects of the education policy pertaining to the higher education sector in India.

2. International Webinar Series on Sustainable Development Goals - 2030

The International Webinar Series on Sustainable Development Goals - 2030 (IWSSDGs-2030) was a series of three webinars. IWSSDGs created awareness about the importance of sustainable development among the youth. The series was organized in collaboration with United Nations Global Compact Network (UN GCN) India, MAHSA University, SACHH Foundation and Women in Tech Maldives.

3. Annual Republic Day Lecture 2020 – 2021

The Department of English conducted the third edition of the Annual Republic Day Lecture Series, titled "The Third Decade: New Horizons of Expectations" on 18th January, 2021. Prof. G. N. Devy, renowned thinker and cultural critic was the speaker for the event. Prof. Devy placed his talk in the context of understanding the foundation of a republic. He offered an analysis of the prevailing world situation in relation to environment, politics, frontiers of knowledge and the human capacity for action.

B.Com

4. Two- Day International Conference on 'World Economic Resilience: Gearing for a Better Future'

The international conference titled 'World Economic Resilience: Gearing for a Better Future' was organized on 9th & 10th April, 2021. The conference was organized in collaboration with MAHSA University Malaysia and College of Mount Saint Vincent, New York. The keynote address of the conference was delivered by Mr. Prasad

Swaminathan, Group Senior Vice President for Adecco Workforce Solutions, Zürich, Switzerland. Mr. Vincent Arokianathan, Chief Wealth Officer at Indcamb Solutions Pvt. Ltd, Bangalore, Dr. Anupuama Kotur, faculty at Symbiosis Centre for Management Studies, Pune, Mr. Frank Manzi, Assistant Professor at Mount Saint Vincent College, and Dr. Srikumar Chakravarthi Director of Research, Innovation and Post Graduate Studies MAHSA University were the other speakers of the event.

National Symposium on 'Preserving Cultural Heritage- the Future of Tourism'

On 31st August, 2020, the B.Com. Department (Travel & Tourism) of St. Joseph College of Commerce organized a National-level Student Symposium on 'Preserving Cultural Heritage'- the Future of Tourism, in collaboration with INTACH (Indian National Trust for Art and Cultural Heritage). Mr. Pankaj Modi, Technical Coordinator at INTACH Bangalore Chapter was the Keynote speaker. Dr. Githa Udipi Badikillaya, an independent researcher, working for her PhD on Jaina folklore was the guest speaker. Dr. Githa moderated the interactive session.

5. National Level Student Webinar on Ethics, Sustainability, and Stock Market

A National Level Student Webinar on Ethics, Sustainability, and Stock Market was organized on 2nd and 3rd February 2021. CA Sarvesh Mopkar, MCA Trainer & Mentor ISDC, Dr Hemanth, Professor & IQAC Head, CMS Business School, and Mr. Giridhar Naidu (Assistant Professor & Placement Co-Ordinator, SJCC) were the guest speakers for the session.

B.Com department organized many webinars on topics pertaining to current trends in the business world. Some of them are:

• National Level Webinar on "Analytics in the World of Digitalization: Innovations and Ethical Values"
• National Level Student Seminar on COVID 19 – Potential Impact on Financial Reporting
• National Level Webinar titled Reimagining Banking — A New Paradigm
• International Workshop, titled Street Photography and its Global Trends

National Level Seminar on Trends in Commerce

& Socio-Economic Factors impacting the Economy

- National Level Seminar on Corporate Transition
- Six-day National Level Workshop on 'Financial Markets & Its Secrets'
- National level seminar on 'Ethics and Sustainability'
- National Level Faculty Development Program on Data Analysis with R
- En Route — One Day National Level Seminar on Trust is the New Currency

BBA

6. Business Acumen for The New Normal: Recover, Respond, Thrive

The international conference titled 'Business Acumen for The New Normal: Recover, Respond, Thrive' was held on 4th February 2021. Dr. Ganesh LS, Retd. Professor, IIT Madras, Dr. Umair Zahid, Falmouth University, UK, Dr. Deepa Dani, Ness Wadia College of Commerce, and Mr. Zawahir Siddique, Academic Head at Westford were the resource persons for the conference.

7. Covid-19: Revival of economy through tax measures

The seminar titled, 'Covid-19: Revival of Economy through Tax Measures was organized on 14th August, 2020. Mr. Deepak Bhatt, Mr. Vinod and Mr. Bhogavalli Mallikarjuna Gupta were the speakers for the programme.

PG

8. AGAMYA - National Level Seminar for Post Graduate students

Agamya was conducted on 3rd March, 2021 on the theme "Business Practices Pre & Post - Covid Scenario". Ms. Sabeeta Bidasie-Singh, CEO of Cardinal services LLC, and a University Professor in Houston, USA was the keynote speaker. She addressed the gathering and discussed how the market has changed as a result of Covid-19.

9. Reconfiguring Business Practices - A Call for Action in Building Resilience in Post Covid Era

A seminar titled "Reconfiguring Business Practices - A Call for Action in Building Resilience in Post Covid Era" was conducted on March 24, 2021. Mr. Abdul Majeed, Partner, Assurance, Price Waterhouse, Bengaluru was the Keynote Speaker for the seminar. He shared his views on the risks facing global economy and stressed on the need for self-motivation.

A Panel Discussion was organized after the Keynote Session. CA Asha Merugu (Director, Financial Accounting Advisory Services, E&Y, Bengaluru), CA Shravan Guduthur (Director, Federation of Karnataka Chambers of Commerce and Industry, Bengaluru) and CA Anand Prakash Jangid were the panellists for the event. CA Padmini, Practicing Chartered Accountant, Bengaluru moderated the discussion.

Training and Placement Cell

The college has completed another successful year of placements as 356 students have benefited from the Placement Cell. The Placement Cell started its activities for this academic year with a detailed orientation programme regarding the placement process. The orientation session dealt with the pre-placement processes and skill development. Both are designed to prepare the second and final year students to benefit from the placement opportunities. Second year students take up corporate internships that familiarize them with the recruitment process and other professional requirements which help them in the final recruitment process.

Placement Workshops 2020-21

Employability Workshop — A two-week Employability Training Workshop was organised to fine tune learners' skills. Diverse well-designed sessions during the workshop helped the participants to develop the skillset needed to become industry ready. CRT Prep conducted this workshop for the final year students from 05th August,2020 to 18th August, 2020. Spread over a period of two weeks, this workshop included quantitative modules, logical reasoning, resume building, mock interviews and soft skills development sessions.

Webinars and Guest Talks 2020-21

Sl.No	Speaker Name	Session Conducted	Date of Event
01	Namrata Mani, CEO at Resumewabi.com, Former Director, Operations at Grofers, Former AVP at Zomato	Creating Impactful Resumes - Putting your best foot forward. Webinar was mandatory for all 3rd Year students and 6 sessions were conducted for all BCOM/BBA students.	18th – 25th July, 2020
02	Goal Monk-Indian Scholarship Test	UPSC Civil Service Exams conducted for UG and PG Final Year Students, 21 students took part in the scholarship test	23rd, August 2020
03	Mr. Rajesh Ivaturi from EY GDS	Career mapping opportunities in the field of consultancy and audit, for all 2nd and 3rd year students more than 200 students attended the session.	24th August, 2020
04	JP Morgan	Discover Our Indian Opportunity career mapping session conducted for UG 2 and 3rd year students, more than 390 students registered	26th August, 2020
05	Hedge Securities	Foundation Programme in Capital Market/ Wealth Management- "Gateway to Financial Freedom"	05th November,2020
06	•Mr. Shivakumar – Group Executive President Aditya Birla Group. •Mr. Manish Kumar- MD & CEO NSDC •Mr. Vishal Gondal- Founder & CEO GOQii •Mr. Arun Malik- Partner E&Y	United Nations Young Changemakers Conclave- Are Students are ready for 2021 workplace? Program is for all 2nd and 3rd year students, more than 450 students registered.	20th February, 2021

Competition 2020-21

Sl. No.	Competition Host by	Tittle	Date of Event
01	EY GDS	EY Young Tax Professional of the Year (YTPY)	20th July, 2020
02	EY GDS	EY Corporate Finance Woman of the Year program	25th -28th August, 2020

List of Recruiters
Goldman Sachs
D E Shaw & Co
Mu Sigma
TEACHFORINDIA
Google
Deloitte.
WELLS FARGO
TARGET
DECATHLON
Walmart
JPMorgan Chase & Co.
Grant Thornton
pwc
CONVERTCART
SOUTH INDIAN Bank
TATA
EY
UBS
Orange County
VERITY

Career Mapping Session

• On 23rd August 2020, the Placement Cell organized an all-India scholarship test for candidates who are aspiring to appear for UPSC Civil Services Examination in 2021. This scholarship test was offered free of cost. Also, top performers were rewarded with course fee discount up to 75 %. The test series was offered free of charge for the topper. 21 Students took part in the Scholarship Test out of which 4 students got free scholarship for UPSC coaching.

In order to make this test series accessible to students from diverse backgrounds, Goal Monks conducted an All-India Scholarship test for UPSC 2021 prelims examination. Interested candidates could attend this test without paying any fee as it only required a registration.

• JP Morgan conducted "Discover Our Indian Opportunity" career mapping session on 26th August, 2020 for B.Com and BBA Students. The session helped the participants to get an overview about the programmes offered across the JP Morgan India franchise. The session was also an opportunity to learn more about the culture, growth opportunities, and the possible ways in which JP Morgan India impacts the life of professionals in India.

• Placement Cell organized United Nations Young Changemakers Conclave on 20th February, 2021 for 2nd and 3rd year B.Com/BBA Students. More than 450 students participated in the conclave, which was conducted to orient students about the post pandemic workplace and how to prepare for it. The workshop helped students to understand their skills, such as emotional intelligence, digital fluency, creative problem solving, innovation and entrepreneurial thinking — in addition to academic and technical qualifications. Mr. Shivakumar – Group Executive President Aditya Birla Group, Mr. Manish Kumar- MD & CEO NSDC, Mr. Vishal Gondal- Founder & CEO GOQii, and Mr. Arun Malik- Partner E&Y were the guest speakers for the event.

Seminar & Guest Lecture

• On 24th August 2020, EY GDS conducted a guest lecture on career mapping opportunities in the field of Consultancy and Audit in which more than 200 students participated. Mr. Rajesh Ivaturi the guest speaker for the session oriented the participants on the possible ways to find the best opportunities in the consultancy field, specifically in EY.

• Financial Markets, especially the Capital Market has the fastest growth rate amongst various service industries. This has given a lot of job opportunities and a challenging career to young incumbents. Keeping these principles in mind, the institution conducted a one-day webinar on the topic Foundation Programme in Capital Market/Wealth Management titled, "Gateway to Financial Freedom" for B.Com/BBA students on 5th November, 2020.

Competitions

• EY Young Tax Professional of the Year (YTPY) is an international competition designed to recognize and foster the next generation of tax leaders. The initiative was started in 2011 with 9 countries, the current iteration of YTPY brings together future tax leaders from 18 different countries. The tax environment is constantly evolving and reflects legislative, regulatory and technological changes. Now, more than ever, tax is a globally relevant subject that often influences international decision-making processes. The competition also placed a much needed emphasis on digital readiness and innovation.

• EY, as part of the Corporate Finance Woman of the Year programme organized a virtual competition on the topic"" Strategy and Transactions on 25th August 2020 and 28th August 2020 wherein students were briefed on EY, Strategy & Transactions team at EY and details on the competition were addressed to student.

Recruitments 2020-21

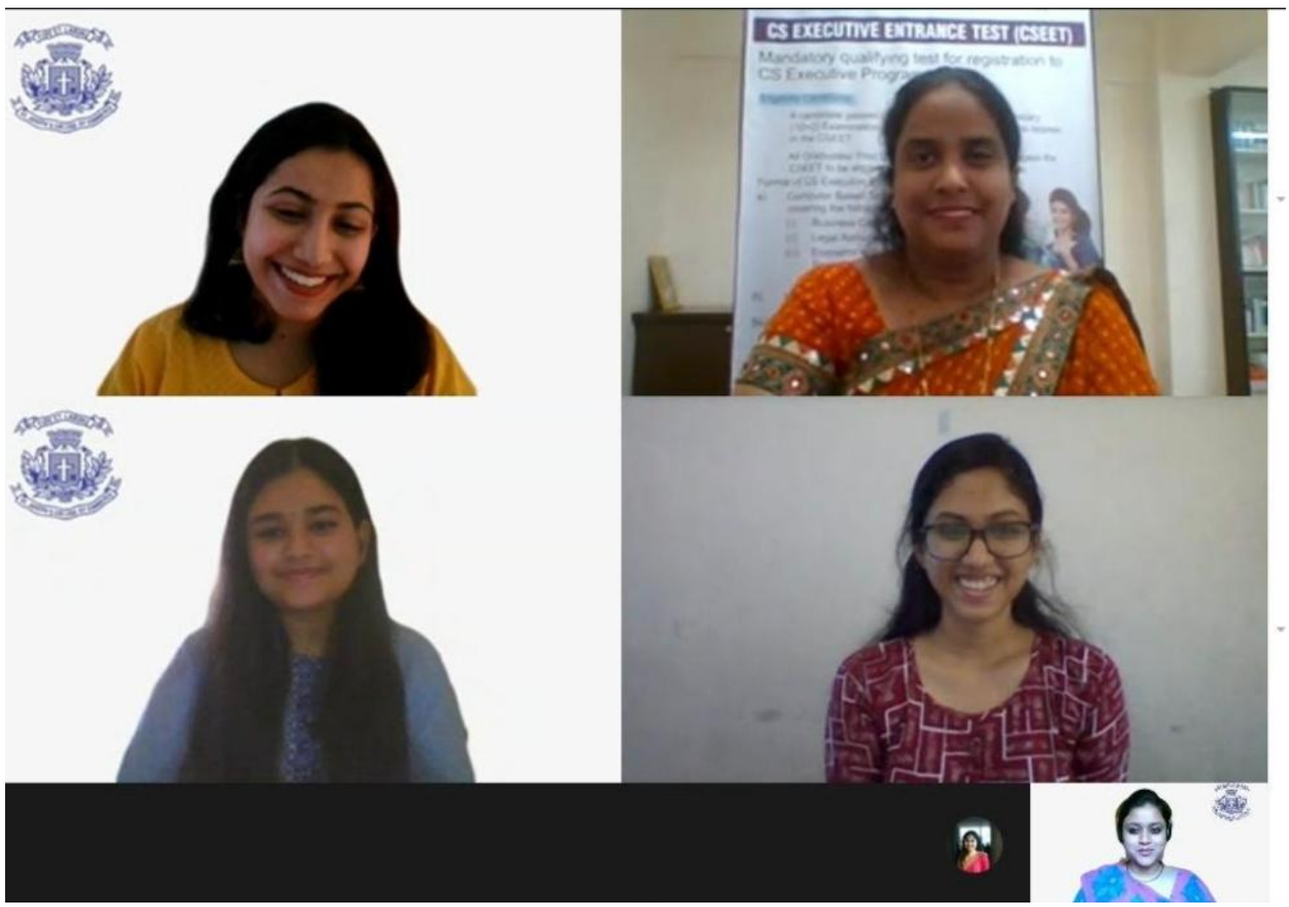
The recruitment process commenced from the second week of July, 2020. Information about the placement opportunities were made available to students through ERP notifications, college SMS system, college website, social media platforms and placement notice board.

The highest compensation offered this year has been Rs. 7,04,090, approximately, by Lowe's India for the role of Process Associate, followed by JP Morgan Chase which offered 6,25,000 for the role of Analyst in Finance and Operations. Deloitte offered Rs. 5,50,000 for positions in the Audit Assurance Department. Goldman Sachs offered around Rs. 5,80,000 by for multiple roles. Most of the other organizations visiting campus for recruitments offered pay packages ranging from Rs. 3, 50, 000 to Rs. 4, 50, 000.

The names of the companies that conducted campus recruitment on-campus, job roles, and number of students selected by each company are mentioned below:

Highest compensation offered this year –
Rs. 10,00,000 by Zomato
Average Salary - Rs. 42,7960
Median Salary - Rs. 42,0000

Sl No.	Company Name	No. of students selected
1	DELOITTE	30
2	GOLDMAN SACHS	32
3	LOWE'S INDIA	18
4	EY PPO	5
5	WELLS FARGO	16
6	KPMG	16
7	Wall Mart	15
8	EY GDS	19
9	JP MORGAN	14
10	DEUTSCHE BANK	15
11	KPMG GLOBAL TAX	9



12	NORTHERN TRUST	6
13	CAPGEMINI	6
14	NATWEST	18
15	DELIOTTE TAX	3
16	KPMG TAX	5
17	ACCENTURE	5
18	Goldman Sachs	7
19	ETON SOLUTIONS	9
20	EY INDIA	11
21	ZOMATO	7
22	ANZ	4
23	KPMG INDIAN KYC	67
24	DISCOVER DOLLAR	3
25	TOPHIRE	1
26	ATHER ENERGY	3
27	BYJU'S	4
28	GRAND THRONTON	8
	Total	356

Companies expected to visit the campus for placements

Sl. No.	Company Name	Role Offered	Date of Interview
01	EY Inida	Analyst	Finalizing on the dates of Interview
02	Convert Cart	Sales Analyst	Interview in Process
03	Grand Thornton	Audit	In discussion with HR for JD and date of interview

The Placement Cell maintains database of companies in order to provide further assistance to students regarding Internship opportunities. The Cell also offers off-campus placement assistance to students who do not secure an offer during the initial rounds of the recruitment process. Placement Cell of SJCC regularly collects feedback from the employers in order to strengthen the industry collaboration and enhance the efficacy of the Cell.

Internships

In its constant endeavour to provide students with practical exposure along with academics, St. Joseph's College of Commerce (Autonomous) encourages students to pursue internships. This helps them connect and apply the concepts learnt in the classroom practically, also making them industry ready. Internships are a compulsory part of the Under-Graduate and Post-Graduate courses at the college. Students, to understand and experience the changing cultures of a fast-paced work environment and its impact on the global economy take up different types of internships during their semester break:

a.Corporate Internships for second year B. Com and BBA students – The academic year impacted the corporate internship opportunities of the students. The college, considering the academic and other professional requirements of students, non-availability of similar opportunities off - campus, students' inclination towards activities in the digital world and the inter-disciplinary requirements of Higher Education committed itself to providing students with the opportunity to pursue MOOCs, as part of their Corporate Internships.

The list of interdisciplinary courses from SWAYAM, Coursera and Udemy were made available to students and they were asked to choose and register for an online course of their choice. They were also asked to take up the assignments, quizzes and assessments to complete the course. After the completion of the course, students were assessed based on the MOOC summary report that each one of them submitted.

Around 850 second year B. Com and BBA students pursued these MOOCs during the summer of 2020 and about 70 students pursued corporate internships online (Work from Home') mode of operations.

Following are the statistics of Under-Graduate and Post-Graduate students selected for Corporate Internships during summer, by various organizations that visited the campus. No internship

offers were revoked due to the pandemic and all the selected students pursued their internships through the 'Work from Home' option during May, June and July 2020. 90% of the students received full-time offers from these organizations after their internship.

Sl.no	Name of the Organization	Division	Number of students selected
1.	Goldman Sachs	Operations	25
		Securities	01
		HCM	02
		IBD – DRG	02
		Services	02
		Compliance	04
		Controllers	01
2.	EY India	Analyst	01
3.	EY GDS	Tax	05

Statistics of undergraduate students who were recruited through on- campus Corporate Internships that can be pursued during the summer of 2021 is mentioned below:

Sl.no	Name of the Organization	Division	Number of students selected
1.	Goldman Sachs	Operations	15
		CWS	01
		HCM	01
		IBD – DRG	02
		Compliance	04

a. Social Internship – students of BBA (Regular) and BBA (Professional) are encouraged to take up social internships during their second year. This helps them to develop sensitivity towards social issues and also engage in activities that will change the society for better. In this regard, students put in 60 hours of service into organizations like- U&I, Little Smiles Initiative, Durga Foundation, and Collective action for Basic Rights Foundation

b. Start- Up Internship - The BBA Entrepreneurship Programme of the college has been designed with a vision to impart experiential and high-quality education with a global focus, in the students. This programme involves a unique and dynamic combination of creativity, innovation, critical-thinking and organizing skills, that mould students into competent entrepreneurs in the future. Students of 2nd Semester BBA (Entrepreneurship) undertook internships through both, online and offline modes, for a period of 4 to 6 weeks this year.

c. Corporate Internships or Teaching Practice for M. Com (Regular) and M. Com (International Business) students - As part of the PG curriculum, M. Com (Regular) and M. Com (IB) students are required to either take up a corporate internship of eight weeks or 60 hours of teaching practice during their second semester break. Due to the pandemic, the internship component was replaced by MOOCs on the Coursera platform. Students prepared summary reports on the specific MOOCs completed by them. Some of the courses taken were 'Resilience Skills in a Time of Uncertainty', 'Job Success: Get Hired or Promoted in 3 steps', 'Green Business Strategy' and 'Get Interactive: Practical Teaching with Technology'.

d. Semester Corporate Internships for M. Com (Financial Analysis) Students - As a part of the PG curriculum, II M. Com FA students complete 6 months of corporate internship in their fourth semester, in any area related to finance. The class of 50 students are pursuing a combination of both — offline internships and internships through 'Work from Home' option in organizations such as Grant Thornton, HSKA & Associates, Deloitte, CSK Bank, and Stockholding Corporation of India Limited, in the domain of Finance, Audit, Tax and Inventory Management.

Student Community at SJCC

Student life at St. Joseph's College of Commerce is a fine blend of academic learning, entrepreneurial engagement, pursuit of creative thinking, formation of character and the ability to engage with the society through compassion, empathy and action. The well-designed curricular and cocurricular activities cater to the overall learning needs of the student community. Support extended to students do not exclusively focus on curricular enrichment, on the other hand attributes enough significance to personal growth as well. The institution offers ample opportunities to explore and achieve beyond mediocre standards and pursue excellence in everything they embark upon. SJCC ensures that it provides students with a challenging and encouraging learning environment that plays a key role in transforming every learner to be their best versions.

Student Diversity

St. Joseph's College of Commerce attracts students from all walks of life. SJCC hosts a diverse student population comprising of students from different religious, social, economic and linguistic background. The college has become a melting pot for different cultures and provides excellent opportunities for exchange of ideas.

SJCC Best Outgoing Students 2020 – 2021

Danush S
18SJCCC352
B.Com

Sharan Bajaj
18SJCCB323
BBA

Aishwarya N
19SJCCM004
M.Com

SJCC Alumni Association Award for Excellence 2020 – 2021

Avyukth Krishna R
!8SJCCC350

Arihant Jain
18SJCCB110

Dhiti N Gurnani
18SJCCB137

Award for Excellence in Academics

Sl. No.	Category	Name	Reg. No.
1	B.Com. (Reg)	Anjana B S	18SJCCC458
2	B.Com (Analytics)	Anushka N Deshmukh	18SJCCC044
3	B.Com. (Int Fin)	Nathasha Nikita Dias	18SJCCC162
4	B.Com. (BPM)	Manisha R	18SJCCC246
5	B.Com. (TT)	Ronak Pragya K Gadiya	18SJCCC744
6	BBA (Reg)	Dhiti N Gurnani	18SJCCB137
7	BBA (CIMA)	Ritika Shrivastava	18SJCCB224
8	BBA (Entrepreneurship)	Mahek Giria	18SJCCB347
9	M.Com. (Reg.)	Swetha Elizabeth Mathews	19SJCCM032
10	M.Com. (FA)	Rajeshwari Mahawar	19SJCCM-FA027
11	M.Com. (IB)	Afshan Z	19SJC-CMIB001

Award of Special Prizes for the year 2020-2021

Category	Name	Reg. No.
Good Conduct	Anushka N Deshmukh	18SJCCC044
	Siddharth Walia	18SJCCC073
	George Thomas	18SJCCC145
	Midhun Joy	18SJCCC113
	Karen M A	18SJCCC240
	Bhoomika S Warrier	18SJCCC262
	Mohammed Khalid	18SJCCC556
	Meenakshi T	18SJCCC467
	Merin Jacob	18SJCCC468
	Aditya Ponappa	18SJCCC570
	Keshav Kandhari	18SJCCC552
	Manas Sebastian	18SJCCC648
	Mohammed Naqeeb Zargar	18SJCCC666
	Syed Mujahid Ulla	18SJCCC750
	Kanakaraj.C	18SJCCC762
	Pooja Singh S	18SJCCB015
	Melissa Ronald Mendonca	18SJCCB013
	Dylan Dmonte	18SJCCB140
	Sean Nithin Pinto	18SJCCB168
	Clinton. J	18SJCCB235
	Rebecca Immaculata Desouza	18SJCCB262
	Jaison George	18SJCCB339
	Alex Koshy	18SJCCB327
	Jade Hannah Prabhakar	18SJCCB337
	Malharika Jain	18SJCCB349
	Rajvi D Jain	18SJCCB319
	Aishwarya N	19SJCCM004
	Rajeshwari Mahawar	19SJCCM-FA027
	Shambhavi Salimath	19SJCCM-FA033
	Leya Sojan	19SJC-CMIB025
	Sanna Samvedna Bara	19SJC-CMIB035

Social Concern	Ramya Bharathi	18SJCCC028
	Arran Chirag Pinto	18SJCCC128
	A Padma Sundari	18SJCCC223
	Tresa John	18SJCCC255
	Divya Princy J	18SJCCC355
	Manasi Siju	18SJCCC365
	Janani R	18SJCCC428
	Mary Salina Delphine S	18SJCCC554
	Nikitha Immaculate.M.J	18SJCCC519
	Infant Hilda A	18SJCCC616
	Prathija B.	18SJCCC625
	Johnathen Y	18SJCCC705
	Rohan Jacob	18SJCCB066
	Nethan Atul	18SJCCB052
	Prithika Maria Racine	18SJCCB161
	Joshua D Costa	18SJCCB152
	Tishara B Sindhe	18SJCCB229
	Labdhi Bhansali	18SJCCB346
	Anmol V Karani	18SJCCB329
Service & Helpfulness	Menaka Kumar	18SJCCC060
	Nayanasri K B	18SJCCC026
	Crithica S	18SJCCC137
	Jibin Jacob	18SJCCC150
	Divin Kamath	18SJCCC140
	M.Mohnish	18SJCCC244
	Sayjal Dasgupta	18SJCCC273
	William Chiu Wee Min	18SJCCC345
	Shubhangi Anand	18SJCCC374
	Cameryn Fawn De George	18SJCCC381
	Yeshwanthini Sampathkumar	18SJCCC380
	K. Hithesh	18SJCCC513
	Vijay Mathias M	18SJCCC537
	Leonard Prabaker J	18SJCCC517
	Priyanka Rout	18SJCCC656
	Charan P.	18SJCCC606
	D Bhavik Jain	18SJCCC724
	Lalith Govardan	18SJCCC767
	Sanskruti Tandon	18SJCCC746
	Joseph Paul Anto	18SJCCB042
	Meldon Dsouza	18SJCCB047
	Rajneesh Bhandari	18SJCCB116
	Hima Devraj	18SJCCB146
	Sherwin Darryl Dsouza	18SJCCB171
	Sujith S	18SJCCB203
	Kaushik Mv	18SJCCB249
	Dikshit Bhansali	18SJCCB311
	Gajanan Shivkumar Sulegai	18SJCCB312
	Athulya George	19SJCCM012
	Divya Rozario	19SJCCM015
	Gayathiri M	19SJCCM-FA050
	Aneeta Rachel Kurian	19SJCCM-FA003
	Geetha D	19SJC-CMIB020
	Derric Dennies	19SJC-CMIB016
Leadership	Mahantesh Kumar S	18SJCCC008
	Mysore Naga Vishnu	18SJCCC062

	Aravind Pulluttupadath Balagopal	18SJCCC126
	Swetlana Joby	18SJCCC177
	Rachel Marion Hearty	18SJCCC249
	Vikram Venkatesh	18SJCCC222
	F Niranjan	18SJCCC302
	Richard J	18SJCCC310
	Anjana B S	18SJCCC458
	Amogh N Lakshman	18SJCCC457
	Vignesh. V	18SJCCC536
	Sherlyin A	18SJCCC661
	Sumanth H R	18SJCCC636
	Mehak C Punamiya	18SJCCC734
	Benedict Suhas S	18SJCCC701
	Shreyanshi Srivastava	18SJCCB072
	Abhilash D	18SJCCB001
	Varun Samuel Ravi	18SJCCB174
	Lavanya C	18SJCCB156
	Mohd Ameen Farhan	18SJCCB217
	Nireeksha M V	18SJCCB221
	Neeyati Kothari	18SJCCB351
	Karan S Manwani	18SJCCB314
	Aravind Nandakumar	19SJCCM010
	Ayesha Warda	19SJCCM013
	Joel Idiculla Johnson	19SJCCM-FA013
	Priscilla Sharon	19SJC-CMIB030
	Athulya Suresh A	19SJC-CMIB012

Award for Excellence in Co-Curricular Activities 2020 – 2021

Sl. No.	Category	Name	Reg. No.
1	Outstanding Talent in Western Acoustics	Nethan Atul	18SJCCB052
2	Outstanding Talent in Indian Music	Sam Sabu Edattukaran Veda V Bhat	18SJCCB362 18SJCCC079
3	Outstanding Talent in Western Music	Rahul Padmakumar	18SJCCB260
4	Outstanding Talent in Indian Dance	Anjana B.S	18SJCCC458
5	Outstanding Talent in Beat Boxing	Francis Xavier	18SJCCC573
6	Outstanding Talent in Western Dance	Shradha G Prabhu	18SJCCC748
7	Outstanding Talent in Classical Dance	Bhoomika S Warrier	18SJCCC262
8	Outstanding Talent in Dramatics	Saher Hussain	18SJCCB120
9	Outstanding Contribution to the College Choir	Elizabeth John Sherlyin A Krishna Priya Faeba Persis Shreyanshi Srivastava	18SJCCC142 18SJCCC661 18SJCCC155 18SJCCC144 18SJCCB072

		Joash Rithik Ranjan Sam Sabu Edattukaran Antony Jones Rahul Padmakumar Alex William Noronha	18SJCCC152 18SJCCB362 18SJCCC604 18SJCCB260 18SJCCC259
10	Outstanding Contribution to College Creative & Technical Team	Prajwal Anthony Lobo	18SJCCB353
11	Outstanding Contribution to College Business Team	Vibhu R Arihant K Jain	18SJCCB307 18SJCCB110
12	Outstanding Talent in Computer Graphics	Jibin Jacob Mohammad Imaad Azhar Akanksha Rau	18SJCCC150 18SJCCB316 18SJCCB025
13	Outstanding Talent in Photography	Mohammed Faiz Ajaz Savio Sagar Suresh Kumar Adriel Prashanth Kaushik M V Kiran Thomas Palakkappal	18SJCCC737 18SJCCC747 18SJCCC401 18SJCCB249 18SJCCB251
14	Outstanding Talent in Videography	Joseph Paul Anto Sujith S	18SJCCB042 18SJCCB203
15	College Magazine Blue Chip Editorial Board	Keertana Shivroop Gaddam Devanshi Choudhary	18SJCCC051 19SJCCC048
16	Outstanding Contribution to NSS	Vijay Mathias M Abhishek Ratnam J Akash. S	18SJCCC537 18SJCCC545 18SJCCC202
17	Best Debater	Monika M	18SJCCC366
18	Outstanding Contribution to Campus Ministry	Joanathen .Y	18SJCCC705
19	Outstanding Contribution to NCC	Priyanka Rout	18SJCCC656

Recognition of International Achievements 2020 – 2021

Sl. No.	Category	Name	Reg. No.
1	Outstanding Achievements in the field of Sports (Represented India Under 19 Cricket Team and he is also participated in IPL 2019-2021, Ranji Trophy, Deodhar Trophy, Vijay Hazare Trophy, Syed Mushtaq Ali Trophy and KPL)	Devdutt Babunu Padikkal	18SJCCB011
2	Outstanding Achievements in the field of Sports (Represented India Under 19 Cricket World Cup and he is also participated in Ranji Trophy, IPL Probables and KPL)	Shubhang S Hegade,	19SJCCB064

Award for Excellence in Sports 2020 – 2021

Event	Name	Reg. No.
Football (Men)	Shervin D	18SJCCB170
Football (Women)	Seneeta Felix Arakal	18SJCCB069
Basket Ball (Men)	Sathyajith J S	18SJCCC660
Basket Ball (Women)	Rajvi D Jain	18SJCCB319
Cricket	Devdutt Babunu Padikkal	18SJCCB011
Table Tennis (Men)	Sourav Gangwal	18SJCCB370
Table Tennis (Women)	Aishwarya N	19SJCCM004
Hockey	K R Chengappa	19SJCMIB024
Throw ball	U Rachel Elizabeth	18SJCCC257
Tennis	Siddharth Thakran	18SJCCC032
Badminton (Women)	Aradhna Cariappa	18SJCCC572
Volleyball (Men)	Tejas V Dixith	19SJCCFA047
Kabaddi (Men)	A R Karthigayan	18SJCCC037
Chess (Men)	Sanathana Karthik. C.A	18SJCCC271

SJCC Alumni Association Awards 2020 – 2021

Sl. No.	Category	Name	Reg. No.
1	Alumni Award for Good Leadership in Memory of Rev. Fr. Sebastian Fernandes	Rajvi D Jain	18SJCCB319
2	Best Student Award in English SJCC – Sayonara Hameed Endowment Fund.	Subiksha Srikumar Crithica S	18SJCCC375 18SJCCC137

Award of Prizes for Outstanding Contribution of Students Council

Sl. No	Post	Name	Reg. No.
1	President	Danush S	18SJCCC352
2	Vice President (shift 1)	S Anthony Rithvik	19SJCCC170
3	Vice President (shift 2)	Rebecca Florence	19SJCCB105
4	General Secretary	Meldon D'souza	18SJCCB047
5	Treasurer	Monika M	18SJCCC366
6	Ladies Secretary (shift 1)	Cameryn Fawn De George	18SJCCC381
7	Ladies Secretary (shift 2)	Jade Hannah Prabhakar	18SJCCB337
8	Academic Secretary (shift 1)	Divin Kamath	18SJCCC140
9	Academic Secretary (shift 2)	Arihant K Jain	18SJCCB110
10	Cultural Secretary (shift 1)	Benjamin A	18SJCCC404
11	Cultural Secretary (shift 2)	Sanskruti Tandon	18SJCCC746
12	Sports Secretary	Sherwin Darryl D'souza	18SJCCB171
13	Associations Coordinator	Yeshwanthini Sampathkumar	18SJCCC380
14	Outreach Coordinator	Arran Chirag Pinto	18SJCCC128

Student Achievements

RANK HOLDERS LIST (PG 2018-2020 AND UG 2017-2020)

Sl. No	Reg. No.	Name	Programme	Rank
1	18SJCCM011	JENNIFER JEMIMA V	M.COM	I
2	18SJCCM033	SUDHAKAR S	M.COM	II
3	18SJCCMIB024	KAVYA KARNICK	M.COM MIB	I
4	18SJCCMIB021	JOVIN GLEN CRASTA	M.COM MIB	II
5	18SJCCMFA022	PATRICIA PAUL	M.COM FA	I
6	18SJCCMFA039	SISPITA DASH	M.COM FA	II
7	17SJCCC360	MEGHANA M	B.COM	I
8	17SJCCC514	MONISHA C	B.COM	II
9	17SJCCC479	VISHNUSHREE K V	B.COM	III
10	17SJCCC112	ROCHELLE CLARIN MORAS	B.COM ACCA	I
11	17SJCCC252	ROHIT K KALRO	B.COM BPM	I
12	17SJCCC741	NIHARIKA AGARWAL	BCOM TT	I
13	17SJCCB171	SHAHUL YUNUS V	BBA	I
14	17SJCCB002	SIMRAN DESAI	BBA	II
15	17SJCCB204	NAVYA R	BBA CIMA	I
16	17SJCCB372	TRISHANK D BATAVIA	BBA Entrepreneurship	I

Professional Students on Campus

St. Joseph's College of Commerce integrates the undergraduate programme consisting of the B.Com and BBA degrees with professional courses in order to offer specializations to students in a wide range of fields. Students pursue the following courses alongside their regular degree: Association of Certified Chartered Accountants (ACCA), Chartered Accountancy (CA), Company Secretary (CS), Chartered Institute of Management Accountants (CIMA), Actuaries, Certified Public Accountant (CPA), Chartered Financial Analyst (CFA), and Cost and Management Accountant (CMA). These courses are introduced with an aim to improve the career prospects of students and to provide financial services to investors, corporates, and also the government. Many of these courses have on-campus collaborations, learning partners. The institution offers coaching for these courses by experienced industrialists with a view to combine practical and theoretical learning.

Enrolment in Professional Courses (2020-21)

Sl. No.	Professional Programme	Numbers
1	CA	226
2	CS	22
3	Actuaries	4
4	ACCA	249
5	CMA	23
6	CFA	3
7	ICMAI	7
8	Analytics	239
9	US- CMA - Strategic Finance	79
10	CIMA	222
Total	1,074	

Performance in Professional Courses

ACCA

Subject	Appeared	Cleared
September Session		
Financial Reporting	49	39
Audit and Assurance	18	12
Financial Management	12	3
Strategic Business Reporting	4	4
Strategic Business Leader	4	2
Total	87	60
Total Pass Percentage = 69%		
December Session		
Financial Reporting	45	26
Audit and Assurance	24	17
Financial Management	36	26
Strategic Business Reporting	5	4
Strategic Business Leader	10	7
Advanced Audit and Assurance	2	1
Total	122	81
Total Pass Percentage = 66%		
March Session		
Financial Reporting	19	10
Audit and Assurance	18	15
Financial Management	19	12
Strategic Business Reporting	9	6
Advanced Audit and Assurance	5	2
Advanced Financial Management	4	4
Total	74	49
Total Pass Percentage: 66%		
Overall Results: ACCA		
Financial Reporting	113	75
Audit and Assurance	60	44
Financial Management	67	41
Strategic Business Reporting	18	14
Strategic Business Leader	14	9
Advanced Audit and Assurance	7	3
Advanced Financial Management	4	4
Total	283	190
Total Pass Percentage: 67%		

CIMA

Paper	Cleared
Fundamentals of Management Accounting (CIMA BA2)	25
Operational Case Study Exam	10
Management Case Study Exam	3

Rank Holders in Professional Exams

Reg No.	Name	Rank
19SJCCC320	DARSHAN P	All India Rank 26 (646/800) - IPCC
19SJCCC421	SUKRUTH S KASHYAP	All India Rank 7 (610/800) - IPCC
19SJCCC318	SHILPA SHREE D	All India Rank 21 (316/400) - CS Foundation
19SJCCC355	MARIA TOM	All India Rank 22 (314/400) - CS Foundation
18SJCCC177	SWETLANA JOBY	2nd National Rank & 9th Global Rank - Audit and Assurance 1st National Rank and 8th Global Rank in Advanced Financial Management paper - ACCA

18SJCCC162	NATHASHA NIKITA DIAS	1st National Rank & 2nd Global Rank - Strategic Business Reporting 1st National Rank and 4th Global Rank in Advanced Audit and Assurance paper - ACCA
19SJCCC141	DAVID V THOMSON	1st National Rank & 9th Global Rank - Financial Management- ACCA
19SJCCC172	S VIGNESH PRASAD	1st National Rank and 2nd Global Rank in Audit and Assurance paper - ACCA
18SJCCB220	NIKHIL D PAWAR	All India Rank 5 in Operational Case Study Exam - CIMA

The following students emerged successful in the Competitive and Professional Exams pursued by them.

Reg. no.	Name	Class	Exam
19SJCCM013	AYESHA WARDA	II M.Com (Regular)	NET JRF
19SJCCMFA012	INDERNEEL KAUR	II M.Com (FA)	NET
19SJCCMFA014	KANWALNEEL KAUR	II M.Com (FA)	NET
19SJCCM037	VIDUSHI SETH	II M.Com (Regular)	CMA

Student Support

Student support is one of the significant aspects of holistic learning practices followed at SJCC. The institution, through its diversified curricular programmes and cocurricular activities, the institution aims to offer a wide variety of platforms to help students identify their passion and encourage their intellectual curiosity. In order to realize this vision, the institution has designed an effective student support framework. The institution has established mentorship programmes, workshops, pre-placement support and guidance aid amongst many others to meet the changing demands of holistic education pedagogy.

The institution also offers an inclusive learning environment for students irrespective of their social and religious backgrounds, especially to those who come from marginalized backgrounds. The college extends financial aids to deserving candidates through scholarships and freeships. Students with disabilities are also given additional support in terms of their movement on campus and during examination. The Remedial Class Committee identifies slow learners through Bridge Course Test and conducts individual tutoring sessions and remedial classes. The Counselling Centre arranges confidential counselling sessions for students to ensure their emotional well-being. Thus, the student support initiatives of the institution have been instrumental in enhancing the overall leaning experience of the student community. Above all, the multidimensional training offered at SJCC prepares students for efficiently dealing with diverse real-life challenges.

Orientation Programmes

The orientation programmes for the first year B.Com and BBA students were held in the month of August, 2020. Along with the general orientation programme, specific orientation programmes were also conducted. Orientation programme for the first-year and second-year PG students were held on 17th June, 2020 and 22nd June, 2020, respectively.

The Principal welcomed all students to the campus on behalf of the management. The orientation committee briefed students about the rules and regulations of the college, the course structure,

examination process and placement procedure for postgraduate students, code of conduct, and organisation structure of BJES.

The orientation team updated the newcomers about the ethos of the institution and the role of IQAC in ensuring quality of teaching and learning. The Counselling Centre of SJCC briefed about the holistic development programmes offered at SJCC. A session was conducted to educate the newcomers about the upcoming sports events, association and extension activities. The students were also acquainted with the faculty of the Post- Graduate Department and management representatives. The values of faith and toil were highlighted throughout the orientation programme.

Student Welfare Committees

Grievance and Malpractice (Prevention & Redressal) Committee

Any type of grievance that students want to express, pertaining to other students, management, staff, infrastructure, CIA, examinations, and any other concerns can be discussed with teachers/ Class Mentor/ and the Controller of Examinations respectively. It could also be brought to the notice of the committee depending upon the gravity of the issue. The committee will examine the complaint and suggest appropriate measures and actions to ensure justice to the students.

Sexual Harassment (Prevention and Redressal) Committee

The institution has constituted a Sexual Harassment (Prevention and Redressal) Committee to ensure that the students, teachers and non-teaching staff can work together in an environment that is free of gender violence, sexual harassment and discrimination. Students who come across any form of sexual harassment are expected to bring it to the attention of the Committee.

Anti–Ragging Cell

To root out ragging in all its forms from the institution, an anti-ragging cell has been established as per the guidelines of UGC. Ragging in any form on campus is banned by the institution. The Anti-Ragging Cell takes strict action against those found guilty of ragging or abetting ragging. All complaints pertaining to any kind of ragging by any student or group of students within or outside the campus should be reported to the 'Anti-ragging Cell'.

Equal Opportunity Centre

The institution has established an Equal Opportunity Centre as per the guidelines of UGC to oversee the effective implementation of policies and programmes for students from disadvantaged communities, to provide guidance and counselling with respect to academic, financial, social and other matters and also to enhance the diversity within the campus.

Support for Girl Students

The institution strives to make the college a safe space for girl students. Girl students are provided with extra support in various ways to enhance their learning experience here. Some of them are mentioned below:

- The Ladies Room - A common space for girls with necessary facilities
- Sexual Harassment Prevention Cell - A statutory committee formed to ensure speedy grievance redressal and prevention of sexual harassment
- Health & well-being support - physical, mental health and well-being are given equal importance
- Women's Forum – an association to educate, empower and ensure an encouraging space for women that promotes meaningful discussions
- Class Ladies Representatives – To ensure representation of girl students and also to establish a formal contact point for girl students to express their concerns
- Women Empowerment Programmes - To empower girl students through talks, workshops and campaigns
- Safety & Surveillance - CCTV cameras installed to deter unruly behaviour and ensure the safety of women on campus
- Women Counsellors – personal and social counselling, specifically by lady counsellors to listen to the concerns of girl students
- Representation of Women in Student Council – the institution ensures equal gender-representation in leadership positions
- Exclusive Open House for Women – IQAC organizes Open House to listen to and address the concerns of girl students

In addition to the above stated initiatives, the college ensures that female faculty members accompany students on every off-campus camp, study tours and other academic activities. The college strives to build healthy spaces that promote harmonious coexistence of students irrespective of their gender and other backgrounds.

Bridge courses

The institution conducted Bridge Course in Mathematics for first-year B.Com and BBA students to support those who have either not studied the subjects or found them difficult to comprehend. The Bridge Course Incharge shared the details of the Bridge Course with all BBA and B.Com first-year students during their admission. The course materials were made available on the college website. Students were asked to access the learning materials, such as the updated Bridge Course videos and Mathematics Worksheets once they confirmed their admission. The respective Mathematics teachers of first year classes guided the students to solve the Mathematics worksheet. All 1st year students submitted the solved worksheet on MS teams by September 5th ,2020. The Bridge Course test was conducted on MS Teams on 9th September,2020 both for shift 1 and shift 2 students. The results were sent to the students and Remedial Programme Coordinator Ms. Asha Joseph. Bridge Course results were used to identify learners who required additional academic support. 480 students from 1st year B.Com and 300 students from 1st year BBA attended the Bridge Course in Mathematics.

Remedial Programme

The college conducted the Remedial programme for the academic year 2020 – 2021 in the online mode, with the objective of closing the knowledge gap between what a student knows and what he/she is expected to know. As each learner is different in terms of academic performance and learning ability, the remedial coaching focuses on providing learning support proactively to the learners who may have fallen behind the rest. The coaching not only aims at enhancing students' learning skills but

also strengthening their confidence and developing adequate skills required in certain professional spaces, categorically in the domain of commerce and management. The class mentors mentor students and identify students with different needs, such as personal counselling and extra academic support. Mentors of each class prepare and share the mentorship report with the principal every month.

Details of the Remedial Programme is mentioned below:

Sl. No	Particulars	Odd Sem	Even Sem
1	No. of Courses	22	20
2	No. of student tutors	114	97
3	No. of student tutees	845	981
4	No. of hours of remedial sessions	220	298

98.11% of students who attended remedial classes cleared the End Semester exam.

Mentorship

Mentoring is often defined as a professional relationship in which a mentor assists a student in developing specific skills and knowledge that will enhance their strengths, professional and personal growth for the future. A mentor also provides feedback and guidance for the overall development of the mentee.

Mentoring is useful, during their three-year journey of undergraduation, since students are navigating through college life, social life, career paths and also working towards forming an independent life. An efficient mentoring system has proved to be effective in enhancing students' overall performance. It works as a support system for them and provides comfort as they know that there is someone they can turn to if they face any trouble, be it curricular, co-curricular or personal.

At St. Joseph's College of Commerce, every first-year class gets two mentors (about 40 students to each mentor). The mentors arrange meetings with students individually and help them address their concerns. Through this, mentors are able to assess student's condition on a more personal level and help or guide them where necessary.

Mentors arrange an 'Open Hour' every week to listen to students. They keep track of academic performance, leave records and meet parents when required. In addition, they educate students about the college rules and facilities that they can avail. This academic year, class mentors utilized the online platforms for meeting students and tracking their performance.

Class mentors maintain student file which contains students' details and is kept up-to-date. This file is passed on to the teachers who handles the class in the following years.

St Joseph's College of Commerce, stresses on holistic and integrated development of students, by providing them with appropriate guidance and assistance to facilitate their transition from school to college life. Through the mentoring process, the institution aims to enhance the overall development of the students. The counselling centre of the college, through four full time counsellors provides the students with emotional, mental and spiritual support, in addition to academics.

Scholarship & Freeship

The institution believes that life is lived well when it is lived generously in the service of others. The Jesuits have believed that lack of financial resources should not hinder one's educational pursuits. They have always given importance to empowering the marginalized and provide financial aid to students who deserve such support.

This academic year financial aid was given to deserving students in the form of Management Scholarships i.e., Rs. 90,64,665 to 704 students.
Members of SJCC Alumni Association have contributed Rs. 11,86,000 towards student scholarships, which benefitted 119 students.
The institution facilitated the Govt. scholarships i.e., Rs. 3,35,247, which benefitted 16 students.

The Student Council

Annual Elections to the Students' Council

The annual election to the Students' Council for the Academic Year 2020-2021 was one of the country's first ever full-fledged online student elections, owing to the limitations caused by the prevalent COVID-19 pandemic. 33 contestants contested for the 12 posts of the Council. Speeches and voting were carried out on Microsoft Teams, and campaigning took place on several social media platforms. A total of 1,771 students cast their vote on 14th July, with the results coming out on the evening of the same day.

Investiture Ceremony

The annual Investiture ceremony of the Student Council, Department and Association heads and Class representatives of the academic year 2020-2021 took place online on 17th August on Microsoft Teams. The chief guest of the occasion was Mr. Roger Joseph Lurshay, a former Student Council member and HR consultant at Oracle. Following the Chief Guest's speech and the address by the Principal, Rev. Dr. Daniel Fernandes SJ, the office bearers for the academic year 2020-2021 were introduced through a video presentation. The handing over of the flag and the oath taking ceremony of the newly elected members of the Student Council took place on the same day.

Student Council Events for the Academic Year 2020-2021

'Cyber Crime on Students—Legal Proceedings, Mental Well-being, and Responding to Occurences'

A webinar titled Cyber Crime on Students–Legal Proceedings, Mental Well-being, and Responding to Occurrences was organized on 6th August on Zoom and YouTube Live. Guest speakers Ms. Tara Krishnaswamy, a social and political activist and Deputy Superintendent, Cyber Crime Division Mr. Yashwanth Kumar KN educated students on how to stay safe online and the different ways in which they can stay above cybercrime. More than 500 students representing different institutions participated in the webinar.

Yeh Desh—A Tribute to the Warriors of COVID-19

The Student Council in association with the Indian and Western Music teams of the college released a song titled 'Yeh Desh' to show the respect of our student community towards the frontline workers and their ceaseless efforts in the battle against COVID-19. The song features lyrics from three different languages (English, Kannada and Hindi) and was produced with the help of Kay Music Studio, Bangalore and J B Studio, Chennai.

Azadi - Independence Week Cultural Competition

An online inter-class Independence week cultural competition titled 'Azadi' was organized to add to the spirit of our Independence Day. These two days saw all 36 classes battle it out in 7 different events - Wealth out of Waste, Mandala Art, Digital Poster Making, Painting & Sketching, Instrumentals, Declamation, and Photography. All these events were themed around the spirit of unity, love and patriotism for our country. The results of the events were announced during the college's Independence Day programme.

A webinar titled 'The COVID Warriors—Frontline Workers and the Importance of Mental Health'

A webinar titled The COVID Warriors—Frontline Workers and the Importance of Mental Health was organized on 14th August. Our guest speakers for the occasion, US-based medical practitioner Dr. Praveen Kumar Vikraman and clinical psychologist Ms. Naina D'Souza gave students a deeper insight into the situation at hand, it's influence on our day-to-day lives, and also kept students informed on how to be better prepared to handle the ongoing scenario effectively.

Independence Day Celebration

The 74th Independence Day Celebration was held on 15th August on Microsoft Teams. The Chief guest for the day was Dr. Rajaram Ramadas, the Head of the Department of English. The principal, Rev. Dr. Daniel Fernandes SJ hoisted the national flag and students put up stellar musical performances in the spirit of this proud occasion. The celebrations ended with the announcement of the winners of Azadi 2020, the inter-class Independence Week competition held earlier in the week.

Welcome to the J-Fam - The Annual Freshers Day

To give the incoming batch a platform to express themselves and interact with one another, the Student Council organized a fresher's event titled

'Welcome to the J-Fam'. The event included three events - 'Icebreakers', an inter-class video-based creativity competition, 'Mr./Ms. Fresher' and 'In a Mood to Mingle', an event for students to come together online in groups of 20 and interact with each other, making new friends in the process.

The September Sports Gala

The September Sports Gala was SJCC's first fully virtual sporting experience. The month included tournaments of the most popular online games such as Call of Duty to traditional board games like ludo and chess. It also included fitness challenges called the "No Excuses Challenge" in which the first edition of it saw almost 380 students participating across 36 different classes. The second edition of the challenge was open to the alumni and various colleges in Bangalore. The chief guest for the closing ceremony was international badminton player Ashwini Ponnappa.

Cipher

Cipher, the annual intra-collegiate business fest took place online for the first time ever on 3rd and 4th September. The theme of the fest was 'Deciphering the Chaos' and the fest saw over 400 students take part over two days of intense festing in 8 different events ranging from Human Resources to Marketing. The event was crucial in identifying prospective business festing talent among students, especially the first-year students.

Instrumentalists Week

Keeping in mind the rich musical spirit of SJCC, an Instrumentalists Week was organized by the Ladies Secretaries as part of their Creativity Week series. Girls shared one minute cover videos of their favourite songs, and the instruments used for these covers varied from guitars, keyboards, pianos, violins, and veena.

Leadership Camp

Every year, the newly elected office bearers begin their year as student leaders at the Annual Leadership Camp. This year the camp was organized on 25th September and the speaker for the occasion was Ms. Aparna Sardar, who works as the learning and coaching development manager at the Global Academy for Innovative Development. She provided the newly elected class reps with

useful knowledge on how to be an effective leader among peers and a few tips on balancing different aspects of student life.

Project ME

Project ME was a platform created to address a very important aspect of overall well-being of students i.e., mental health. The challenges came into existence during COVID-19 pandemic affected students in many ways. The project promoted seeking professional counselling, conducted research and organized interactive support groups on a regular basis.

Quarnival

To keep the cultural momentum of SJCC running, the Student Council organized Quarnival, an online interclass cultural fest from 5th to 10th October and included a total of 13 events, ranging from art to fashion. 600 students participated in the event that reflected students' love for cultural festing.

Silent Protest Against Violence Towards Women

In light of the increasing violence and sexual harassment against women, a silent protest was organized on campus on the 12th October to create awareness about the same and to inspire students to take a stand in whatever way they can.

Juggling Gymnasts

With the pandemic making it hard for students to access fitness centres and other related facilities, an initiative titled Juggling Gymnasts was introduced as part of the SJCC Ladies Creative Week Series. It was aimed at motivating women students to creatively include fitness activities into their daily routine.

Business Mentorship Programme

The Business Mentorship Programme was organized from 12th to 31st October as an initiative for students to bridge the gap between classroom and the corporate world as we know it. It provided an opportunity for all interested students to learn about a wide range of events from Marketing to Public Relations.

Myths on Women's Health

The Council organized, a webinar on 5th November

2020 on the topic, Myths on Women's Health. The guest speaker for this session was Dr. Jayasree Manivasakan, gynecologist and professor at Sri Manakula Vinayagar Medical College, Pondicherry. It was an interactive session which offered insight on various aspects of women's health.

Constitution Day

This year, the Constitution day was celebrated online on 26th November. AS part of the celebration Student Council hosted 2 activities — video making and poster making competitions.
The Power of Networking

Student Council organized a guest lecture on The Power of Networking on 22nd February. Mr. Anil Srivasta, former Chief Executive Officer of Kings XI Punjab was the guest speaker for the event. He shared his life experiences and how his career grew only by networking and having small conversations with people he met along the way.

Durga Safety Workshop

On 25th February 2021, a workshop was conducted on Women's Safety in collaboration with the NGO, DURGA. The workshop was to organized to explain the problems faced by women on a day-to-day basis and how both men and women play an equal role in ensuring women's safety.

Launch of the Student Council Website

For the first time ever, an official website was created to help in organizing the activities of the Student Council. It included descriptive information about the current news of the college as well as an anonymous, moderated forum for mental health related discussions as part of the newly introduced Project ME.
The URL of the website is https://sjccstudentcouncil.in/

Chanakya

Our annual intercollegiate business fest, Chanakya took place on 4th, 5th and 6th March, 2021. This year, the fest was organized on the theme — Combating Hysteresis.
The fest was divided into 3 different parts: -
- Arthashastra ~ The Business Plan
- The Hyesteron ~ Contingent Business Fest
- Prājña ~ The Business Quiz.

Women's Day

Under the leadership of the Ladies Secretaries the

institution celebrated International Women's Day On 8th March 2021. The female staff working in college from the teaching faculty to the support staff were given a small gift, refreshments and a bookmark with a quote by famous women. This was a small yet meaningful way to appreciate and celebrate womanhood.

Eves Day

On 27th March 2021, Eve's Day, one of the most awaited days for every girl in SJCC was conducted on campus. The chief guest of the programme was Mrs. Jacintha Jaychandran, Founder and Managing Partner of HopeWorks Foundation.
An interactive panel discussion on upbringing and the environment that women come from along with society's expectations of women was followed by vibrant performances from the cultural teams.

Valedictory Ceremony

The formal closing of the Student Council's tenure took place during the Valedictory Ceremony on 12th April, 2021. The programme included delivering the annual reports, speeches by the members of Student Council and other dignitaries, and the handing over of the flag back to the institution. This day marked the culmination of an exceptional journey of the council during a challenging time.

Student Testimonials

I have to admit that it's impossible to write about the little things,
Things that make me say 'It doesn't even matter bro,'
But if it did, then I wouldn't be writing this - Oh, no!
It's an unimportant day that makes up an entire year,
Unaccounted seconds that make up the hands of time,
So now I've to write about these little things to make this rhyme.

Twenty years from now I wonder if we'll come here again, sit beside each other on the BBC,
"Let's go to the canteen."
"Vittal Anna, two coffees, big cup."
My time at SJCC has far exceeded any dreams and later expectations I had;
the virus is providing few answers but wherever I end up,
I know that SJCC has shaped and equipped me with more than I can ever fully understand.
But I can't stop thinking about it.
I can't stop thinking about how much fun I was having this time last year,
and the year before that, and the year before that.
Looking at the main entrance, three years ago, I stood for the first time,
entranced by the possibilities it represented,
these three years seemed like a Check Post or like a purgatory before we could get to the real parts of life, the good parts.

We were in such a hurry to take the last exams, and say goodbye to these years,
only to realise that we're trading the time of our lives for the doldrums of adult life;
Thinking about standing there today where we used to walk to get a wrap and talk about tomorrow, I wish we'd have held those moments a little tighter, grasped the moments a little harder,
These were the years we decided who we wanted to be, and none of it felt out of reach,
Reality hadn't tainted our perfect views, and working hard made everything feel within reach.
Now we hold those moments tightly and appreciate our stories, a segment of life, for three years, this home of ours, felt like one.

"These are your little things" - No way, I think you're being petty,
I already told you that it's impossible to write about little things,
Little things don't matter, I can see your ego trying so hard to flatter,
But I just wrote a poem to tell you that it doesn't matter.

Subiksha Srikumar
Winner, Sayonara Hameed Award

Perhaps you're eighteen? I care not,
Twenty I would say: love's best habit is trust.
Hot blooded, you sit like winter still

Unforgiving proud-pied man,
Dressed trim white sleeves. Creased collar.
Russian red in a sixty something sobriety

Greasy dimmed glasses,
The cluster of stars leaped and laughed:
Drawn apart, freckled lips

Not religion's lily deep
or vermilion hue of the Big Bang,
cosmic feisty is your breath

Your ivory hair, my raven tumbleweed
God's son, shed
Numbers are mortal, and so are we.

Crithica Srinivasan
Winner, Sayonara Hameed Award

I've been an ardent pupil of the St Joseph's institutions and this place has shaped me to be the person I am today. The Josephite spirit will never fade out and will continue to pass on as it has been from my father, Dr. Sanjay Bajaj a proud product of the St Joseph's institutions. My gratitude for SJCC cannot be expressed in words.

St Joseph's College of Commerce has helped me on my metamorphic journey by making me a student with academic excellence, an entrepreneur who has a dream to change India, a student with an aim to train and help other students through the business team. E-Cell and the incubation centre have helped me bring to life the abstract ideas I had, and also made me confident enough to express myself through cultural activities.

The fate I've had in my institution has helped me dream big , never give up and always work with perseverance and toil- "Fide et Labore."

Sharan Bajaj
Best Outgoing Student, BBA

The most common idea of a just society is where equal opportunities are received, no matter the background, societal stature, race, religion, etc. However, in a country like India, it is a long-term goal that requires dealing with various under lying obstacles beforehand. Further, we need to realize that the opportunity alone is not a solution. Rightful distribution and acceptance of said opportunity is equally cardinal to the prospect of change. If opportunity given is negatively taken advantage of, it poses as a deviation from the general norm. There also exists the possibility of forgoing an opportunity. When such atypical scenarios exist, what gives us the confidence to define a just society?

In this discussion of justice, the concept of consciousness and humanity always finds light in some form or another. These notions give emphasis to respecting and accepting the ideals of all individuals that form part of our society.Quintessential as they may be, when these ideals become the means to harm or disregard others, only the ability to recognize the same and hold one responsible, resonates a positive image of society.

From my understanding of the world, the little that I have seen in my short life, I find it difficult to specifically define what a just society really is. It becomes an impossible feat to align what is ideal with what is just. With context to the poor and rich gap; in a 2019 report "Time to Care" by Oxfam, it was found that among the 1.3 billion people in our country, the top 1% holds around 4 times the wealth held by the bottom 70% of the country (953 million people).
Everyone is aware of the existence of this divide. There are articles available on every platform for people to access.
But how many are affected by it?
How many really feel responsible?
How many really want to do something about it?
The people that do feel affected and feel the need to bring about change sadly comprise only around 2-3% of our nation.
How are we to establish a just society when we fail to acknowledge the problems that exist within?
However, a facet I firmly believe in, is sensitivity to all pain and struggle. I trust that when we achieve this ability as a community, we achieve the beginning of a somewhat just society.

Sayjal Dasgupta
Award Winner, Service & Helpfulness

St. Joseph's College of Commerce goes much beyond an institution to me. This is a place where I have learnt lessons that mere books couldn't teach, a place that put me back on track and reminded me values and morals that went beyond lectures and marks. The very first semester in this college I languished and was feeling very lost, wouldn't want to indulge in a conversation with anyone because of the intimidation but as days passed by, I happened to meet wonderful people who happened to have such a great impact on me till date.

The best part about this prestigious institution is the number of opportunities thrown at every single student and helping each student find their true potential and hone their talent. It houses a plethora of talents that are brought to light through various platforms. Although our institution housed hundreds of students, it provides holistic development to every student who walked its corridors. The three pillars namely academic excellence, social concern and character formation is imbibed in each student and has by far become part of our routine, which we say proudly.

Personally, I have hit rock bottom and escalated in these three years but one unforgettable value that is etched in me is humility, which is a very underrated value taught by the teachers, students to every single person. Each student is different, I thought I could never get people on the same page when they aren't even in the same book as I am in, but that is beauty of it. We all get to learn different stories every day and that enables us to grow with each person.

The reason I emphasise on growth is because every single person of SJCC conspires to help you be a better person. Our teachers do not just stop at lectures but look out for us and help us mould into the people we are today. Having been the Treasurer of the Student Council this year, I understood the integrity and credibility that comes with the post. It gave me an experience and exposure that I would not have received elsewhere. The icing of this experience was the people I met and worked with. We all went an extra mile simply because we wanted to make every event count and each work mattered. I realise now that it is not about the efficacy or the effort that went in, it's about the memories that we made and the lessons that we learnt.

As I once said, SJCC is my T account. I debited the lows, credited the memories. And then I made adjustments that helped me balance my account. I lessened my liabilities, and now, here, I just realised that I have earned myself assets that I would not find elsewhere.

Monika M
Treasurer, Student Council 2020-2021

“You’ll never do a whole lot unless you’re brave enough to try” ~ Dolly Parton
SJCC has always been my dream college, from the time I was just a kid. The excitement, the activities and aura has always radiated outside those four walls. When I first walked into SJCC I never really knew what was coming my way. Today, I have met numerous Josephites with whom I have shared jokes, memories, experiences which I will always carry with me.

In my first year it took me a while to bloom but the atmosphere in SJCC always made you want to participate in something. I took part in a couple of workshops and joined the college editorial team. My love for traveling made me take a leap of faith and sign for the international trip, although I was the only first year girl. The trip introduced me to various people, seniors from mcom, thirds years and second years. That trip was one memorable trip, where I learnt not only to interact with people but learnt a whole lot about independence while traveling.

In my second year I grew out of my shell and started volunteering and organizing events. Organizing Lakshya, introduced me to the world of business fest and volunteering for Dhwani, let me experience how every small role plays an integral part in making something a success.

When I first watched the valedictory ceremony and council members shared their experiences, that was something I wanted to be part of some day. While I was always skeptical about standing for student council elections, I had some encouragement when few seniors asked to stand.

Joining the Student Council will by far be the most memorable experience in SJCC. With most of my friends being elected as student council members and meeting new people, I became a part of a tight knit family. From seeing every council work offline, to converting our activities online, we never knew what was coming our way. Being Ladies Secretary opened my eyes to so many small problems that we overlook everyday. Interacting with girls who are talented, in one way or another. Sharing experiences and stories, everyday was a learning experience. We had our challenges, some bad days more than good but I couldn’t have done it without my Co-Ladies Secretary, Jade Prabhakar, working with whom was a delight. Seeing things from a different perspective, being Ladies Secretary meant a whole lot more to me than before. Now there was a change we were making and there was so much we wanted to do and a whole lot less time. The lesson I learnt in this one year is, things never happen the way we plan but that doesn’t mean we stop doing our best in every moment. My experience of being a Ladies Secretary could be summarized by one quote, by Michelle Obama, “ there is no limit to what we as women can achieve.”

Cameryn Fawn de George
Ladies Secretary (Shift 1), Student Council 2020-2021

As I stepped into the gates of St. Joseph's College of Commerce, I walked in with a great deal of expectations and zeal to achieve in every field. I was determined to make use of every opportunity this institution laid before me.

In just a couple of days, SJCC felt like home- my warm welcoming seniors made me feel a part of the family and this helped me extend my circle of friends. Each day there was someone new to meet. I socialised with students from all walks of life and felt at ease with every Josephite that crossed my path. The teachers greeted us in a very friendly manner and have been extremely understanding and supportive throughout.

Truly, SJCC provided me with various platforms where I discovered myself. I discovered my talents and nurtured my skills which I wasn't very confident of back in PUC or school.

In my first year, I was an active member of SJCC's renowned association, The All India Catholic University Federation (AICUF). I grabbed every opportunity to be a part of all activities this association held. AICUF has always focused on serving the underprivileged people and poverty-stricken places. While I served at this association, it helped me grow to be more considerate and I was made aware of the vulnerable communities around me. SJCC have always achieved their objective of social concern in extending alms in numerous ways.

I never stopped myself from participating in any intra-collegiate competition, be it Cipher, Kalotsav, Inter Class Sports or any other association's intra-collegiate event. Well, that participation definitely helped me overcome my stage fear and personal barriers. Those small steps helped me create my pathway to move on to achieve greater things in life.

Passionate about script writing and acting, I had the privilege to be a part of the college cultural team and assist in all possible ways to see the blue and white flag fly high.

In my second year, I was willing to serve and to give back all I could to this prestigious institution that provided a magnificent platform for every Josephite.

I was elected as the Vice President of the Student Council. This was a turning point in my life where I shouldered responsibilities with 11 vibrant council members during the most challenging times. Being a part of the council and to work for the college and towards its betterment, during the pandemic was certainly a difficult task. As the world moved to a completely online platform, we strived for the best; to provide the same experience we felt before the pandemic to all our fellow Josephites. It was these testing times that taught me the different aspects of a successful leader. Ultimately, we crossed all obstacles and barriers before us and succeeded.

St. Joseph's College of Commerce will always be my home, a place with much comfort and love. These 2 years I have made a beautiful family with beautiful memories to cherish.
This is the institution I aspired to be
SJCC has created a path, I'd always love to see
I'm glad that I still hold another year to live my cheerful days at SJCC!

Anthony Rithvik
Vice President, Student Council 2020-2021

My journey at St. Joseph's College of Commerce has been no less than a roller coaster ride with its highs and lows, and a beautiful one that I'll cherish for the rest of my life. Looking down memory lane, I can proudly say that I am walking out with a bag full of memories, immortal lessons, a family and a place that I can call home which has given me such a wholesome experience. Three years back when I walked into those gates, scared, nervous and thrilled to find out what the future would unfold for me, hardly did I ever imagine it would be as enriching and delightful as it has been today. It felt fortunate to have the opportunity to build myself in this prestigious institution along with which followed my dreams and aspirations with an undying passion to grow and learn. Being one of 3000 and to be given the same amount of exposure and opportunities made it all the better for me. On a personal note, my journey through SJCC changed me as an individual and taught me the significance of focusing on all-round character development. Discovering my interest in business festing in my first year, I was given the opportunity to take part in several National Level Business Fests which induced more confidence and learning along with the exposure which laid down the foundation to excel for the next two years of my student life. Expanding my horizons of interests, I was fortunate enough to experience the activities associated with performing arts which indeed helped me identify my hidden talents and gave me the sense of direction to explore the same. As a keen learner with the willingness to help and associate myself in various college activities, I was actively involved in major fests which were followed with multiple challenges which certainly taught me to face them, preaching values and lessons which perhaps nothing else could. From there on, I went onto fulfilling one of my biggest dreams since my first year, being elected as the Academic Secretary of the Student Council for which I was honored but at the same time, I soon realised the humongous responsibilities that comes along with such a prestigious position and the many more challenges that awaited me. No matter what the highs and lows were, the mission was to do it for the good and better to keep the Josephite Colours, blue and white flying high and I am glad that we were able to achieve this with immense passion and dedication though we were elected in times of the pandemic filled with uncertainty and the least amount of normalcy. This aspect of the journey has been a dear one with the constant support of my parents and well-wishers.

Divin
Academic Secretary

It is with immense pleasure and pride that I accept this honour of being titled the 'Best Outgoing Student of the PG Department' for the academic year 2020 – 21. This college has been nothing less than a golden pot of opportunities; a pot in which I have nourished all the qualities I possess to make to make the world a better place for all others to live.

Firstly, I would like to thank God Almighty for being my strength my life, who guided me to this college and brought me immense joy. I would also like to thank my parents. They have been there for me and done so much for me beyond their capacity. They have sacrificed so much for me. I always be grateful to them. The gratitude I have for this college cannot be expressed in words. There have been many highs and lows during my term of study in this college. St. Joseph's College of Commerce has been a place where I had people who shared my joys during my highs and whom I could count on in my lows. I was fortunate enough to have graduated in my UG from this college. These past 5 years have been such a blessing to me that words cannot express. Rev. Fr. Daniel Fernandes SJ- he was our college principal since the year I joined college and to be granted this title in my last year of college under his leadership is definitely an honour. Father is the pillar of strength that this college has taken support from. He held this college with such finesse that the credit of being among the best colleges in India should be taken up by him. His vision for our college makes us believe in ourselves with conviction and strive for things we thought were unfathomable. To all my teachers, you have pushed me beyond my limits by believing in me throughout. Your continuous guidance and advice has been more valuable than any academic lesson. The non-teaching staff; they make this place home for me. Their smile as I enter the gates of the college, the work they do for all the students and teachers of this college to make it a healthy environment to study and the unconditional love and care they share to every student in this college makes me thank God everyday for their presence in my life. My dear friends, my loudest cheerleaders. Their belief in me that I can achieve whatever I set my mind on is the reason why I push myself. It is for them. The joy I receive when I see them smile as I achieve something is something as precious and more than the amount of jewels that ever existed.

My Alma Maters, the place I associate my success to, you have been the breeding ground for ignited minds and future capable and strong citizens of our nation. The future that joins this college will come out ignited, motivated and proud to be a part of this institution just like I am. I promise to wave the flag of SJCC sky high through my actions. I am a proud Josephite and forever I will be.

Aishwarya N
Best Outgoing Student M.Com

St. Joseph's College of Commerce, a place with beautiful people, a place I never thought would mean so much to me, a place filled with memories and a place that's going to have a special place in my heart when I graduate. 900 odd days, 22000 plus hours or 1313000 minutes, however you try to measure it, time spent in Joseph's seems very little and has me craving for more. Joseph's is more than just a place, it's a home away from home. The numerous days I spent here being the first to enter and the last to leave campus, being late to those 7 am classes, bunking the classes I'm early to, to get one oreo shake, being a part of a cultural team, representing Joseph's in other colleges, shouting our lungs out during Spiel, being mesmerized with the unity "WHEN THE BLUES GO MARCHING IN" and so many countless memories, have been engraved in my heart.

Ever since my first day in SJPUC, SJCC was the dream college for many students like me. Every time we passed by the building, we peeped in to see the campus that housed some amazing people and hosted some amazing events. My first day on campus is still fresh in my memory. As I walked through the gates, greeting Ghanshyam Bhaiya and Late Anand Uncle, staring at new faces, exchanging warm greetings and hoping to have a great time, I knew that this place would mean something to me. Looking back at the three years, it surely has meant more to me than I ever imagined.

"I had as many doubts as anyone else. Standing on the starting line, we're all cowards." I could feel every word of Alberto Salazar in my first year. A few things that kept me going were the amazing seniors and the supportive teachers. Getting selected for the dance team was the beginning of my amazing journey of meeting and interacting with new and fun-loving people. I was really astounded by the plethora of opportunities that SJCC gave to each and every one and I wanted to seize every opportunity that came my way. My first ever blessing came in the way of winning the class elections to be the Academic rep of my supportive class. My first year turned out to be the foundation of my career at St. Joseph's.
I was blessed with a phenomenal second year at SJCC. From being elected as the Vice President of the Student Council to having an international DJ perform at Dhwani, we'd done it all. Joseph's has made way for me to meet so many enthusiastic people, so many of whom have made an impact in my life. Throughout the year, there wasn't one day when I hadn't learnt something new or when I wasn't growing. Being in the council gave me so much exposure and I grabbed all the opportunities that came my way. One of the most memorable moments are those where we, the Josephite family represent Joseph's in other colleges and win the overall trophy.

The third year came as an obstacle to all of us, but we as Josephites took it up as a challenge. I realised how much love and support the Josephite family showered on me when I was elected as the President of the Student Council unopposed. I wanted to make sure that all of this was meaningful. I wanted to ensure that every student has the Josephite experience regardless of the circumstances. The year being so challenging, showed me that when students come together, anything is possible. Three years in Joseph's has taught me more than anything I'd learnt before and specially emphasised that holistic development is very crucial in every human's life.
I'm really grateful to have met amazing students and teachers and they will continue to have an impact on my life. I am forever grateful to SJCC for the opportunities it has given me and for making me who I am today. These past three years have been the best moments of my life and I will cherish every single memory I've created as a Josephite.

Danush S
President , Student Council 2020-2021
Best Outgoing Student, B.Com

Counselling and Student Well-being

St Joseph's College of Commerce stresses on the holistic development of the students. To achieve that objective, the college provides counselling services to the students through four full time counsellors. The Counsellors provide a safe space of confidentiality, free from judgment and intrusion, for students to share the concerns and challenges they face. With the help of empathic listening, students are guided towards a better understanding of themselves, their feelings, thoughts, behaviours, which in-turn empowers them. Counselling

Personal Counselling

Counsellors meet students for one-on-one personal counselling sessions. Students come with issues related to low self-esteem, peer-pressure, adjustment issues, family issues, abuse, emotional issues like fear, anger, grief, anxiety, academic issues like performance, attendance, etc.

During the time of the COVID-19 pandemic, students have not been able to leave their homes which has been quite a struggle for most of them. In addition to the anxiety brought about by the pandemic, they have had to deal with not being able to experience campus life, financial issues due to parents losing jobs, lack of social interaction, loss of loved ones, the anxiety of uncertainty, and many other issues which have had psychological impacts affecting their mental health.

To rise to the need of the students the counsellors have made themselves available to the students on various platforms. Students were sent a poster at the beginning of the year with the contact details of all the counsellors. They were informed that they can contact the counsellors via email, voice call or video call and sessions were conducted using these different methods.

Number of students benefitted (General counselling) – 642

Number of students benefitted (Repeat Counselling) – 208

Group Counselling

The counsellors also meet the students in groups of 5-8. This session provides them a safe space to interact with their peers and with the counsellor. It helps them to create bonds with each other and reduces the sense of alienation and loneliness. It helps to promote their inter-personal awareness and acceptance of others, leading to healthier relationships with the people around them.
Number of group counselling sessions conducted: 90

Psyho-Educative Programme - HRD Sessions
HRD Sessions are kept interactive with input from the students on their understanding of the topic. As the class progresses and each topic is discussed in more detail, students are asked about their understanding or experiences of the same. Each session includes various activities of personal reflection, group work, art therapy, guided visualizations, etc. Sessions are backed with plenty of real life examples that students can relate to. Several topics such as Myths and facts about counselling, Facing peer pressure, Understanding ones emotions, Anger management etc are handled. Students also participate actively in these sessions and during the year, they presented on several topics such as Cyber bullying, Body shaming/body image, LGBTQIA, Social media addiction, Trauma, with focus on Childhood trauma etc
No. of students benefitted: 945

Professional Input Sessions

1. '**Transition: Adolescents to Adulthood'** by Ms. Bindhu Subhash on 2nd Feb, 2021 via MS Teams.
Ms. Bindhu spoke on the topic of students moving into college where they experience a new environment. The topic stressed on handling freedom with responsibility, the necessity of dress codes, socializing tips, relationships between genders, sexual behaviours and risks. She elaborated on adopting beneficial habits for success and concluded the session with some valuable tips on practicing self-care.
No. of students benefitted: 296 students

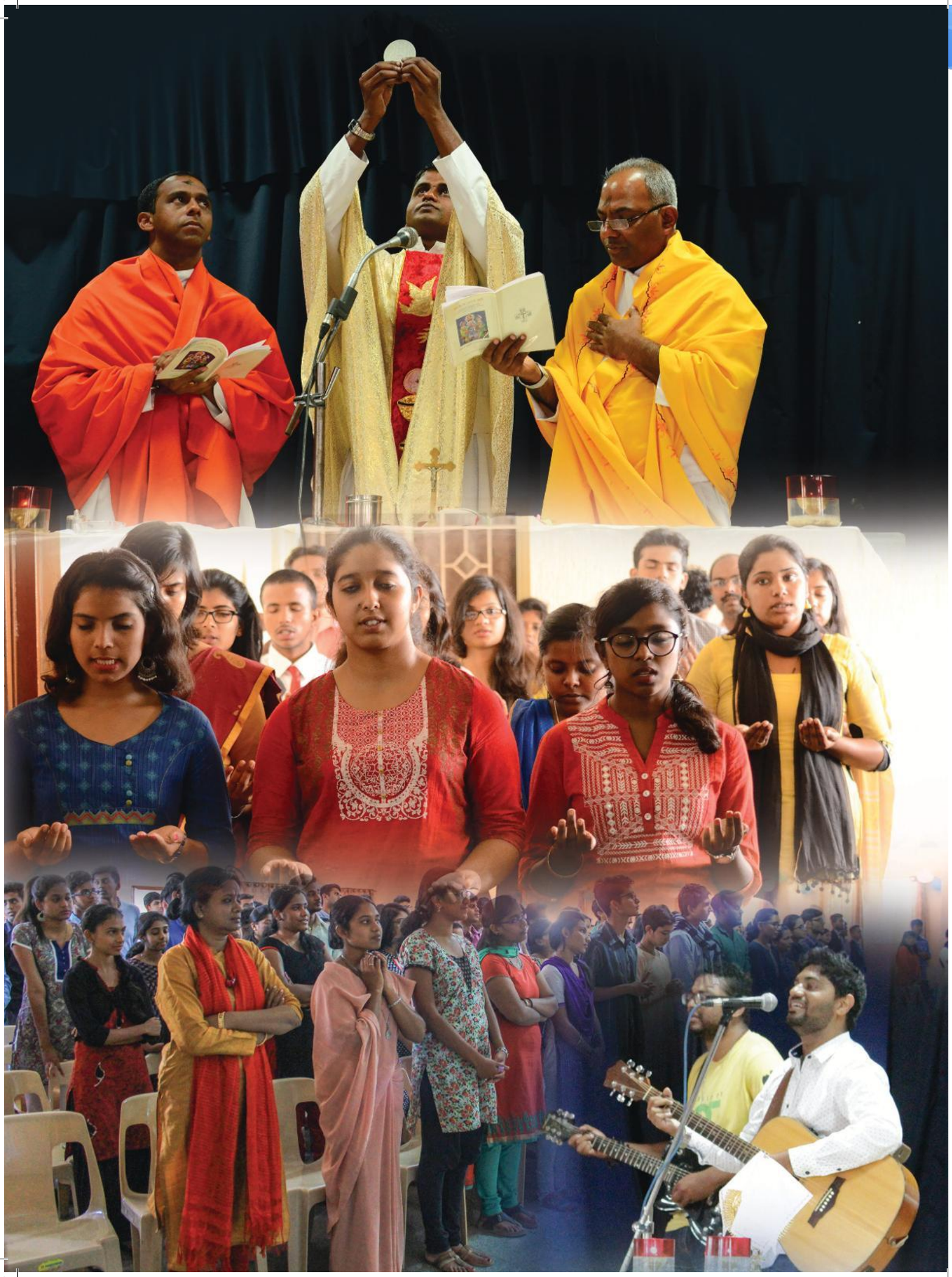
2. **'Emoting with Empathy'** by Ms. Jaya Aiyappa on the 3rd February 2021 via MS Teams.

Ms. Jaya spoke about what empathy is, why it is important for individuals to inculcate the emotion, how it builds relationships, the differences between sympathy and empathy, the two types of empathy - cognitive and affective. She elaborated on every aspect of empathy and how one can practice being empathetic. The session conducted was interactive and informative, with the aid of examples and small activities conducted to help understand empathy better.
No. of students benefitted: 296 Students

3. **'Understanding Relationships'** by Ms. Jaya Aiyappa on the 4th February 2021 via MS Teams.
The session was an interesting overlook into the psychology as well as the reality of relationships in the modern age. She spoke of the significance of relationships and also covered a few topics under sex education that gave the students a thoughtful perspective on respect and the knowledge of consent and topics such as abuse.
No. of students benefitted: 303 students

4. **Self-Care: ways for healthy mental well-being** by Dr. Rizwana Begum on 5th February 2021 via MS Teams.
Dr Rizwana spoke of the three components of a happy and healthy life - the mind, the body and the soul. She spoke about self-love as an effective method to promote mental health and spoke about how it helps an individual balance social, professional and spiritual life. She spoke about how self-love leads to self- care which in turn helps to lead a more satisfying life. She also spoke about the importance of seeking help when needed and dispelled some of the myths and stigma attached to mental health.
No. of students benefitted: 299 students

5. **'Freedom from Addictions'** by Mr. Albert PJ from the 15th to 18th (4 sessions) via MS Teams.
Mr. Albert from the 'Abhayam De-Addiction' Centre was invited to speak to students about the ill effects of addiction and the causes of addiction. Mr. Albert brought to light some of the reasons people indulge in risky behaviors like curiosity, to be accepted, peer pressure, to handle disappointment, family problems etc. He gave extensive examples of various influences, especially the media. Examples included celebrities, movies, advertisements, and also individuals that have to come to his rehabilitation center. He also shared his own life story and proved to be an inspiring example for all the students.
No. of students benefitted: 94



Campus Ministry

The campus ministry of SJCC strives to impart the philosophy of St. Ignatius – "Find God in All Things" and cater to the spiritual needs of the students. Some of the initiatives of the campus ministry are mentioned below:

Ignatian Week

The college celebrated the Feast of St. Ignatius of Loyola by conducting a number of competitions throughout the Ignatian Week, from 26 th July to 2 nd August 2020. The Ignatian week consisted of several online events like Poster Making (digital and handmade), caption writing, creative writing, crossword puzzle and vlog creation.

Annual Retreat

The Campus Ministry, in collaboration with Divine Retreat Centre, Muringoor, Kerala, organized a two-day retreat for the Catholic staff and students of SJCC on 29 th and 30 th August, 2020. The online retreat was led by Father Augustine Vallooran and his team.

Guest Lectures

On 19 th February, 2019, with confirmation from Pope Francis, the Jesuit Superior General, Fr. Arturo Sosa, S.J. announced four Universal Apostolic Preferences for the Society of Jesus for the next decade. To create and spread awareness about these four UAPs among the students of SJCC, a guest lecture on 'Universal Apostolic Preferences: Driving A Common Passion' was organised for all students. The session helped the students in understanding the significance of the Universal Apostolic Preferences and promised to participate and make collaborative efforts in converting these four UAPs into a reality.

ASSOCIATIONS, CLUBS AND TEAMS

College Associations/Clubs	17
College Teams	7
Department Associations - B.Com	11
Department Associations - BBA	11
Department Associations - PG	05
TOTAL -	51

EXTENSION ACTIVITIES ASSOCIATIONS

- National Service Scheme (NSS)
- Centre for Social Action (CSA)
- All India Catholic University Federation (AICUF)
- Rotaract Club
- Eco Club
- Youth Red Cross
- Women's Forum
- Harmony Club

Business, Language & Cultural Associations

- Kannada Sangha
- Hindi Parishad
- Association for Literature, Music & Arts
- Hashmi Theatre Forum
- Serenata Chorale - Choir
- Debating Society
- Quiz Club
- Entrepreneurship Cell
- Finance Club

B.Com

- Newsroom
- Mainframe Research Forum
- ComVerse
- Colosseum
- Association for Professional Studies
- We Speak Club
- Erudition Club
- Connect Series
- Community
- Lakshya
- Tech Ally

PG

- Mavericks
- Elucidation
- The Erudite's Club
- Cresendo
- Masterminds

College Teams

- College Editorial Team
- Media and Graphic Design Team
- Indian Dance Team
- Western Dance Team
- Indian Acoustic Team
- Western Acoustic Team
- Business Team

BBA

- Josephite Business Club
- Fountainhead
- Conexus
- Leadership Development Cell
- Project Smiles
- Spotlight
- E-series
- Entrepreneurship Learning Initiative
- Association for International Management Studies
- Quest Club
- Edutalk

Student Associations & Clubs

National Service Scheme (NSS)

• NSS volunteers attended a webinar on "Cyber Law" and the "State Level Covid-19 Stress Management Workshop" held on 29th July 2020 organized by Dr. Poornima Jogi.

• A workshop on "Nuclear Disaster" was organized on 6th August 2020 covering the meaning, advantages, disadvantages, and problems faced by the victims of a nuclear disaster and precautionary measures to avoid these disasters.

• On Independence Day, its members distributed homemade food packets to the needy at St Mary's Basilica Church Shivajinagar.

• They visited Gerizim Integrated Home and School for Handicapped, Ejipura on 22nd August 2020 where they distributed lunch and other essentials. This emphasized on the importance of the role of youth in the society and their responsibilities.

• The NSS wing 1 of SJCC organized several online Oath-Taking Ceremonies where they took a pledge to follow the guidelines issued in the wake of Covid-19 and on National Voter's Day.

• NSS Volunteers observed the National Youth Day on 12th January 2020, by organizing a discussion, in which Dr. R Rajaram and a social activist discussed about how the county's future lay in the hands of the youth and also shared their views on the importance of national integration.

• NSS collaborated with the Kannada Sangha of SJCC and organized a Book Launch on 21st January 2021. The book was titled "Jeevana Preethige Ghazal"

• The NSS Orientation Programme was organized on 30th January 202 which saw the active participation of all 1st year students.

• The NSS volunteers organized the Big Day Off allowing the cleaning staff to take a day off. The volunteers were divided into 5 groups and worked tirelessly to finish their tasks.

• AURA 5.0, a two-day intercollegiate fest, was organized with more than 300 students across Bangalore participating in the 18 events organized. The first day consisted of sports events which was followed by cultural events.

Centre for Social Action (CSA)

CSA in association with Centre for Amenities, Rehabilitation & Education (CARE) conducted the

first episode of Thursday Talkies on 20th August, 2020. The topic for the day was Environmental Impact Assessment. The guest speaker Mr. Leo. F. Saldanha shared his views on the Indian Environmental Legislations and International Treaties. Around 238 participants including students, scholars and faculty members from various colleges and organizations across the country attended the event.

CSA held its 2nd episode of Thursday Talkies on the topic, 'Farm Acts 2020 – Towards Understanding the Consequences' on 15th October 2020. The guest speaker Mr. Shivasundar, a social activist and writer shared his opinions on the topic in detail and helped the participants understand the various consequences of the Acts.

A panel discussion titled "Youth in the time of Digital Activism" was organized on 12th March, 2021in association with Centre for Amenities, Rehabilitation and Education (CARE). The discussion offered insights on the way social activism is practiced and perceived in the digital world today and also educated the participants on the Do's and Don'ts of participating in online movements and campaigns.

All India Catholic University Federation (AICUF)

• AICUF celebrated World Humanitarian Day on August 18th and 19th with the theme "celebrating the Unsung Heroes". Five events were conducted over 2 days and the participants were given an opportunity to speak about the contribution of the heroes during the Pandemic.
• International day for Eradication of Poverty was observed in SJCC through various competitions for the students organized by AICUF on 16th and 17th October, 2020. The association organized 6 events with a common theme 'love only grows by sharing'.
• The AICUF association of SJCC participated in a state level online fest YUVA 2020 conducted by AICUF Karnataka and the participants from SJCC were able to secure the top 3 places in all the events. SJCC was crowned the overall winners of the fest.
• AICUF took part in EXALTED 2020, an online gospel fest hosted by the Bishop Cotton Women's Christian College and SJCC was declared the overall winners.

• REVELATIONS, the flagship event of the association was the first offline fest hosted by SJCC for the academic year 2020-2021. The theme for the fest was "Coronam Vitae" meaning "The Crown of Life". It was a two-day fest with a total of 13 events attended by eight colleges and four parishes

Rotaract Club

• The Rotaract Club, organized the Amazing Race on 6th and 7th September 2020. The objectives of the event were to inculcate team building, team spirit and networking skills. Around 64 teams attended this event.
• The association organized an Icebreaker session to help the members to get to know each other on a personal level and inculcate in them the spirit of teamwork.
• On the occasion of International Literacy Day, 8th September 2020, the Rotaract club in collaboration with the Finance Club organized an event to educate the masses about the importance of literacy in today's world.
• The Club conducted DLTW – District Leadership Training Workshop by Rotaract District 3190 for the board members of Rotaract Clubs across Bangalore, with the objective of training the Board members regarding their duties and responsibilities. The event was conducted on 12th and 13th September 2020.
• A copywriting webinar was conducted on 19th October 2020. Mr. Laurence Blume, one of the world's leading copywriting experts based in UK was the Resource Person for the event. The webinar highlighted the requirements of high-income skills in today's age with a special focus on copywriting.
• The club also conducted a webinar titled," Leadership and Youth Development" to enhance the personal development of the members of the Rotaract Club on 29th March 2021.

Eco Club

• Members of the Eco Club planted saplings in the vicinity of their residence on 28th July 2020 on the occasion of World Nature Day.
• An orientation Session was organized on 14th October 2020 addressing various aspects such as the club's motto and activities undertaken. A Tambola game was organised as part of the Icebreaker

Session for the students.

• The association conducted a webinar on Environment Impact Assessment on 26th August 2020. Mrs. Ruhie Kumar, the resource person of the event about the environment and how we are destroying it.

• Apart from doing ground level work, the Eco Club also attributes a lot of importance on spreading awareness on critical issues amongst students.

• 'Chasing Coral - Documentary Screening' was conducted on 30th January 2021. The documentary shed light on the reasons behind gradual disappearance of reefs.

• The Eco club also hosted its Annual one-day city level seminar 'Ambiente' on 17th April, 2021 to create awareness on prominent issues that threatens the environment and life on earth.

Harmony Club

• Harmony Club was founded with the motto of "Diversity and Inclusion" and the theme for this academic year was "Journeying with Youth in Unison for Serenity."

• The inter-collegiate fest, 'AGHASYA' was conducted from 14th to 21st September, 2020. All the events were coordinated around the theme 'Shaping Peace Together'.

• Harmony Club organized 'Rewind and Reconnect' on 30th July, 2020 on account of UN Friendship Day. The event's aim was to reconnect with old friends and reminisce the memories made.

• A virtual ice-breaker session was also held on 12th October, 2020.

• On 20th March, 2021 i.e., International Day of Happiness, they organized the "Spread Happiness Challenge" to allow students to explore the scope of organizing Sustainability Activities that make them happy. The team planted saplings at various locations and also served food for social workers.

• The club also organized "Reader's Clan" on 29th March, 2021, with the aim of fostering an environment for learning and holistic development.

Amnesty International (Now 'Youth for Democracy and Constitution')

• To commemorate the birthday of Nelson Mandela, Amnesty International celebrated Mandela Day on 18/7/2020.
• They prepared a video in remembrance of all the lives that were lost, the fallen heroes of the 26/11 attacks in Mumbai.
• Amnesty International had launched its monthly newsletter, "We the People" on 1/3/2021. The newsletter aims to report various events around the world where Human Rights were violated.
• The inaugural session of the association took place on 5th, April, 2021on the topic "People and The Future of Democracy".
• Ms. Poorna Ravishankar, the guest speaker, voiced out her observations and opinions about our constitution along with the present and future of democracy. The session concluded with a Q&A session. A video introducing the new association was also displayed during the event.

Women's Forum

• Women's Forum organized a virtual event titled "Powerpuff Girls: Conversations around Female Empowerment" on 5th September, 2020. The speakers addressed the concerns of women entrepreneurs and the challenges that established entrepreneurs endure.
• An Ice Breaker session for the freshers was conducted on 29th September, 2020 to welcome the new members of the association.
• A session titled, "It's Okay Not to Be Okay" was held on 19th January to discuss the mental issues that all women face at home and at work. It looked at social taboos which women are tired of hearing and the emotional taunts they face at various spaces.
• The Forum organized a session, titled "Bake My Day" on 29th January 2021 conducted by Kiran Annie Kunnath from 1Bcom G.
• A guest lecture was held on account of International Women's Day on 8th March, 2020. Ms. Ruth Manorama was the guest speaker for the event. "Gender Equality – Break the Norms" was the theme of this lecture.

Entrepreneurship Cell (E-Cell)

• An online formal orientation for the 1st year students was conducted on 25th September, Friday 2020 to provide an overview of the activities of the association for the academic year.
• On 29th September, 2020, a guest lecture was conducted on 'Being a Smarter Entrepreneur' which highlighted the reasons that motivated people to become entrepreneurs and the qualities needed to become a successful entrepreneur.
• The club released the second edition of Blue & White Press that ran throughout the year covering topics such as conundrum of Artificial Intelligence and its application, Shinzo Abe's renowned Abenomics, the journey of the entrepreneurs that made Zerodha and much more.
• Resonance, an entrepreneurship-based podcast, was hosted by them this year.
• They conducted EMPower, a 4-month long initiative to mentor and train the members in skills ranging from content writing, graphic and video editing, public speaking to even setting up their own podcast.
• A Webinar on "Weaving an Entrepreneurial Path" was conducted on 28th January, 2021 where the speaker Mr. Arjun Mulky, shared his views on his passion, creativity, and the struggles he endured while going through the entrepreneurial path.
• "E-SUMMIT'21: A Vortex of Innovation", the flagship program of the association was organized for Pan-India audience that focussed on industry and entrepreneurship today.
• Several initiatives such as Motivational Mondays, E-Word of the Week, Guess the Start Up, #Project Polio, #EntrepreneursofSJCC, and Street Stories were undertaken on their Instagram page to motivate and inculcate the entrepreneurial spirit amongst youngsters.

Finance Club

• Finance Club conducted Incipere 2020, the icebreaker session on 24th and 25th September where the new members were addressed and welcomed into the club.
• The Finance Club's annual quiz, Inquizitive, was held on 30th September and 1st October, 2020 through the MS Teams Platform. Around 70 students participated in the event.

• The event helped in spreading financial, professional, and general knowledge among the participants. The session also encouraged participation, team building and networking.
• The event 'Can you save the money' was conducted on 11th, 12th and 15th January 2020 where participants were expected to solve case studies presented to them which were based on a variety of real-life financial problems.
• The association organized Know it all: Episode 1: Personal finances on 25th and 26th March, 2021. The two speakers shared their views on the importance of saving, investing and limiting expenditure.

Serenata Chorale – The Choir Club

• Serenata Chorale released the after movie of Resound 2019-2020 on August 19th,2020.
• Auditions for the batch of 2020-2021 were held on September 14th 2020. 30 members were selected through the audition.
• The choir has uploaded several covers on its Instagram page including 'Open the eyes of my heart', 'Angels we have heard on high' and 'You are my All in All'.
• On December 17th, 'Come and See the Baby', a music video, sung by the choir was broadcast on Goodness TV channel.
• They won a ₹5000 gift card in Magnificat, an online fest hosted by Christ Deemed to be University on 19th December.
• The music video of '12 days of Christmas' was broadcast on the Goodness TV channel on December 20th.
• They took part in Basel Mission on 22nd of December, 2020 and placed second in the college category.
• A team of 21 members from the choir performed a medley of both regional and western songs on February 18th and 19th in the cultural program held for the NAAC peer team.
• They released a set of music videos for Resound — an annual concert hosted by the choir of SJCC.

Hashmi Theatre Forum

• On the 25th and 26th of August, 2020, online auditions were held on the MS Teams platform. 36 students were selected for the performance team and two students for the scriptwriting team after two rounds of audition.
• As a tribute to the teaching fraternity on Teachers' Day, the team prepared a skit depicting teachers teaching during the pandemic and the way each one manages their professional and personal life.
• 2nd and 3rd year students of Hashmi Theatre

Forum conducted a special workshop for the freshers on 3rd, October 2020. The workshop included learning the Navarasas of acting, i.e., the nine emotions of acting.

• On October 10th, a team meeting was held to understand the interests of the freshers and help them identify which wing of theatre they would best fit into.

• The members of the club put together a street play on 26th January 2021 to highlight the plight and struggle of the farmers in India post the Farm Bills Acts that were passed in December.

• The first offline meeting of Hashmi Theatre Forum was held on January 29th 2021. The senior members of the 'Theatre Club performed 'Bhagat Singh'

• The plays 'Bhagat Singh' and 'Fire and Rain' were performed as part of the cultural programmes during the NAAC Peer Team visit.

• Club members participated in La Tierra De Cul-ah! hosted by Mount Carmel College where they bagged the first and third place in both the events.

• They performed at Lasya fest conducted by CMS competing in all the theatre events, both online and offline on 18th, 19th and 20th March,2021. The street play team placed second, Ms. Sharanya Suresh placed third in the monologue event. The Mime Team's performance was well appreciated by the judges.

• The Annual Theatre festival of the college, Enact, was held on 5th and 6th April, 2021, around the theme "Dream".

• There were two home productions, directed by Dr. T.H. Lavakumar, one in English which was an adaptation of Midsummer's Night Dream and one in Kannada- Malla Gimple. Several colleges across Bangalore participated and St. Joseph's College (Autonomous) was declared as winners.

Kannada Sangha

• The association organized "Karnataka Odhu" on 7th September, 2020. Kannada Balavardhane was the theme of the seminar and Dr. Arun Joladhakudligi, a researcher cum rationalist was the speaker for the event. He shared his views on the significance of Kannada language and how the youth can contribute to the revival of the language.

• Antharanga an intra-collegiate cultural and literary fest was organized on 9th and 10th of October,2020 through MS Teams. Around 50 students participated in the various events.

• The event, Gandhiyondhige Eradu hejje (A step

with gandhiji) was organized through MS Teams on October 2nd, 2020 with the objective making students aware of the life and principles led by Gandhiji.

• Jeevana Preethige Gajal took place on 21st January,2021. Alla Gururaj, a poet from Kanakagiri of Koppal District was invited to make the youth aware of the importance of humanity and love towards all beings.

• Raitha Samvaadha was organized on 22nd January,2021 in collaboration with NSS and the Student council, in the wake of the Farmer's Bill passed in December.

• On 20th, February 2020, 11 members participated in the fest named 'Isiri' organised by the Kannada Sangha of St. Joseph's College (Autonomous), Shantinagar. They won several prizes in events, such as quiz, wealth out of waste and drawing.

Hindi Parishad

• On 12th September, 2020, the Hindi Department of SJCC organized a Paper Presentation Competition through MS Teams attended by colleges across the country. The 'Education Policy implemented in 2020' was the topic of discussion and debate during the event.

• They organized their annual event 'Indradhanush' on 10th October, 2020. It included various events such as Literary Quiz, Virtual Karaoke and Solo Dancing.

• Sadbhavana Diwas was celebrated to commemorate the birth anniversary of former Prime Minister Rajiv Gandhi and to encourage national integration, love, and peace among Indians of all religions. An essay writing competition, sharing of various videos and photographs were also organized during the celebration.

• The Department of Hindi organised a National Level Inter Collegiate Debate Competition on 10th March, 2021. Around 13 colleges from all over India participated in the event.

• Nakshatra, the annual intercollegiate festival, was conducted on 26th March, 2020. This event provided a platform for students to showcase their talents in the field of Hindi Literature and culture.

• The Hindi alumni get-together named Taare Sitare, was conducted in Xavier Hall on 27th March, 2020. Former students came and shared their memories and life experiences with the club members.

The Debating Society

• The Debating Society conducted an Ice Breaker Session for its members to know each other on 3rd August 2020 through MS Teams.
• The Debating Society had organized an intra-collegiate debating competition "Polemic 2020", for the International Day of Universal Access to Information on 28th and 29th, September 2020 through MS Teams.
• The International Day of Democracy was celebrated by the Debating Society on 15th September 2020 to educate the students on certain situations that our Democracy has faced over the years.
• Rhetoric 2021, an Inter-collegiate Literary fest was conducted on 5th February 2021 through MS Teams. The events conducted included Debate, JAM, Declamation, Extempore, Turncoat, Essay Writing, and Elocution.

Quiz Club

• On August 24th, 2020 the Quiz Club conducted its audition for its new members and 9 students were selected from a total of 29 participants.
• 'SPARK', the orientation session was held on 28th August, 2020. The orientation was steered by Ms. Bharghavi C.S. The coordinators and the Board Members of the club introduced themselves and laid the road map for the upcoming activities.
• The club conducted a Business Quiz event on the 3rd and 4th September, 2020, in collaboration with the SJCC Business Team for the intra-college business fest, Cipher.
• The Weekly Trivia was initiated by SJCC Quiz Club to promote quizzing amongst students of SJCC. Every week, the club would prepare questions and post them on Instagram.
• The Business Quiz of the intercollegiate business fest Chanakya was conducted by the Quiz Club on the 5th & 6th, March, 2021 in collaboration with the Business Team and the Student Council.

Editorial Committee

• The Editorial Committee is an integral part of the college and has been entrusted with several important tasks such as maintaining the college magazine — 'The Blue Chip'. The Committee collect

articles, photographs, art work and are involved in the editing and creative writing process.

• The College Editorial Team maintains the college blog 'SJCC Writes' which showcases the artistic and literary talents of students, and the Annual Report of the institution for the academic year.

• The Editorial Committee (CEC) conducted an online Icebreaker session on 26th September, 2020. This was an introductory session for the CEC members to get to know each other and the ethos of the association.

• Editorial Committee's flagship intercollegiate fest Ellipsis was organized in collaboration with ALMA from 5th to 7th October 2020. The literary fest was well received by the art, poetry and literature lovers in the college. The main theme of Ellipsis was "Screened Lives" and each event had themes that complimented the same.

• A Virtual 'Digital Art and Design Workshop' was held on 6th October 2020 by Ms. Pooja Sreenivasan.

• The annual workshop 'How to Wave the Blue Pencil? Episode 2' workshop on writing, reporting, and editing was conducted on 13th October 2020. Ms. Vismaya was the resource person for the workshop.

Media and Graphic Design Team

• From the beginning of the academic year the media team has provided technical assistance for all live streams, webinars and lectures conducted by the college.

• They provide the images required for Bluechip- the College Annual Magazine and help in designing the posters for various events conducted throughout the year.

• On 19th December, 2020, the Media and Graphic Design Team covered the inauguration of the renovated Loyola Hall.

• They covered the Book Launch organized by Kannada Sangha on 12th January 2021 and the NAAC Peer Team Visit organized on 18th and 19th

April, 2021. The newly constructed Media Centre was inspected by the Peer Team.
• The team also covered various fests such as Revelations, the annual gospel fest, conducted by AICUF and the Women's Day event organized by the Women's Forum on 8th March, 2021.
• The media team also covered "Chanakya", one of the biggest intercollegiate business fests in Bangalore conducted on 4th, 5th, and 6th March.
• On 12th March, The Centre for Social Action (CSA) conducted a panel discussion on "Youth in the time of Digital Activism" with the Media team.

Business Team

• On 22nd January 2021, members of the Business Team participated in 'Manan 21' conducted by Mount Carmel College, Bangalore. Two teams secured the first position in the Marketing event and third in the Entrepreneurship and Economics event respectively.
• Members of the Business Team participated in 'Contingent' on 21st, 22nd, and 23rd January 2021 and the annual Business Fest — 'Prayas 2021'conducted by the Department of Commerce of Christ Deemed to be University.
• One team participated and secured the second in the two-day Fest 'Esprit' conducted by Christ School of Business and Management, Bengaluru on 19th and 20th, February 2021.
• Members participated in the fest 'Cross Currents' conducted by Mount Carmel College (Department of Commerce), Bangalore on 3rd and 4th March 2021. They secured the second position in Finance and Business Quiz events.
• On 15th, 16th, and 17th, March 2021, several members participated in Carpe Diem, a fest hosted by the Department of Business Studies, Mount Carmel College, Bengaluru. SJCC Business Team was declared the overall runners-up of the fest.
• They also participated in Threshold — a management fest organized by the Center for Management Studies on 15th and 16th, March. They secured the second position in the fest.

Department Associations

The Department associations engage students on a wide variety of activities. These associations focus on transforming the classroom knowledge into tools for practical application in real-life situations. They equip students with skills neces sary to support careers in the corporate world. They build confidence among students through their activities that focus on communication skills. These associations also train students to go beyond classroom learning to become self-learners and work towards finding solutions to the pressing problems of the society.

B.Com Department Associations: We Speak, Tech Ally Association, Mainframe Research Forum, Lakshya, Connect Series, community, ComVerse, Colosseum, Erudition Club, Association for Professional Students, B. Com Newsroom.

BBA Department Associations:
Entrepreneurship Learning Initiative, Fountainhead, Josephite Business Club (JBC), E – Series, Project Smiles, Conexus, Leadership Development Cell (LDC), Quest Club, Spotlight, Association of International Management Studies (AIMS),

PG Department Associations : Mavericks, Masterminds, Erudite' s Club, Crescendo

BBA Department Associations Coordinators

B.Com Department Associations Coordinators

Virtuoso – The Libra's Lair

Virtuoso 2021 - "The Libra's Lair", the 18th episode of the B.B.A Department's annual management fest was organized by the Department of Business Administration in collaboration with ISDC. The event was conducted over the span of two days, commencing on 19th, March, 2021 at the campus and at Ritz Carlton on 20th March, 2021. Several rounds around the theme - "Game Theory" were integrated and the events witnessed participation from different colleges across Bangalore. Innovation and acumen were the two pivotal points that every participant was expected to showcase in the event. Christ (Deemed to be University) - School of Business and Management was declared as the overall winners of the fest.

Turas

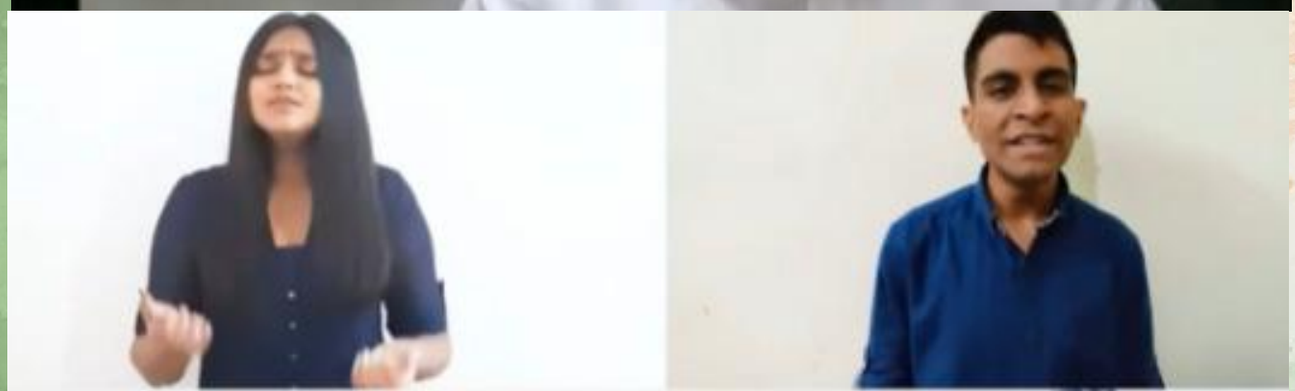
Turas, the B.Com (Travel & Tourism) fest was held on 30th and 31st of March, 2021.The inaugural event for Turas had Mr. Lokesh Bettaiah, the Chairperson from event partner TAAI, delivering a key note address. Mr. Bettaiah also moderated the panel discussion on the first day. Day two of Turas had offline events like 'Pack your culture', travel writing, marketing and Best Manager. Confire Holidays And Events Pvt. Ltd., the event partners, offered internship programmes for the winners of various competitions. Additionally, the hospitality partner, Conrad Bengaluru allotted space for the conduction of competitions like 'Best Manager' at their hotel. Thus, the 8th year of Turas was a successful one with ended with CHRIST UG announced as the over-all winners.

KOLATA

ECO CLUB

Independence Day

The 74th Independence Day Celebration was held online on 15th August. The principal, Rev. Dr. Daniel Fernandes SJ hoisted the national flag. Dr. Rajaram Ramadas, HOD, English Department SJCC, delivered the Independence Day message.



Republic Day Lecture

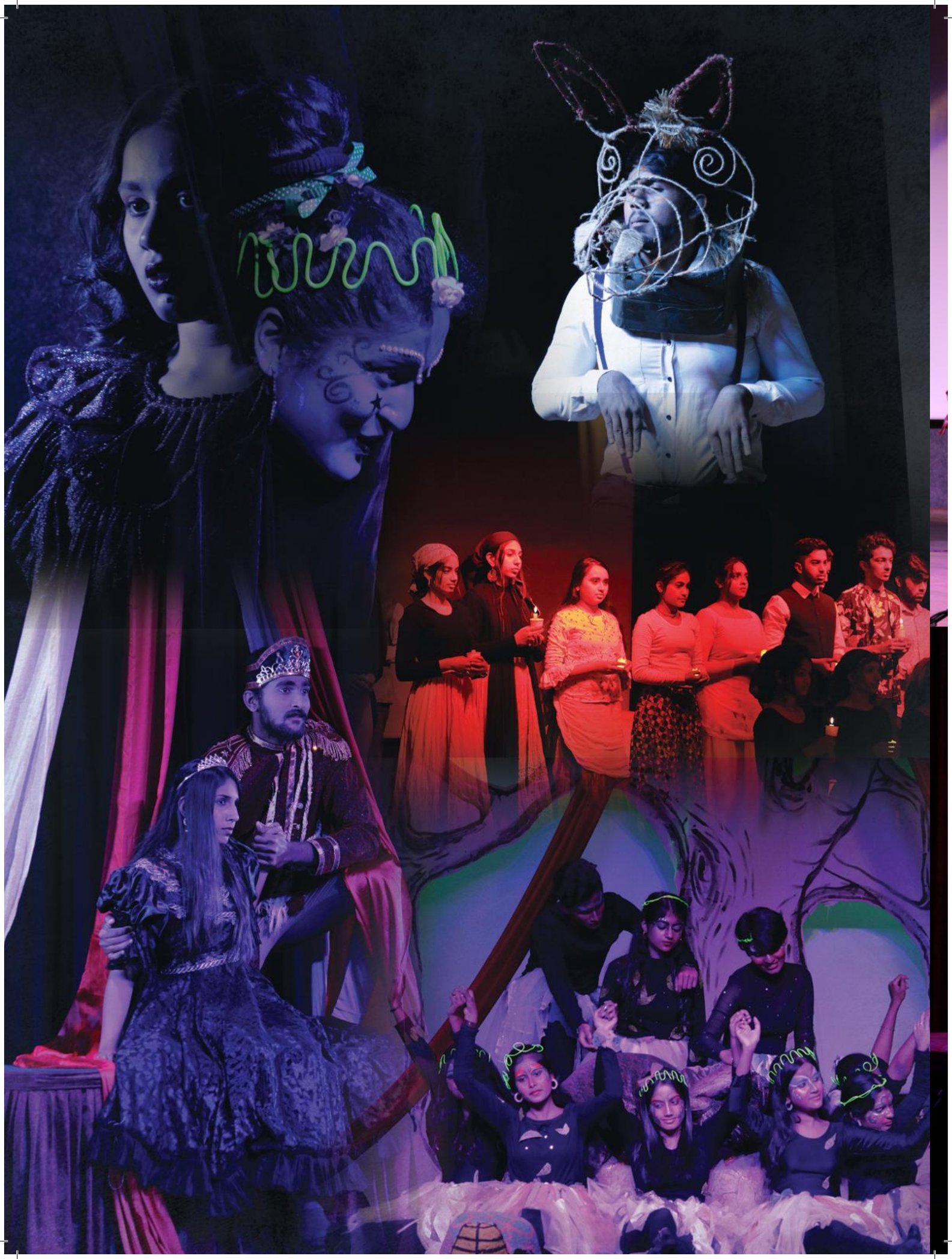
The college organized the third episode of the Annual Republic Day Lecture Series, titled “The Third Decade: New Horizons of Expectations” on 18th January, 2021. Prof. G. N. Devy, renowned thinker and cultural critic was the speaker for the event.

BJES Sports Day

With a view to encourage the Josephite spirit, BJES held the Annual BJES Staff Sports day on 12/01/2021 at SJBHS. Teaching and non-teaching members of the BJES family represented their respective institutions in Cricket, Throwball, Badminton and Group Dance. SJCC participated in all the events and won first prize in Badminton, second in Throwball and Cricket.

49th Annual College Day

The Annual College Day was held on 16th April 20201. Prof. B.C. Vaz was the chief guest for the event. The Principal, Dr. Daniel Fernandes, SJ presented the Annual Report. The occasion also marked the inauguration of Golden jubilee celebration of SJCC.



Enact

The annual theatre festival of SJCC, Enact, was held on 5th and 6th April, 2021, on the theme "Dream". There were two home productions, directed by Dr. T.H. Lavakumar, one in English, an adaptation of Midsummer's Night Dream and one in Kannada, Malla Gimple. Many colleges in Bangalore participated in the fest and St. Joseph's College (Autonomous) was declared as winners.

Eve's day 2021

Associations, Clubs and Outreach Valedictory Ceremony

The formal closing of the Student Council, Associations, Clubs and Outreach activities took place during the Valedictory Ceremony on 12th April, 2021. The programme included delivering the annual reports, speeches by the members of Student Council and other dignitaries, and the handing over of the flag back to the institution. This day marked the culmination of an exceptional journey of the student activities during a challenging time.

STUDENT COUNCIL

ACADEMIC REPRESENTATIVES

CULTURAL REPRESENTATIVES

SPORTS REPRESENTATIVES

LADIES REPRESENTATIVES

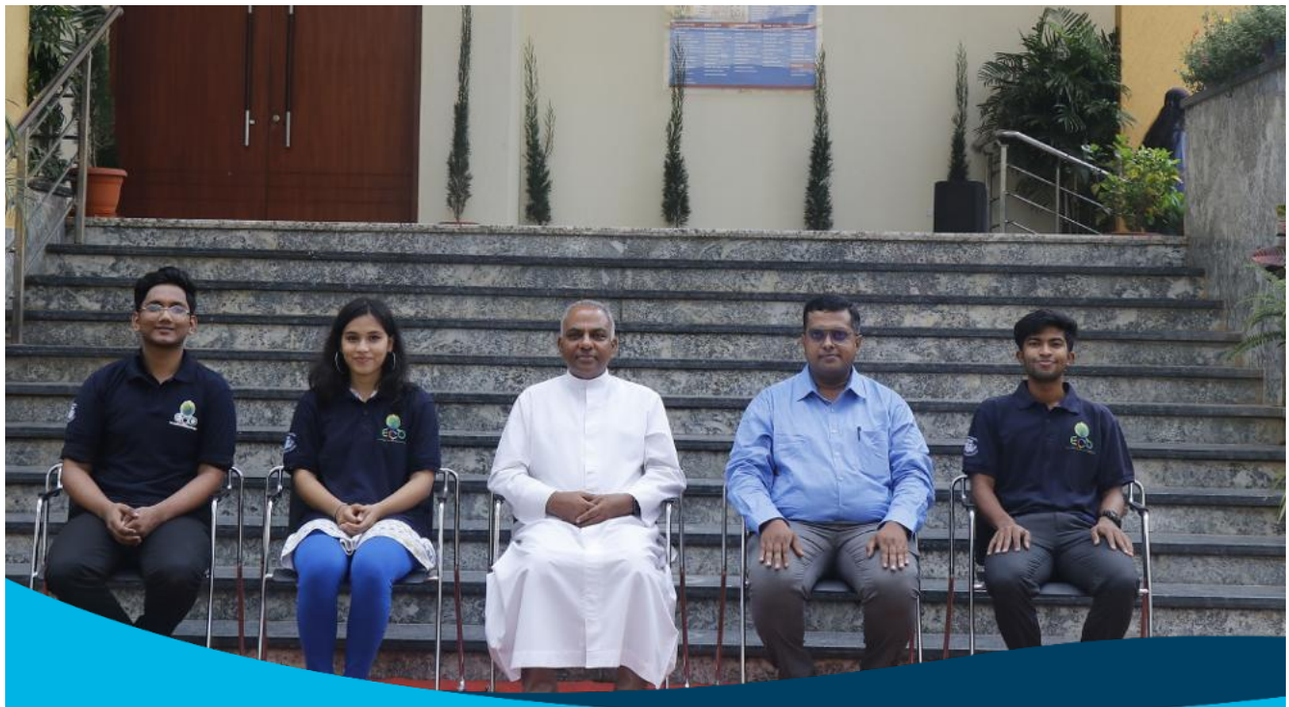
COLLEGE ASSOCIATION COORDINATORS

NSS

CSA

AICUF

ROTARACT CLUB



ECO CLUB

WOMEN'S FORUM

HARMONY CLUB

YDC - YOUTH FOR DEMOCRACY AND CONSTITUTION

E-CELL

FINANCE CLUB

KANNADA SANGHA

HINDI PARISHAD

ALMA - ASSOCIATION FOR LITERATURE, MUSIC AND ART

HASHMI THEATRE FORUM

SERENATA CHORALE – THE COLLEGE CHOIR

DEBATING SOCIETY

QUIZ CLUB

BUSINESS TEAM

FASHION TEAM

DANCE AND MUSIC TEAM

OUTREACH

Old Students' Association: Alumni Engagement

The Old Students' Association (OSA) of St. Joseph's College of Commerce (Autonomous) continued to support the institution by carrying out many meaningful activities and programmes, despite the challenges brought forth by the pandemic.

Curriculum Development

Distinguished alumni of the institution are part of the Board of Studies of the departments and they actively contribute towards the development of curricula. With their knowledge and expertise in the industry, they contribute to bridging the industry-academia gap. They are also part of the Academic Council and Governing Council where all matters pertaining to academics and the administration of the college are discussed and ratified.

Student Activities

Academically, the OSA supports the students through specialised assistance and many scholarships. The association organised a skill-development programme, based on Tally/ GST/ Communication for the final year students. The programme, costing about two lakh rupees was fully sponsored by them and it benefitted 50 students. They also conducted a mentorship programme for the students, collaborating with the Incubation Centre of the college, and invited experienced professionals to mentor and encourage the budding student entrepreneurs. Along with these they also conduct quiz and debate competitions to motivate students; organize talks and guest lectures for the students and offer support to the Innovation and Incubation Centre by way of mentoring student entrepreneurs

Financial support

During their 45th get-together, the batch of 1973 initiated a Corpus Fund (of one crore rupees), along with Mr. Irfan Razack. The 1979 batch (with Mr. TV. Mohandas Pai) has also started the OSA Corpus fund and contributed one lakh toward the same.

This academic year, the association offered scholarships worth Rs. 11.1 lakhs to 104 students from economically-challenging backgrounds.

SJCC Alumni Association Award for Excellence was also given by them, to three students of the graduating batch. They gave the Alumni Award for Good Leadership, in Memory of Rev. Fr. Sebastian Fernandes and, the Jimmy Anklesaria Award, as a way of honouring the students with outstanding marks in English.
Additionally, they contributed sanitizers stands to the college, and raised Rs. 1, 00, 000 to support the Covid-19 relief activities of the institution.

Magis Award

Continuing the tradition of honouring the talented alumni through the Annual Magis Award Ceremony since 2019, this year the OSA presented the Magis Award for Lifetime Achievement to Mr. Anil Aldrin and Mr. Dilip Surana. The Magis Award for Significant Achievement was presented to Mr. K. Raghu and Mr. Vikash Goyal. The association also honoured the young cricketer, Devdutt Padikkal with the Special Recognition Award considering his outstanding contribution to cricket.

Other significant activities and contributions
The OSA has contributed significantly to the college through many other means. They installed the Office Bearer's Wall of Fame, to honour all the former Principals of the college, and Presidents, Secretaries and Treasurers of the Councils since 1972.
Celebrating with the college despite the pandemic, the association gifted each staff member a tote bag imprinted with the SJCC logo, and filled with goodies for Teachers' Day. They also introduced Welcome to the OSA in 2020 — a programme to formally welcome the members of the graduating batches into the association. The OSA also organized a farewell programme on the 19th of December, 2020, to honour the service of Mr. Cruz, the Maintenance Officer of the college, on the occasion of his retirement. They organized a Eucharistic Celebration to observe the Year of St. Joseph on the 21st of March, 2021, and Fr. Eugene Lobo, Fr. Leo Francis, Fr. Bala, Fr. Arun, Fr. Daniel Fernandes and Fr. Denzil Lobo were invited to join the celebrations.

The OSA showed its active involvement in the college during the NAAC Peer Team visit, where representatives from the OSA, including Mr. Salil Shetty (winner of the 2020 Magis Award) were present for the interactive session with the team on 18th February, 2021.

Thank you for your
years of dedicated

Angels we have heard on high,
Sweetly singing o'er the plains,
And the mountains in reply,
Echoing their joyous strains.
Gloria, in excelsis Deo (2)

Christmas celebration for staff and family, and the inauguration of the renovated auditorium (Loyola Hall) was organized on 19th December 2020. The institution felicitated Mr. Anthony Cruz on completion of 40 years of illustrious service in the institution. The newly married couples were also felicitated on the same day.

Library and Information Services

The library at St. Joseph's College of Commerce worked actively throughout the academic year, as research scholars and students were encouraged to access all the available academic resources online. Archived digital academic resources were made available to students.

IT Infrastructure

The institution on a regular basis upgrades the technological facilities in the college. The technological advancements adopted by the college during 2020-2021 are: upgradation of Internet Leased Line to 350 mbps from 150 mbps, increase in Wi-Fi access points to 28 from 20, 40 desktop systems have been upgraded to i7 10th Gen, procured three i5 and one i7 laptops, procured Orell language lab software, procured smart projector for Loyola Hall, upgraded the existing and added new CCTV cameras, procured office 365, and revamped the college website.

Advancements in the Enterprise Resource Planning

The ERP department of the college ensures a seamless experience for students during this academic year by adopting the following changes.

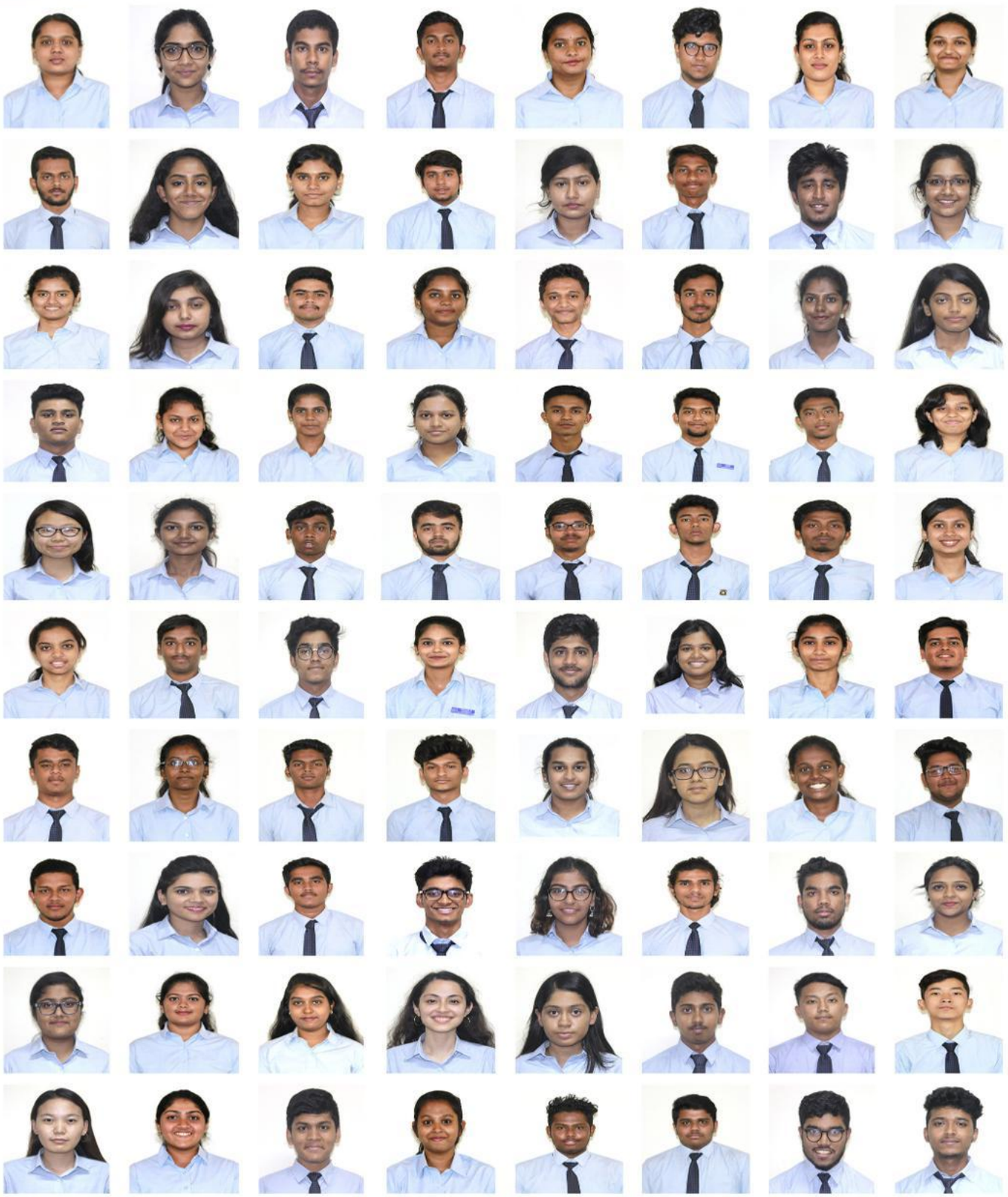
a) Online exam module introduced for CIA, ESE and Supplementary exams
b) Provision for additional reports
• Result Analysis report: Aided/Unaided, Gender wise, Batch-wise
• Result Analysis Statistical Report: Religion-wise, Category-wise and Course-wise
• Changes to reports provided Multi selection for Batches or semesters to generate Subject Toppers, Top Rank and Result Analysis.
• Convocation report
• Batch-wise report
c) Complete automation of admission process: The admission process has been completely automated through the Linways ERP system including the fee payment.

Outgoing Batches
2020 - 2021

III B.Com A

III B.Com B

III B.Com C



III B.Com D

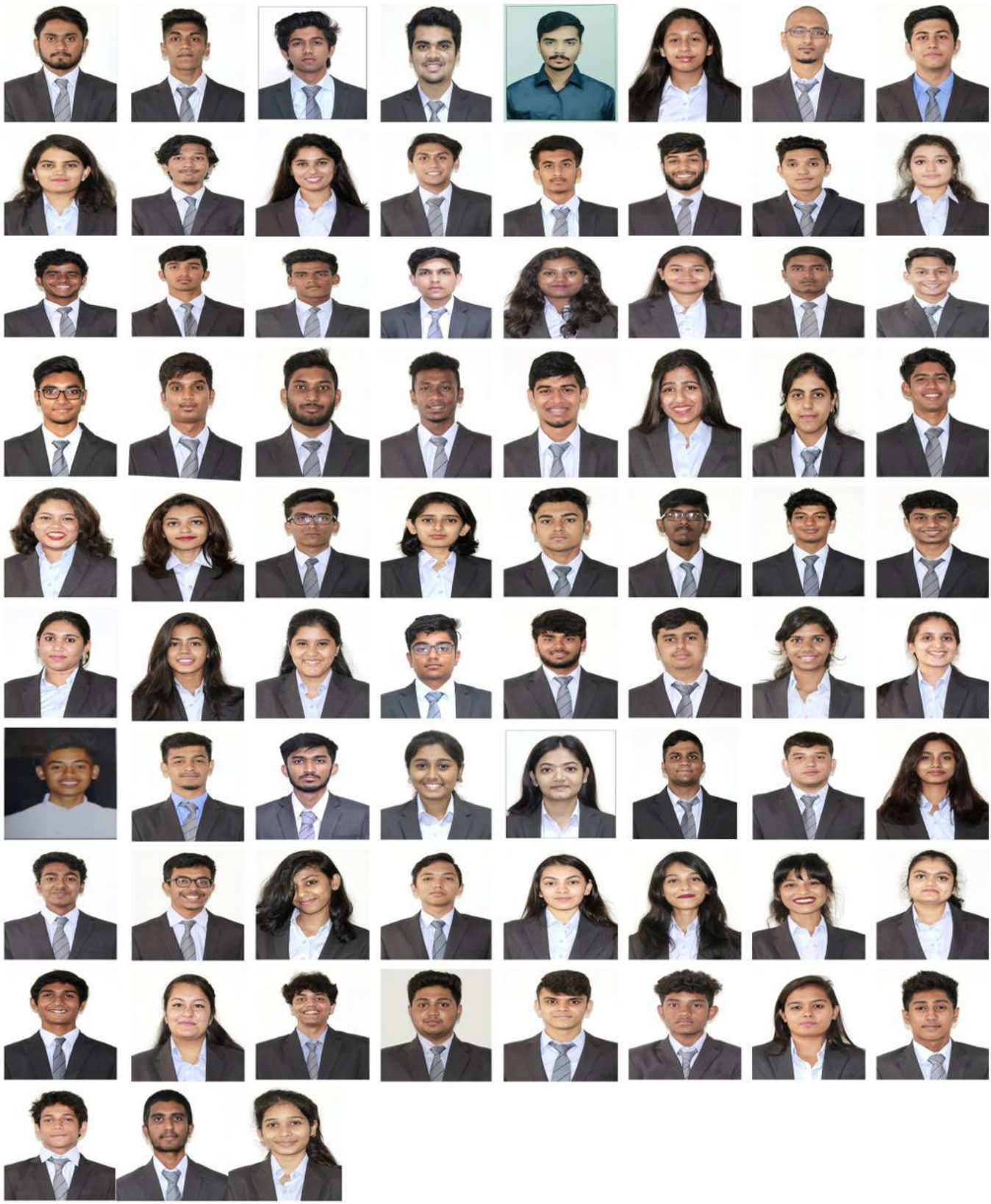
III B.Com E

III B.Com F

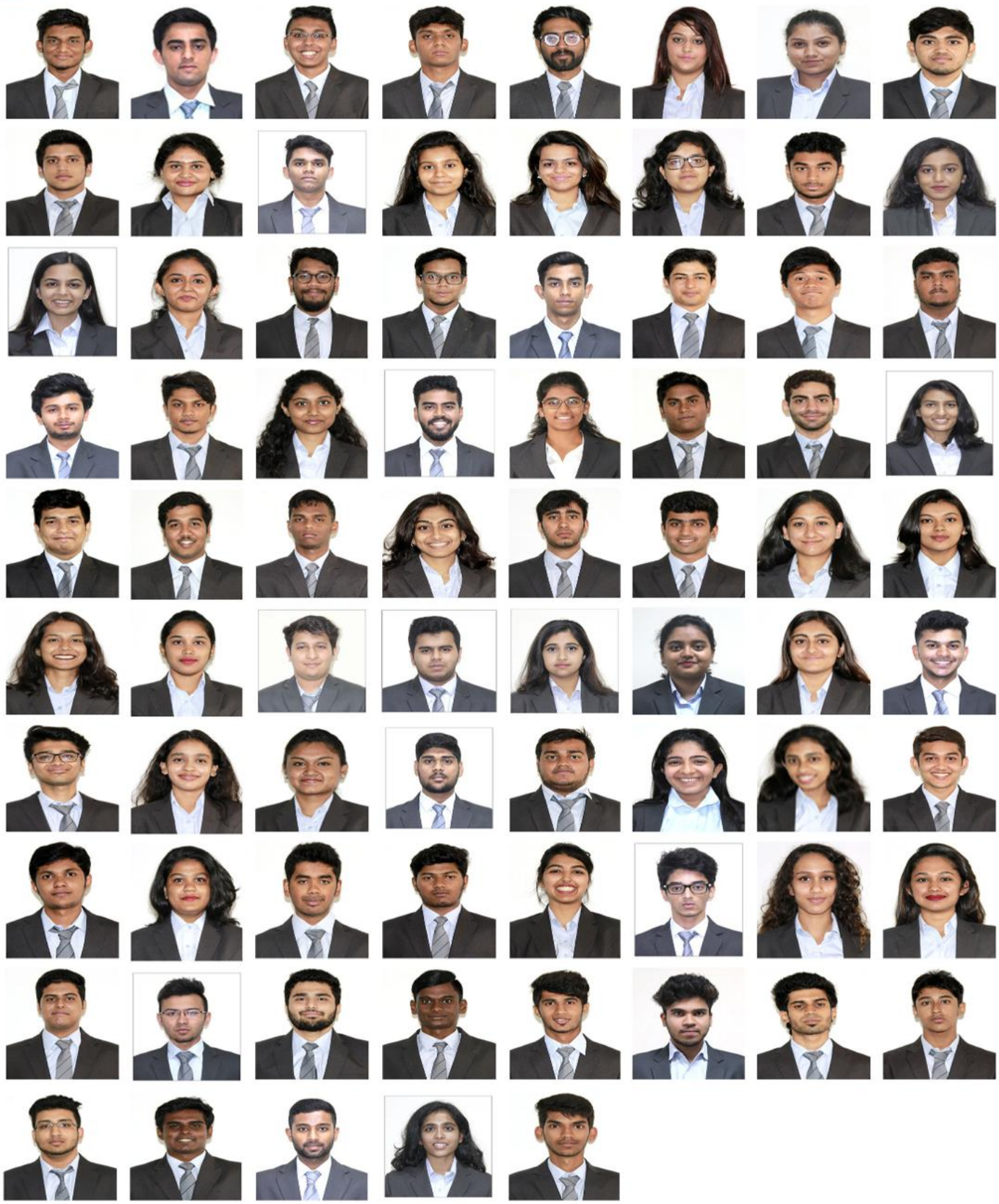
III B.Com G

III B.Com H

III BBA A



III BBA B



III BBA C

III BBA D

M.Com

M.Com FA

M.Com IB

Sports Report

SJC
SFGC
SANJANA
6
SFGC

The Sports Department of the College witnessed a very unusual year, due to the unprecedented scenario brought forth as a result of the pandemic. Despite the situation, the department strived hard to give the students the same number of opportunities that the department always offers. A report of the activities and events that took place during the academic year 2020- 2021 on campus and online is given below:

A) Online Events/ Activities

Sports Quota Admission

The sports quota admission for the year 2020-2021 followed an online procedure due to the given situation. The department, through a well-designed selection process filled the vacant positions in the respective teams.

The selection trials of BBA, B.Com and M.Com classes required interested students seeking admission, to submit their documents and achievements on an online platform, which was then scrutinized by the Sports Director and Coaches, to admit students on the basis of sports merit for the year. Students registered for the sports quota admissions in various disciplines were considered based on their individual sports merit, to strengthen the sports teams for the year 2020-2021. The selected sports persons were given academic percentage concessions during the admission process.

International Yoga Day

The Sports Department kickstarted its activities for the academic year with World Yoga Day on 21st June, 2020. Students sent in videos of them practicing meditation and emphasizing on its importance during the crisis.

College Sports Co-Ordinator and Sports Representatives

Mr. Sherwin Darryl D'Souza of III BBA 'B' was unanimously elected as the Sports Co-Ordinator in the 2020-2021 Student Council Elections. At the same time, each of the 36 classes elected a Sports Representative to ensure that all the activities of the Sports Department have active participation from every class.

The Stay – Fit Program

Stay – Fit was the first initiative of the academic year 2020-2021. The programme was conceptualized to give students an opportunity to keep themselves fit. The sessions took place thrice a week, Monday, Wednesday and Friday. The sessions were based on either strength, conditioning or yoga.

200 students registered for the programme and the first session was conducted on 24th August. The programme concluded on18th September 2020.

The September Sports Gala

The September Sports Gala was the college's first fully virtual sporting experience. The month witnessed tournaments of popular online games. The fest also had fitness challenges like the 'No Excuses Challenge' in which 380 students participated from 36 different classes. The second edition of the challenge was open to the alumni and various colleges in Bangalore.

The SJCC Fit Camp for girls was conducted on 8th and 9th of September, which saw 33 girls competing against each other for the title 'SJCC's Miss Fitness'. The SJCC Fit Camp for boys was conducted on 28th and 29th September.

The September Sports Gala Schedule

SL NO	GAME	DATE (SEPTEMBER)
1	Chess	1st & 2nd
2	Call of Duty	5th & 6th
3	The Fit Camp (Girls)	8th & 9th
4	Ludo	11th & 12th
5	8 Ball Pool	15th & 16th
6	No Excuses Challenge I	17th
7	FIFA	19th & 20th
8	Carrom	22nd & 23rd
9	No Excuses Challenge II	24th
10	The Fit Camp (Boys)	28th & 29th

SEPTEMBER SPORTS GALA WINNERS LIST

SL NO.	Game	Category	Winner	Runner-Up	3rd place
1.	Chess	Mixed	3 BCOM C (Sanathana. K)	3 BBA A (Rajat Gupta)	1 BCOM B (Shravan. S)
2.	Call of Duty	Mixed	3 BBA D	2 BBA D	2 BBA C
3.	Ludo	Girls	1 BCOM H	2 BBA B	2 BCOM A
4.	Ludo	Boys	2 BBA C	3 BBA C	1 BBA B
5.	8 Ball Pool	Mixed	1 BBA D (Keshav. D)	3 BCOM D (Dennis. A)	2 BBA B (Nikhil. R)
6.	FIFA	Mixed	2 BCOM B (Aldrich. J)	1 BBA D (Nabeel. N)	1 BBA C (Nitin. J)
7	Carrom	Girls	2 BBA B	3 BCOM F	1 BCOM A
8	Carrom	Boys	3 BCOM F	2 BCOM A	2 BCOM C

9	Fit Camp	Girls	3 BCOM B (Muskaan. S)	3 BBA D (Sharanya. M)	2 BCOM F (Tanya. G)
10	No Excuses Challenge I	Girls	2 BCOM H (Melissa D)		
11	No Excuses Challenge I	Boys	2 BBA B (Qasim A.)		

Online Interclass Tournament for Postgraduate Students

Interclass tournament for was conducted for postgraduate students in January, 2021. A total of 6 classes participated in the following events i.e., Chess, Carrom & Ludo in which both men and women took part representing different categories. The following students were declared winners: -

SL NO.	Game	Category	Winner	Runner-Up	3rd place
1.	Chess	Mixed	Bibey Thomas (2 MCOM IB)	Faiz Ahmed (1 MCOM REG)	Tsering Paldon (1 MCOM FA)
2.	Ludo	Men	2 MCOM Reg	1 MCOM IB	1 MCOM Reg
3.	Ludo	Women	2 MCOM FA	1 MCOM Reg	1 MCOM FA
4.	Carrom	Men	2 MCOM IB	2 MCOM Reg	2 MCOM FA
5.	Carrom	Women	1 MCOM IB	2 MCOM Reg	Nil

Beyond the Field: A Sports Podcast

'Beyond the Field' was launched in August with the intention of bringing out stories of athletes, their work ethics, lifestyle and stories so that they can inspire others and entertain the listeners. This also helped students to know about the sports events conducted in the institution as these episodes were released on Spotify and Apple podcasts.

B) Offline Events/ Activities

College Sports Team Selections

In February 2021, the consolidation of the selection process was carried out by conducting internal selection trials for 15 college teams and other individual sports events. These sports selection trials also gave an opportunity to the students admitted based on other merits, to participate in college sport selection trails. Nearly 600 students had registered for these selections and by mid- Feb, the 15 various sports teams and the individual sport events were finalized through a meticulous selection process. With that, the sports teams of St. Joseph's College of Commerce were selected for the academic year.

Interclass Competitions

The offline events finally started on the 8th March after almost a year's break. The events were conducted, following all safety protocols amidst the pandemic. 38 classes in total, participated in 8 different events for men and women. A year-long wait brought a lot of joy and happiness back on campus.

INTERCLASS WINNERS LIST 2020-21

SL NO	GAME	CATEGORY	WINNERS	RUNNERS UP	3RD PLACE
1.	Table tennis	Mixed doubles	1 BBA A	2 PG	3 BCom A
2.	Volleyball	Men	3 BCom G	2 BCom H	3 BCom C
3.	Basketball	Men	2 BBA A	3 BBA A	3 BCOM F
4.	Basketball	Women	1st Year	2nd Year	-
5.	Cricket	Men	3 BBA A	2 BBA B	3 BCom A
6.	Throwball	Women	2nd Year	1st Year	-
7.	Hockey	Men	1 BCom F	1 BCom H	2 BCom H
8.	Football	Men	3 BBA A	2 BCom F	3 BBA B

Achievements Galore: Feathers in the Cap

Devdutt Babunu Padikkal of 3 BBA 'A' has a number of achievements including the highest run-getter for the Karnataka Premier League, the Vijay Hazare Trophy and the Syed Mushtaq Ali T20 Tournament. He is also the highest run-getter for Karnataka in the Ranji Trophy.
On 21st September, Devdutt Padikkal made his debut for Royal Challengers Bangalore in the Indian Premier League 2020, scoring 56 runs of 42 balls. He was awarded the Power Player of the match, on a few occasions.

Shubhang Hegde of 2 BBA 'A' represented Karnataka in the Syed Mushtaq Ali and Vijay Hazare 2021. He was also a selected net bowler for Royal Challengers Bangalore in the 2020 season.

The following Students Represented University/State/India 2020-21

Sl No:	Name	Class	Game	Representation
1.	Devdutt Padikkal	III BBA B	Cricket	Karnataka State – Syed Mushtaq Ali and Vijay Hazare 2021. Royal Challengers Bangalore – 2020 IPL.
2.	Shubhang Hegde	II BBA A	Cricket	Karnataka State – Syed Mushtaq Ali and Vijay Hazare 2021.
3.	Kavya. J	I BBA A	Table Tennis	Kerala Table Tennis Tournament 2021- Women's singles – Gold Youth singles – Bronze
4.	A R Rohit	I BBA A	Athletics	Karnataka State Junior Athletics Championship-Under 20 Event: 5000 meters 3rd Place
5.	Keith Rasquinha	1 BBA B	Kickboxing	12th Karnataka State Cadet Junior Kickboxing Championship-57Kg Weight Category – Gold.
6.	Sanjay. R	1 B.Com H	Boxing	Karnataka State Boxing Championship Category Junior Section 70/75 Wt Category- Won Gold medal

Sports Department and Coaches

Captains and Vice Captains

Cricket

Basketball, Men

Football, Men

Kabaddi

Hockey

Tennis, Men

Table Tennis, Men-Women

Throwball, Women

Basketball, Women

Badminton, Men & Women

Other Games

A pen for your thoughts.....
Creative writing
English, Kannada & Hindi

Around Me

Land ravaged by angry flames
of the burning funeral pyres.
Questions asked,
warnings ignored,
innocent blood spilt over
innocent lives lost.
And those answerable are
hidden away in deep burrows,
only deepening their pockets.
And at the end,
greed seems to have won again.

Meenakshi T
3 B.Com E

High Hopes

I write to affect
And I write to change
Not the journey from right to wrong
But whatever goes awry along the way.

Here we fight to be heard
These words could leave a mark
But you'll put out the dying flames
And call it another day in the dark.

"She won't even know,
It's just a bit of fun,"
That playful attitude
Makes rape culture seem like it won.

In a world of excuses
The offender defends the weak-spined
You will always blame the fire for being too hot
Rather than the fuel that brought it to life.

Think of the last time I fought back
With or without you, we stood up for our own
The war stretches farther than we ever could see
And as usual, all you seem to be offended by is my tone.

I just hope you'll see our little victories stand tall
Bolder than we ever thought we could
We don't need a locker room to feel like women
Any more than you ever should.

Shagun Bopaiah
2 B.Com C

The Way of Life

When the going gets tough, the tough get going.
Why do we look back, look at the days when our weakness was showing?

Do we let the past pave the way for a better present?
Or do we just dwell on the bad times to make the good times actually seem pleasant?

Our minds are trapped in a vortex of delusion,
Stuck in a well of conspiracy and deceptive illusion.

All we can do is live a day at a time,
Eventually, it all ends the same, it doesn't matter if you've got a dollar or a dime.

Someday we know we'll find our way out from these temporary pleasures,
Only to realize we've been living a lie,
where life actually begins after death, with the greatest of all treasures.

Dan Lobo
3 B.Com B

The Cruel World

This world is cruel filled with slanderers,
But there's nothing we can do, no one really cares!
People would feud more and try to bombard you;
You better act wise and just progress!
This vicious world just wants to forbid you,
Just try to aggrandize but don't demur.
Getting abused for being different from the rest;
Still, you gotta be genuine and stay sated!
For the world you seem no smarter than a flea!
But don't really care, cause there's nothing to gain.
The cruel people just wanna tarnish you,
Better don't be vague just be more selfish;
This cruel world is made for strangers to meet!
Where voices are screeching and fingers pointing;

This seems like a prison where nobody can escape!
Where the blame is crushing and guilt haunting.
All this looks too satiric; cause
We are just continuing our ancestors' lives;
Where they need us to fulfil land just populate,
Without being ourselves just copying them!

Rakshitha GN
3 B.Com G

Learning Online - Fun Facts

"Life will give you whatever experience is most helpful for the evolution of your consciousness." Eckhart Tolle

Who knew we would find ourselves in the middle of a pandemic? Who knew we would have to slowly transition into using the virtual world to move ahead in life?

The COVID-19 pandemic has made a major impact on the academic year for students around the world. The pandemic has spurred thousands of educational institutions to close worldwide. It has also resulted in a mass transition to online education through Zoom, Microsoft Teams, and the like.

The pandemic has made the virtual world more real than ever. It has opened up new avenues of learning and brought education closer to learners. Students now find it more comfortable compared to the strict schedules and long-distance commutes to attend classes.

Using the internet for online learning is a big challenge. Access to online learning spaces continue to be a roadblock for the rural Indian population. Interrupted power supply, weak or non-existent internet connectivity, and lack of money to buy the required devices are some of the major concerns.
As much as I am saddened by the fact that I cannot attend college offline, I do enjoy online classes through MS Teams. I love waking up five minutes before class and taking advantage of the extra sleep. There is always someone who forgets to mute their mic. It is extremely entertaining to hear their conversations. Every time, I have to control my laughter when they are yelled at to mute their mic. It also makes me anxious and check if my mic is on. Many offer silent prayers to avoid being called out by teachers during class.

Online education opens up several possibilities for students and teachers alike. Humans are resilient. We can learn to survive in a new normal if we have the mindset and the resources we need to adapt.

Hannah Patrao
1 B.Com D

Empathise, Learn, Become, But First, Breathe!

An unbearably loud-beeping forces me out of my deep slumber. With eyes half-closed, I reach out to my laptop, clicking the big button that reads "Join Meeting". I lazily check my phone to make sure the alarm for my next class is set before pulling up my blanket over me and falling right back to sleep, the voice of my teacher almost like an unusual lullaby.
Sounds familiar, doesn't it? Sadly, this is what has become of education today.

The Covid-19 pandemic has impacted the world drastically, not sparing the education sector. With ever-advancing technology, being able to move classes online proved to be easier than one would have thought. Although, teachers with limited technological experience would say otherwise.

At the start, I was thrilled with the idea of having online classes. Not only would I have access to the class recordings to watch whenever I wanted, but I would also have so much more free time. This would definitely help with my learning and productivity, right?

Well, apparently not. Online classes proved to be more of a bane than a boon

.
It has made students more lackadaisical. With constant "technical issues" and social media apps

begging to be looked at while classes are going on, there's hardly any actual learning. Students join classes for their attendance while teachers rush to complete their portions. The joy of learning is lost. To top it all, we have no social interaction outside of our homes. Not to mention how taxing it is on one's physical and mental health with a deadly virus around.
In the last few months, when things have been worse than they've ever been, one begins to question the importance of learning online at all. An assignment overdue seems almost too trivial when loved ones are at the brink of death.

With the pandemic having drained us to this extent, one could ask if it is for the better to call off online classes altogether. Would that be wise though, not knowing how long this pandemic would last? It is rather a task to postpone the lives of students.

We must also take into consideration the livelihood of teachers, who do their best to inculcate in students lessons as effectively as taught in offline classes, despite all the obstacles that come their way.

So, what can we do in trying times like these? How do we make learning online more effective? At the very least, we could be understanding. Listening to the teacher in class, forgiving a late submission, helping each other in dire times. It's the small things we do that make a big difference. And if there's anything that I've learnt during this pandemic, it is the importance of empathy.

Deanne D'Lima
1 B.Com B

Home Again

I left home with two suitcases and a bag full of every possible thing I would need for a year's stay. Of course, I never knew these would be the only things that would bind me to my old home. Things went downhill since the pandemic. Changing cities and moving states couldn't find me my "home".

Daily chores are done but in a different environment. Your old neighbors aren't your frequent visitors anymore. People, places, and things look the same but they seem different. The clothes smell different. The food tastes different. You don't seem to be acquainted with the streets. Oh, and the cars don't drive on the left side anymore. It's all quite distorted but then you find peace and nostalgia thinking of home.

Saying "I got to go home early" sounds weird to the ears. Spending every single day with your best friend has become a once in a blue moon thing. The time lag makes it all the more difficult to stay connected, as your evenings are their mornings. All through this, you try to survive by making new memories so that you can erase the stories of homesickness. Days of uncertainty make it seem like they would never lift the restrictions on the travel ban.
It's been over two years now and all that I am clinging on to is the hope that one Christmas, I would have a mug of hot chocolate as I watch my parents work at the barbeque while my brother puts up the Christmas lights at my home - the one that I would wish for, over and over again.

Steffi Mary Joseph
1 B.Com A

And here we are despite it all

The Covid-19 pandemic hit us hard and right where it would hurt the most, and I don't think it's safe to say that we are recovering from it given the current situation. I feel like I've been a victim of a brutal mugging where I wasn't robbed off of my belongings but my freedom. I bet if Covid-19 had a face, it would still be smirking over my body lying on the pavement. The Covid-19 pandemic has had a sudden and deep impact in many areas of life like work, leisure time, family alike. These changes have affected educational processes in formal and informal learning environments but luckily, we are humans who have adapted to "change" for millions of years. However, the necessary means to change are not available to everyone. While the rich "suffered" it was the poor who "lost" in this bio-war.

The main issue of the pandemic was the stopping of daily life activities and one such activity was going to school.

The cease on institutional education was the one which had us all worried. How could we impart education to children without risking their lives? Thanks to the digital age, we can now carry that out with relative ease. Millions of students turned to their computers and laptops for learning and sharing. Now we had a solution to our problem but to apply it across the world was a challenge because teachers had to teach via technology instead of the traditional classroom setup. I feel, as a student taking part in the home learning programme, online school was difficult and rather confusing to adjust to as we were not prepared beforehand.

Normal classes may have been difficult but having friends and socializing would have it so much more manageable. However, online classes rips the fun right out of it. With the added benefit of home learning comes the disadvantages, students have increased workload and assignments than usual, deteriorating mental health due to no social interaction and despicable use of internet connection. Teachers struggled as well, they had to cope with the new change which seemed so challenging and difficult, but I'd like to think they came through for us despite the strenuous hours and screen time. The presence of Covid-19 will definitely change education in the future, seeing that we must be able to adapt and work with any kind of reason and situation.

Gaurav M K
1 BBA A

Weighing the World, One Spoon at a Time!

Wow, I can't believe it's already been a year, and I'm through with my first year of college in a wink. It's been unreal! This tough and unprecedented pandemic called for an online mode of education which was completely alien to us. There was no way out of this quandary but for the masses to accept and live with it. These extraordinary circumstances have engulfed us and we have had to take the rough with the smooth of this new normal for a whole weighty year.

When virtual learning was in its embryonic stage, I was full of excitement and curiosity to experience education through the online mode. However, as time passed, it started to turn extremely tedious and most of us started to cave in. It's hard to debate over its pros and cons. It makes use of all possible latest technological applications for a better learning experience, it provides a one-on-one experience to the students, and is an easy road to provide the students with inexhaustible study material, it is incredibly laid back and provides us with an opportunity to learn in the comfort of our homes.

In a few circumstances, the atmosphere at home could be very hostile which was escapable then but now forced to live with. There's no face-to-face interaction, no way of reading each other's facial expressions and reactions, just blank screens, which makes it all the more challenging for the teachers since they wouldn't know if they've got their ideas across. This mode of learning has innumerable distractions. The classes go on in one corner of the room, and we in the other, are glued to our phones checking texts, scrolling through Instagram, Twitter and every possible social media platform. If ever our names would be called out, we knew we would be pinged at once so there wasn't a single worry in the world. We know for a fact that this will only affect us immensely the next couple years since our basics won't be strong enough, this will only make it tenfold harder to confront the reality later. All this is bound to have an impact on us teens who seek growth and development, to have an undefined status and try to find ourselves.

This can't be achieved through the jagged virtual learning experience, however, there have been various initiatives taken by the college to organise fests and programmes, which although online, can help amass learning experiences and face our fears to a certain extent. Most importantly, we are missing out on our much-anticipated college lives

that we've all looked forward to forever. The three most exciting, challenging, fun-filled years are being taken away from us.

Every single one of us has gone through, and is still going through a lot during this rough patch which makes it all the harder for us to focus. All of us are locked within the four walls of our rooms, let alone homes, devoid of any sort of social interaction, lacking the interest to do just about anything, churning a perfect recipe for multiple mental health issues. These dire times have brought out the importance and need for mental health and well-being, something that has been overlooked for quite some time now.

Though it's been a year, most of us still haven't gotten completely used to it. It's a whole new experience for us which is challenging just like the times we live in. We have got no choice but to adapt and try to use every possible avenue to grow and become better versions of ourselves. I wish it hadn't come to this. All the expectations I had had, the memories I thought I would make, the moments I would cherish but that just wasn't meant to be.

Rohan Koshy
1 B.Com B

Of Moral Superiority and Such Skewed Presuppositions

Many western authors and thinkers hold the opinion that the western way of governance and 'liberal' values are superior and more effective for an orderly society. I argue that this could not be further from the truth as we see what their liberal society has begotten. Adultery, abortion, drugs, gun violence, incarceration rates are the highest in America, the country that most vehemently advocates the so-called aspirational freedom. This supposed superiority of theirs' also entitles them to wage wars in the guise of freeing the 'oppressed'. The whitewashed think tank also makes the claim that the people of West Asia suffer from a certain inferiority complex to the western value system which apparently contributes to their non-acceptance of it. Of course, I disagree. King Faisal in 1973 shut down the world's oil supply, effectively bringing the West to its knees. America's oppression and support of Israeli persecution had made King Faisal take such action and I quote him here: "you are the ones who cannot live without oil. You know, we come from the desert and our ancestors lived on dates and milk and we can easily go back and live like that again." Following this, he was assassinated by his own nephew in 1975 with no prize for guessing whether he was a pawn or not.

Sociologist Anthony Giddens said that de-traditionalization is a consequence of globalisation and I couldn't agree more. This is mostly an influence of the west and not something innate, we doubt our traditions and moral values while putting on a pedestal the white man's. The west and its white people have historically considered themselves biologically superior as we've seen with the evil of slavery. Now slavery is just subtle and comes across as modern or forward-thinking that they supposedly possess. If we do not adhere to their moral systems or values, we are considered to be backward all of a sudden. Their double standards are evident. There was a huge outcry in Texas over a law for parents of trans children being liable to charges if they were supportive of their children being trans and having them undergo hormone therapy, the children would be taken away from the parents. In contrast, Bill 89 in Canada takes children away from parents who are not supportive. The hypocrisy is immaculately practiced and my disappointment is immeasurable although it is not surprising. Penny Nance, CEO and President of Concerned Women for America, once said that the Enlightenment gave way for moral relativism and moral relativism led to the holocaust. Anthony Pagden, author and professor of political science and history, holds cosmopolitanism above all. Where he gets his belief, in humanity's or the world's leaders' integrity I do not know. Pagden argues that a Europe without the enlightenment and one with the Ottoman empire would have been one with the death of civilization. The Ottoman empire was a bastion of civilization and progress. In this day and age, the propagation of 'liberal' principles to the point where everything else is backward is being

forced down everyone's throats. Having subjective principles themselves to claim moral superiority is laughable. When morals are brought into question, from the average atheist's point of view, my opinion should be respected just as much as yours and my values imposed upon my progeny by me, just as you impose your values upon yours. This is the way of life for their own opinions are formed when they grow up. This is the nature of upbringing and everyone imposes upon their children what they believe is right.

Nihad K M
2 B.Com A

Would Our Souls Light up the Sky?

Often in history, we come across extraordinary individuals- those with a spark of brilliance, skill, personality, leadership, or even madness.

Thomas Edison gave the world its first 'spark' in the form of a simple, albeit complex- electric bulb. Mahatma Gandhi shared his spark through his unique idea of civil disobedience. To add to this list, there is an array of people ranging from George Washington to Nelson Mandela, William Shakespeare to Harper Lee, and Mick Jagger to Miley Cyrus. Yes, this world is not with a paragon of people, but a paragon of humanity. The term itself is so vivid and incompressible that its very essence is lost in ourselves.

Sometimes I sit and wonder where these people get their ideas and innovations from which certainly prove that it is better to light a candle than to curse the darkness. Without them, and their inspirations the world would be a different place. What kind of a place would the world be if everyone just sat back and cursed the current state of affairs not only in society but in individuals too? Our education system would be just a blasphemy of ideas without any action taken to put those ideas into practice.
The basic source of all 'light' in this would be…….. well, us! Or to be more specific - our brains and bodies. Could it be that there exists some supreme power that controls and regulates all this in the universe? Or does it come from the very core of our souls, through our hard work and effort? Could it be that these sparks are giving birth to a newborn and nurtured thought throughout life?

Maybe it's intuition because some things you just don't question. The inspiration one draws from a pool of knowledge just seen could bring light into this darkness. Maybe all the light in the world just exists, waiting for someone to snatch it from somewhere where it's held prisoner.

Sometimes on a starless night, I wonder what happens if no one contributes to light that flame and keep it alive. What now? Is all hope for humanity lost? Or could it just be temporarily drowned by darkness, so it can surface brighter than ever in a little while?

We all live in fear that all the stars that knit this blanket of darkness together will suddenly disappear. Does darkness then collapse on us and leave us for the worse?

No, we must light this candle for humanity, instead of sitting back and cursing the darkness for a good today, a better tomorrow, and a magnificent eternity. FAITH and TOIL remain the key for this generation and I sit here and wonder…

Yes, I sit here and wonder while I look outside, as darkness rests on my window: if we turned down the lights in the world, would our souls light up the sky?

Sheril J Agnes
1 B.Com C

ಸಹಬಾಳ್ವೆ

ಭೂತಾಯಿಯ ಮಕ್ಕಳಾದ ನಾವು
ನಮ್ಮೆಲ್ಲರ ನಡುವೆ ಸುಡುತಿದೆ ಜಗಳದ ಕಾವು
ಧರ್ಮದ ಹೆಸರಲ್ಲಿ ಕೆಲವರು
ಅಹಂಕಾರದಿಂದ ಇನ್ನ ಮಿಕ್ಕವರು.
ಪ್ರಾಣಿ ಪಕ್ಷಿಗಳಿಗಿಲ್ಲದ ಅದೃಷ್ಠ
ಮನುಷ್ಯನಿಗೆ ಕೊಟ್ಟು ಆ ದೇವ ಕೆಟ್ಟ,
ಬುದ್ದಿ ಇದ್ದರೂ ಬುದ್ದಿ ಮಂದರಂತೆ
ಧರ್ಮ, ಜಾತಿ ಮೇಲು ಕೀಳು ಎಂದು ನಮ್ಮ ನಡತೆ.

ಒಬ್ಬರಿಗೊಬ್ಬರು ಹೊಲಸುಮಾತನಾಡುವರು,
ಸಹಬಾಳ್ವೆಯ ಅರ್ಥ ತಿಳಿಯದವರು.
ಯೇಸು,ಅಲ್ಲಾ ..,ರಾಮನ ಹೆಸರಲ್ಲಿ ಜಗಳವಾಡುವರು,
ಈ ನಡತೆಯನ್ನು ಕಂಡು ಮೇಲಿರುವ ಪೂರ್ವಜರು ತಲೆಚಚ್ಚಿಕೊಳ್ಳುವರು.
ಜಾತಿ,ಮತ,ಭೇಧ,ಭಾವ ಅನ್ನುವವರು ಕೂಡ,
ಕೊನೆಗೆ ಭೂಮಿಯ ಧೂಳನ್ನೆ ಸೇರುವರು ನೀ ನೋಡ.
ಆದ್ದರಿಂದ ಸಹಬಾಳ್ವೆಯಿಂದಿರುವುದನ್ನು ನೀ ಕಲಿತುಕೊ,
ಆಗ ಮಾತ್ರ ನಿನ್ನ ಜೀವನ ಸಾರ್ಥಕವೆಂದಿತೊ.

ಸಿಂಚನ. ಎಂ.
1 ಬಿ.ಕಾಂ. ಹೆಚ್.

ಸ್ಮಶಾಣದಲ್ಲಿ ಜೀವನ

ಸ್ಮಶಾಣವೆ,
ಎಲ್ಲಿ ನಮ್ಮ ಜೀವನದ ಭೌತಿಕ ದೇಹವು ಕೊನೆಗೊಳ್ಳುತ್ತದೆ
ಅಳು ಮತ್ತು ನೋವುಗಳಿಂದ ತುಂಬಿರುವ ಸ್ಥಳ
ಜೀವಂತವಾಗಿರುವಾಗ ಅಲ್ಲಿ ಹೋಗಲು ಹೆಚ್ಚಿನ ಭಯ,
ಓಮ್ಮೆ ಸತ್ತರೆ ಅದೊಂದು ಕತ್ತಲೆ ದಾರಿ
ಆದರೆ ಸಾವಿಗಿಂತ ಹೆಚ್ಚು ಜೀವನ ಇರುವುದು ಸ್ಮಶಾಣದಲ್ಲಿ

ತಂಗಾಳಿ ಮೌನವಾಗಿ ಕೂಗುವ ಸ್ಥಳ
ಸಮಾಧಿಯ ಬಳಿ ಪರಿಮಳ ಬೀರುವ ಹೂವಿನ ಸ್ಥಳ
ಪಕ್ಷಿಗಳು ಎತ್ತರಕ್ಕೆ ಏರುವ ಸ್ಥಳ
ಕೀಟಗಳು ತಮ್ಮ ಹಾಡು ಹಾಡುವ ಸ್ಥಳ
ಕುಟುಂಬಗಳು ತಮ್ಮ ಜೀವನವನ್ನು ರೂಪಿಸುವ ಸ್ಥಳ
ಸತ್ತವರಿಗೆ ವಿಶ್ರಾಂತಿ ನೀಡುವುದು ಇವರ ಹೆಮ್ಮೆಯ ಕೆಲಸ
ಅಲ್ಲಿ ಜನಿಸಿದ ಮಕ್ಕಳು
ಸುತ್ತ ಮುತ್ತಲಿನಲ್ಲಿ ಸಂತೋಷವನ್ನು ಕಾಣುತ್ತಾರೆ.
ಅಲ್ಲೆ ಆಡುವರು,ಅಲ್ಲೆ ಹಾಡುವರು – ಪಾಡುವರು
ನಿಮಗಿಂತ ಹೆಚ್ಚು ಸಾವನ್ನು ಕಂಡಿದ್ದರು
ಜೀವನವನ್ನು ದುಃಖವಿಲ್ಲದಂತೆ ಸಾಗಿಸುತ್ತಾರೆ.

ನೀವು ಯೋಚಿಸಿದಂತೆ ಅದು ಕೀಳು ಸ್ಥಳವಲ್ಲ
ಅಲ್ಲಿಯೂ ಜೀವನವಿದೆ.

ತಿಶಾರ ಬಿ ಸಿಂದೆ
3 ಬಿಬಿಎ ಸಿ

ಕಲ್ಪನಾ ಲೋಕದ ದ್ವಾರ

ಕಾಣಲಾರೆನು ಎನ್ನ ಮನಸ್ಸಿಗೆಟುಕದ ಕಲ್ಪನೆಯಾ
ಬರೆಯಲಾರೆನು ಎನ್ನ ಮನಸ್ಸಿಲ್ಲದೆ ಕವನಗಳ ರಚನೆಯಾ,

ಬದಿಗಿಳಿದಿರುವೆನು ಎನಗೆಟುಕದ ಸ್ಪರ್ಷವಾ ಗೆಲ್ಲಲೂ ಸ್ಪರ್ದ್ಯೆಯಾ
ಗೀಚುತಿಹೆನು ಊಹಾ ಲೋಕದ ಗಾಳಿ ಗೋಪುರದ ಕವನವಾ
ಅರಿತು ಅರಿತು ಕೂಡ ಮಾಡಿದ ಬಾನಂಚಿನ ಪ್ರೀತಿಯಾ,
ಕೊನೆಗೆ ಬೇಸರಳಾಗಿ ಪಡೆದಿಹೆನು ಒಂಟಿ ತನದ ಸ್ನೇಹವಾ.
ಈ ಜೀವನ ತರಂಗಗಳ ಪದದ ಅರ್ಥವೇ ಇಲ್ಲದ ಸಾಲುಗಳಾ
ಸಾಗಿಸಲಾರೆನು ನೀರಿನ ಮೇಲಿನ ಗುಳ್ಳೆಯಂತಹ ಈ ಜೀವನವಾ
ಇದು ನನ್ನವ್ಯೆಯಕ್ತಿಕ ವಿಚಾರವೋ ಅಲ್ಲವೋ ಎಂದು ಅರಿಯುವ ಈ ಪರಿ
ಆದರೆ ಈಗಷ್ಟೆ ಅರಿತೆನು ನಾ ಬಂದು ನಿಂತಿರುವೆನು
ಕಲ್ಪನಾ ಲೋಕದ ದ್ವಾರದಲಿ.

ಸೌಮ್ಯ ಎನ್.
1 ಬಿ.ಕಾಂ.ಡಿ

ನನ್ನ ಕನಸಿನ ಭಾರತ

ಭಾರತ ನನ್ನ ತಾಯಿ ನಾಡು.ಇದು ಅತ್ಯಂತ ಪುರಾತನ ದೇಶವು ಹೌದು,ಅತ್ಯಂತ ಪುರಾತನ ಸಂಸ್ಕೃತಿ,ಆಚಾರ ವಿಚಾರಗಳನ್ನು ಸಹ ಒಳಗೊಂಡಿದೆ.ನಾನು ಭಾರತೀಯಳು

ಎಂದು ಹೇಳುವುದಕ್ಕಿಂತ ನಾನು ನನ್ನ ಭಾರತ ದೇಶದಲ್ಲಿ ಹುಟ್ಟಿದ್ದೇನೆ ಎಂದು ತುಂಬಾ ಹೆಮ್ಮೆ ಪಡುತ್ತೇನೆ. " ಇತಿ–ಹಾಸವನ್ನು ಓದುವ ವ್ಯಕ್ತಿಗಳಾಗಬೇಡಿ,ಇತಿಹಾಸ ನಿರ್ಮಿಸುವಂಥ ವ್ಯಕ್ತಿಗಳು ನಾವಾಗಬೇಕು, ಭಾರತ ದೇಶ ನನಗೇನು ಕೊಟ್ಟಿತು ಎನ್ನುವುದಕ್ಕಿಂತ ನಾನು ನನ್ನ ದೇಶಕ್ಕೆ ಏನು ಕೊಡುತ್ತೇನೆ ಎಂಬುದು ಮುಖ್ಯವಾಗಿದೆ". ಪ್ರಪಂಚದಲ್ಲಿ ಯಾರಾದರು ಬದಲಾಗಬಹುದು ಆದರೆ ಹೆತ್ತ ತಾಯಿ ಎಂದೂ ಬದಲಾಗುವುದಿಲ್ಲ .ಹಾಗೆಹೇ ನನ್ನ ಭಾರತ ಮಾತೆ ಎಂದೂ ಪರಿಶುದ್ಧಳಾಗಿದ್ದಾಳೆ.

ನಮ್ಮ ಹೆಮ್ಮೆಯ ರಾಷ್ಟ್ರ ಪತಿಗಳಾಗಿದ್ದ ಡಾ.ಎ.ಪಿ.ಜೆ.ಅಬ್ದುಲ್ ಕಲಾಂ ಅವರು ಹೇಳುವ ಹಾಗೆ " ನಿಮ್ಮ ಕನಸುಗಳು ನಿಜವಾಲು ಮೊದಲು ನೀವು ಕನಸು ಕಾಣಬೇಕು" ಎಂಬಂತೆ ನಾನು ನನ್ನ ದೇಶವನ್ನು ಪ್ರಗತಿಯತ್ತ ಸಾಗಿಸಲು ನಾನು ಏನು ಮಾಡಬೇಕೆಂದು ಕನಸು ಕಾಣಬೇಕಾಗಿದೆ. ನನ್ನ ದೇಶವನ್ನು ಯಾಂತ್ರಿಕವಾಗಿ,ವೈಜ್ಞಾನಿಕವಾಗಿ ಹಾಗೂ ಎಲ್ಲಾ ರೀತಿಯಲ್ಲಿಯೂ ಮುಂದುವರೆಯುವಂತೆ ಶ್ರಮಿಸಬೇಕಾಗಿದೆ. ಪ್ರಸಿದ್ಧ ವಿದ್ವಾಂಸ ಕೋಲಿಯಲ್ ಹೇಳಿರುವ ಹಾಗೆ " ದೊಡ್ಡ ಯಶಸ್ಸು ಎಂಬುದು ಸಾವಿರಾರು ಸಣ್ಣ ಸಣ್ಣ ಪ್ರಯತ್ನಗಳ ಒಟ್ಟು ಮೊತ್ತವಾಗಿದೆ" ಎನ್ನುವ ಹಾಗೆ ನಾನೊಬ್ಬಳು ಈ ದೇಶವನ್ನು ಪ್ರಗತಿಯತ್ತ ಸಾಗಿಸಲು ಸಾಧ್ಯವಿಲ್ಲ ಆದರೆ " ಹನಿಗೂಡಿ ಹಳ್ಳ" ಎಂದ ಹಾಗೆ ದೇಶವನ್ನು ಪ್ರಗತಿಯತ್ತ ಸಾಗಿಸಲು ಅನೇಕರು ಶ್ರಮಿಸುತ್ತಿದ್ದಾರೆ.ಅವರಲ್ಲಿ ನಾನೂ ಒಬ್ಬಳಾಗಬೇಕು ಅಷ್ಟೇ. ಸ್ವಾಮಿ ವಿವೇಕಾನಂದರು ಹೇಳಿರುವ ಹಾಗೆ " ನೀವು ಯಾವುದೇ ಕೆಲಸ ಮಾಡುವಾಗಲೂ ನಿಮ್ಮ ಮನಸ್ಸು,ಹೃದಯ,ನಿಮ್ಮ ಸರ್ವಸ್ವವನ್ನು ಆ ಕೆಲಸಕ್ಕೆ ಕೊಡಿ" ಎನ್ನುವಂತೆ ನನ್ನ ಸಂಪೂರ್ಣ ಮನಸ್ಸು ಹೃದಯವನ್ನು ದೇಶಕ್ಕಾಗಿ,ದೇಶದ ಜನರ ಪ್ರಗತಿಗೆ ಸದಾ ಶ್ರಮಿಸಲು ಪ್ರಯತ್ನಿಸುವೆ.

ಒಂದು ಸುಂದರವಾದ ಗುಲಾಬಿ ಗಿಡದಲ್ಲಿ ಆನೇಕ ಮುಳ್ಳುಗಳು ಇರುವಂತೆ ನಮ್ಮ ಸುಂದರವಾದ ತಾಯ್ನಾಡಲ್ಲಿ ಅನೇಕ ಮುಳ್ಳುಗಳು ಇವೆ.ಉದಾ–ಭ್ರಷ್ಟಾಚಾರ,ಸುಲಿಗೆ,ಅನೇಕ ಮೂಡನಂಬಿಕೆಗಳು,ಕೋವಿಡ್ ರೀತಿಯ ಸಮಸ್ಯೆಗಳು,ನಿರುದ್ಯೋಗ ,ಸ್ತ್ರೀಣಟಿಜಜಜಿಟಿಜಜಯರ ಮೇಲಿನ ಲೈಂಗಿಕ ಕಿರುಕುಳಗಳು, ಆರ್ಥಿಕ ಸಮಸ್ಯೆ ಹೀಗೆ ಹೇಳುತ್ತಾ ಹೋದರೆ ಹನುಮನ ಬಾಲದಂತೆ ಬೆಳೆಯುತ್ತವೆ. " ಹಕ್ಕಿ ಕುಳಿತ ಕೊಂಬೆಯನ್ನು ಎಂದೂ ನಂಬುವುದಿಲ್ಲ,ಅದು ನೆಚ್ಚಿಕೊಂಡಿರುವುದು ತನ್ನ ರೆಕ್ಕೆಯನ್ನು" ಎನ್ನುವ ಹಾಗೆ ನಾನು ನನ್ನ ಆತ್ಮವಿಶ್ವಾಸವನ್ನು ಎಂದೂ ಕಳೆದುಕೊಳ್ಳುವುದಿಲ್ಲ. ಹಾಗು ದೇಶವು ಪ್ರಗತಿಯತ್ತ ಸಾಗಲು ಅಳಿಲು ಸೇವೆ ಮಾಡುವೆ.ಸಮುದ್ರದಲ್ಲಿ ಅಲೆಗಳು ಸರ್ವೇ ಸಾಮಾನ್ಯ ,ಹಾಗೆಯೇ ನನ್ನ ಕನಸಿನ ಭಾರತವನ್ನು ನಿರ್ಮಿಸಲು ಅನೇಕ ಸವಾಲುಗಳು ಇದ್ದರೂ ನಾನು ದೇಶದ ಹೇಳಿಗೆಗೆ ಕಂಕಣ ಬದ್ದವಾಗಿ ದುಡಿಯುವೆ.

ಇಡೀ ಪ್ರಪಂಚದಲ್ಲಿ ನನ್ನ ದೇಶವನ್ನು ಅತ್ಯುನ್ನತ ಸ್ಥಾನದಲ್ಲಿ ನಿಲ್ಲಿಸಬೇಕು.ಎಲ್ಲಾ ದೇಶಗಳು ನಮ್ಮ ದೇಶದ ಪ್ರಗತಿಯನ್ನು ಕಂಡು ಆಶ್ಚರ್ಯಪಡುವಂತಾಗಬೇಕು.ಇದೇ ನನ್ನ ಕನಸು.ವಿವೇಕಾನಂದರು ಹೇಳಿರುವ ಹಾಗೆ ಆತ್ಮ " ವಿಶ್ವಾಸಕ್ಕಿಂತ ದೊಡ್ಡ ಗೆಳೆಯರು ಯಾರೂ ಇಲ್ಲ" ಎನ್ನುವ ಹಾಗೆ ನನ್ನ ಆತ್ಮ ವಿಶ್ವಾಸವನ್ನು ಕಳೆದು ಕೊಳ್ಳದೆ ದೇಶವನ್ನು ಪ್ರಗತಿಯತ್ತ ಸಾಗಿಸಲು ಪರಿಶ್ರಮಿಸುತ್ತೇನೆ.

ಗಾಂಧೀಜಿಯವರು ಹೇಳಿರುವಂತೆ ಜಗತ್ತು ಬದಲಾಗಬೇಕು ಎನ್ನುವವರು ಮೊದಲು ತಮ್ಮಿಂದಲೇ ಬದಲಾವಣೆಯಾಗಬೇಕು ಎಂಬುದನ್ನು ಅರಿಯಬೇಕು. ಹದ್ದು ಹೇಗೆ ಮಳೆಯಿಂದ ತಪ್ಪಿಸಿಕೊಳ್ಳಲು ಮೋಡಗಳ ಮೇಲೆ ಹಾರುವಂತೆ ಕಷ್ಟಗಳು ಏನೇ ಬಂದರು ನಾವು ಸಹ ನಮ್ಮ ಆತ್ಮ ಸ್ಥೈರ್ಯವನ್ನು ಕಳೆದುಕೊಳ್ಳದೆ ನಮ್ಮ ಕನಸಿನ ಸುಂದರವಾದ ಭಾರತವನ್ನು ನಿರ್ಮಿಸಲು ಪ್ರಯತ್ನಿಸಬೇಕು. "ಯಾವುದೇ ಕೆಲಸವನ್ನು ನಾನು ಮಾಡುತ್ತೇನೆ ಎಂಬ ನಂಬಿಕೆ ಇದ್ದರೆ ಖಂಡಿತವಾಗಿಯೂ ಅದನ್ನು ಮಾಡುವ ಸಾಮರ್ಥ್ಯ ಬಂದೇ ಬರುತ್ತದೆ" ಎಂದು ಮಹಾತ್ಮ ಗಾಂಧಿಜಿಯವರು ನುಡಿದಂತೆ ನಾವು ನಮ್ಮ ದೇಶದ ಏಳಿಗೆಗೆ ದುಡಿಯಬೇಕು.

ನಿಕಿತಾ ಸುಸಾನ್ ಪಿ.
1.ಬಿ.ಕಾಂ. ಈ

ಭಾರತ ಇಂದು ಪ್ರಕಾಶಿಸುತ್ತಿದೆ.

ಪ್ರಕಾಶಮಾನವಾಗಿ ನಡೆಯುತ್ತಿದ್ದ ಜಗತ್ತು
ಜನರ ಗಮ್ಮತ್ತು ಅನುಕೂಲಕ್ಕಾಗಿ ಕಾದಿತ್ತು ಆಪತ್ತು
ಜೀವನವೆಂಬ ಬಂಡಿಯ ಸಂಚಾರ
ಕೆಲವೇ ದಿನದಲ್ಲಿ ಕಾಡಿತ್ತು ಮಾನವನಿಗೆ ಗ್ರಹಚಾರ

ಅದೋ ಬಂದಾ ರಣ ಬೇಟೆಗಾರ
ಇನ್ನೂ ನಮ್ಮೆಲ್ಲರನ್ನು ಆಡಿಸುತ್ತಿರುವ ಆಟಗಾರ
ನಮ್ಮೆಲ್ಲರ ಆಸೆ ಕನಸುಗಳನ್ನು ನಾಶಮಾಡುತ್ತಿರುವ ವಿನಾಶಗಾರ
ಅಮಾಯಕ ಜೀವಗಳ ಬಲಿ ತೆಗೆದುಕೊಳ್ಳುತ್ತಿರುವ ಕೊಲೆಗಾರ.

ಬಂತು ಮನುಕುಲಕ್ಕೆ ಲಾಕ್ಡೌನ್ ಎಂಬ ಘಟ್ಟ
ತಂತು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಬ್ರೇಕ್ ಡೌನ್ ಎಂಬ ಮಟ್ಟ

ಎಂದೂ ಕೆಲಸಮಾಡುತ್ತಿದ್ದ ಶರೀರ
ಒಂದು ವರ್ಷದಿಂದ ತೋರಿಸುತ್ತಿದ್ದಾರೆ ನಮ್ಮಮ್ಮ ಪರಿಹಾರ

ಬೆಳಗಿನಿಂದ ಸಂಜೆಯವರೆಗೆ ಇನ್ಸ್ಟಾಗ್ರಾಮ್ ಫೇಸ್ಬುಕ್
ಪಾಸ್ ಆಗಿರುವರು ಈ ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿಗಳು ವಿಥೌಟ್ ಬುಕ್
ಶಿಕ್ಷಕರು ನೌಕರರು ವರ್ಕ್ ಫ್ರಮ್ ಹೋಮ್
ನಮ್ಮ ಯುವಜನಾಂಗವು ಫ್ರೀ ಇನ್ ಹೋಮ್

ಕೊರುನ ಎಂಬ ಕಾಲಘಟ್ಟದಲ್ಲಿ
ಕೇಳಿಕೊಳ್ಳುತ್ತಿದ್ದೇನೆ ಮನವಿಯೊಂದನ್ನು ನಿಮ್ಮೆಲ್ಲರಲ್ಲಿ
ಎರಡು ಡೋಸ್ ವ್ಯಾಕ್ಸಿನ್ ಚುಚ್ಚಿಸಿ ಕೊಳ್ಳಿ
ಮನೆಯಲ್ಲಿಯೇ ಸುರಕ್ಷಿತವಾಗಿ ಸಂತೈಸಿಕೊಳ್ಳಿ

ಕಿರಣ್
1.ಬಿ.ಕಾಂ. ಈ

ಬುದ್ಧಿವಂತಿಕೆಯಿಂದ ಯೋಚಿಸಿ ಇಲ್ಲದಿದರೆ ಸಮಯ ವ್ಯರ್ಥ.

ಈ ಸಾಂಕ್ರಾಮಿಕ ಪರಿಸ್ಥಿತಿಯು ಕೆಲವರಿಗೆ ಉಪಯುಕ್ತವಾಗಿದೆ ಮತ್ತು ಇನ್ನು ಕೆಲವರಿಗೆ
ಸಂಕಷ್ಟವನ್ನು ತಂದುಕೊಟ್ಟಿದೆ. ಇದು ವ್ಯಕ್ತಿಯು ತಮ್ಮ ಜೀವನದಲ್ಲಿ ಎದುರಿಸುತ್ತಿರುವ ಪ್ರತಿಯೊಂದು ಪರಿಸ್ಥಿತಿಯನ್ನು ಅವಲಂಬಿಸಿರುತ್ತದೆ. ಕಷ್ಟಪಟ್ಟು ದುಡಿಯುವ ವ್ಯಕ್ತಿಯ ಕಠಿಣ ಪರಿಶ್ರಮದಿಂದಾಗಿ ಅವರ ಜೀವನದಲ್ಲಿ ಯಶಸ್ವಿಯಾದ ಸಣ್ಣ ಮುದ್ದಾದ ಕಥೆಯಿದೆ. ಈ ಪರಿಸ್ಥಿತಿಯಲ್ಲಿಯೂ ಸಹ ತಮ್ಮ ಸಮಯವನ್ನು ಪ್ರಯೋಜನಕಾರಿಯಾದ ರೀತಿಯಲ್ಲಿ ಬಳಸಿಕೊಳ್ಳುವ ಜನರಿದ್ದಾರೆ. ಸಮಯವನ್ನು ಪರಿಣಾಮಕಾರಿಯಾಗಿ ಬಳಸಿಕೊಳ್ಳುವುದು ವ್ಯಕ್ತಿಯು ತಮ್ಮ ಜೀವನದಲ್ಲಿ ನಿರ್ವಹಿಸಲು ತಿಳಿದಿರಬೇಕಾದ ಉತ್ತಮ ಮಾರ್ಗವಾಗಿದೆ. ನಮ್ಮ ಪರಿಸ್ಥಿತಿಯನ್ನು ನಾವು ಎದುರಿಸಬೇಕಾದ ರೀತಿ ಎಲ್ಲಕ್ಕಿಂತ ಮುಖ್ಯವಾಗಿದೆ.

ಅದ್ವಿಕಾರಾಧ್ಯ ಅವರು ಕೈಯಲ್ಲಿ ಅನೇಕ ಚೀಲಗಳನ್ನು ಹಿಡಿದಿದ್ದಾರೆ, ಅಲ್ಲಿನ ಸಾಂಕ್ರಾಮಿಕ ಪರಿಸ್ಥಿತಿಯಿಂದಾಗಿ ಎಲ್ಲೆಡೆ ಕರ್ಫ್ಯೂ ಇದೆ. ಆದ್ದರಿಂದ ಜನರು ಬೆಳಿಗ್ಗೆ 11 ಗಂಟೆಯ ಮೊದಲು ಅಗತ್ಯವಿರುವ ಎಲ್ಲ ವಸ್ತುಗಳನ್ನು ಖರೀದಿಸಬೇಕಾಗಿತ್ತು, ಇದರಿಂದಾಗಿ ಅವರು ಎಲ್ಲ ವಸ್ತುಗಳನ್ನು ಖರೀದಿಸುವ ಆತುರದಲ್ಲಿದ್ದರು. ಅವಳು ಮಾನವ ಸಂಪನ್ಮೂಲ ವ್ಯವಸ್ಥಾಪಕನಳಾಗಿ ಹೆಸರಾಂತ ಕಂಪನಿಯಲ್ಲಿ ಕೆಲಸ ಮಾಡುತ್ತಿದ್ದಳು. ಅವಳು ಯಾವಾಗಲೂ ಸಾಕಷ್ಟು ಯೋಜನೆಗಳು, ಗಡುವನ್ನು ಮತ್ತು ಗುರಿಗಳನ್ನು ಹೊಂದಿದ್ದಳು, ಇದರಿಂದಾಗಿ ಆಕೆಗೆ ತನ್ನನ್ನು ತಾನೇ ಮರೆಯುವಂತಾಯಿತು. ಅವಳು ಹಗಲು–ರಾತ್ರಿ ತುಂಬಾ ದಣಿವರಿಯದೆ ಕೆಲಸ ಮಾಡುತ್ತಿದ್ದರಿಂದ ಅವಳ ಕೆಲಸದಿಂದ ಹೊರಹೋಗುವಂತೆ ಅವಳ ಎಲ್ಲಾ ಸ್ನೇಹಿತರು ಮತ್ತು ಕುಟುಂಬ ಸದಸ್ಯರು ಸೂಚಿಸಿದರು. ಆದರೆ ಅವಳು ತನ್ನ ಕೆಲಸವನ್ನು ತುಂಬಾ ಪ್ರೀತಿಸುತ್ತಿದ್ದಳು ಮತ್ತು ಅವಳು ಅದನ್ನು ತ್ಯಜಿಸಲು ಎಂದಿಗೂ ಬಯಸಲಿಲ್ಲ. ಆದ್ದರಿಂದ ಕೋವಿಡ್ 19 ವೇಗವಾಗಿ ಹರಡಿದ್ದರಿಂದ ಎಲ್ಲರೂ ಮನೆಯಿಂದ ಕೆಲಸ ಮಾಡಲು ಪ್ರಾರಂಭಿಸಿದರು.

ಈ ಸಮಯದಲ್ಲಿ ಅವಳು ಮನೆಯಿಂದ ಕೆಲಸ ಮಾಡುವುದನ್ನು ನೋಡುತ್ತಿದ್ದಳು, ನಂತರ ಅವಳು ಸ್ವಲ್ಪ ಸಮಯದವರೆಗೆ ತನ್ನನ್ನು ತಾನು ನೋಡಿಕೊಳ್ಳಬೇಕು ಎಂದು ಅವಳು ಅರಿತುಕೊಂಡಳು ಮತ್ತು ಅವಳು ತನ್ನನ್ನು ತಾನೇ ನೋಡಿಕೊಳ್ಳಲು ಪ್ರಾರಂಭಿಸಿದಳು. ಅವಳು ಕಂಪೆನಿಗಳ ಗುರಿ ಮತ್ತು ಗಡುವಿನಲಿ ಮಾತ್ರ ಕೆಲಸ ಮಾಡಲಿಲ್ಲ ಆದರೆ ತೋಟಗಾರಿಕೆಯಲ್ಲಿ ತನ್ನ ಸಮಯವನ್ನು ಕಳೆಯುತ್ತಿದ್ದಳು. ಅನೇಕ ಹೊಸ ವಿಷಯಗಳನ್ನು ಅವಳು ಕಲಿಯಲು ಪ್ರಯತ್ನಿಸಿದಳು.ಅವಳು ತನ್ನ ಕೋಣೆಯನ್ನು ಸ್ವಚ್ಛಗೊಳಿಸಲು ಪ್ರಾರಂಭಿಸಿದಳು ಮತ್ತು ಅವಳ ಸುತ್ತಮುತ್ತಲಿನ ವಾತಾವರಣದಿಂದಾಗಿ ಅವಳು ಉತ್ತಮವಾಗಲು ಪ್ರಾರಂಭಿಸಿದಳು. ಕಂಪನಿ ಕೆಲಸ ಮಾತ್ರವಲ್ಲ, ಅವಳ ಸುತ್ತಮುತ್ತಲಿನ ಪ್ರದೇಶಗಳೂ ಸಹ ಬಹಳ ಮುಖ್ಯ ಎಂದು ಈಗ ಅವಳು ಅರ್ಥಮಾಡಿಕೊಂಡಳು. ಈಗ ಅವಳು ತನ್ನ ಸಮಯವನ್ನು ನಿಗದಿತ ರೀತಿಯಲ್ಲಿ ನಿರ್ವಹಿಸಲು ಪ್ರಾರಂಭಿಸಿದಳು.ಅವಳು ಸ್ವಲ್ಪ ಸಮಯದವರೆಗೆ ಕೆಲಸ ಮಾಡುತ್ತಾಳೆ ಮತ್ತು ಅವಳು ಮಾಡಲು ಇಷ್ಟಪಡುವದನ್ನು ಮಾಡುವ ಮೂಲಕ ಸ್ವಲ್ಪ ಸಮಯದವರೆಗೆ ವಿಶ್ರಾಂತಿ ಪಡೆಯುತ್ತಾಳೆ.

ಅವಳ ಸಮಸ್ಯೆಯೆಂದರೆ ಅವಳು ಕೆಲಸದಲ್ಲಿ ತುಂಬಾ ಒತ್ತಡಕ್ಕೊಳಗಾಗಿದ್ದಳು. ಅವಳು ಶಾರೀರಿಕವಾಗಿ ತುಂಬಾ ತೊಂದರೆಗೊಳಗಾಗಿದ್ದಳು. ಈ ಸಾಂಕ್ರಾಮಿಕ ರೋಗದಿಂದಾಗಿ ಅವಳು ಒತ್ತಡದಿಂದ ಸ್ವಲ್ಪ ನೆಮ್ಮದಿಯನ್ನು ಪಡೆದಳು.ಅಲ್ಲಿ ಅವಳು ತನ್ನ ಅಪಾರ್ಟ್ಮೆಂಟ್ಗೆ ಹಿಂತಿರುಗಬೇಕಾಗಿತ್ತು ಮತ್ತು ಅವಳ ಬಳಿಗೆ ಹಿಂತಿರುಗಲು ಸಾಧ್ಯವಾಗಲಿಲ್ಲ . ಕರ್ಫ್ಯೂ ಕಾರಣ ಅವರ ಹೆತ್ತವರೊಂದಿಗೆ ಇರಲು ಸಾಧ್ಯವಾಗಲಿಲ್ಲ ಆದರೆ ಅವರ ಪೋಷಕರು ಅನಾರೋಗ್ಯದಿಂದ ಬಳಲುತ್ತಿದ್ದರಿಂದ ಅವರನ್ನು ನೋಡಿಕೊಳ್ಳಲು ಅವಳು ಬಯಸಿದ್ದರಿಂದ ಅವಳು ತನ್ನ ಮನೆಗೆ ಹಿಂತಿರುಗಲು ತೀವ್ರವಾಗಿ ಬಯಸಿದಳು.

ಆದ್ದರಿಂದ ಅವಳು ಎಲ್ಲವನ್ನೂ ಸ್ವತಃ ಮಾಡಬೇಕಾಗಿತ್ತು ಮತ್ತು ಅವರು ಯಾವಾಗಲೂ ತಮ್ಮ ಹೆತ್ತವರ ಆರೋಗ್ಯದ ಬಗ್ಗೆ ಚಿಂತೆ ಮಾಡುತ್ತಿದ್ದರು.

ಅವಳು ಅಸಹಾಯಕ ಪರಿಸ್ಥಿತಿಯಲ್ಲಿದ್ದ ಕಾರಣ ಅವಳು ತನ್ನ ಬಗ್ಗೆ ಕೆಟ್ಟದ್ದನ್ನು ಅನುಭವಿಸಲು ಪ್ರಾರಂಭಿಸಿದಳು. ಆದ್ದರಿಂದ ಇದು ಅವಳಿಗೆ ಸವಾಲಿನ ಸನ್ನಿವೇಶವಾಗಿತ್ತು ಈ ಪರಿಸ್ಥಿತಿಯನ್ನು ಉತ್ತಮ ರೀತಿಯಲ್ಲಿ ತನ್ನ ಕೆಲಸವನ್ನು ನಿರ್ವಹಿಸಿದಳು . ಅವರು ತಮ್ಮ ಮನೆಯ ಸಮೀಪ ಅವರನ್ನು ನೋಡಿಕೊಳ್ಳಲು ಒಬ್ಬ ದಾದಿಯನ್ನು ನೇಮಿಸಿದ್ದರು ಮತ್ತು ಅವರು ಪ್ರತಿ 5 ಗಂಟೆಗಳ ಕಾಲ ಅವರ ಆರೋಗ್ಯದ ಬಗ್ಗೆ ವರದಿ ಮಾಡುತ್ತಿದ್ದರು ಮತ್ತು ಮತ್ತೊಂದೆಡೆ ಆಕೆ ತನ್ನ ಗುರಿ ಮತ್ತು ಗಡುವನ್ನು ಕೇಂದ್ರೀಕರಿಸಲು ಸಾಧ್ಯವಾಯಿತು. ಅಂತಿಮವಾಗಿ ಅವರು ಸಂಪೂರ್ಣವಾಗಿ ಚೇತರಿಸಿಕೊಂಡರು ಅವರು ತಮ್ಮ ಯೋಜನೆಗಳನ್ನು ಸಮಯಕ್ಕೆ ಮುಗಿಸಿದರು, ಇದು ಅವಳ ಒಂದು ಉತ್ತಮ ಕ್ರಮವಾಗಿದೆ. ಆದ್ದರಿಂದ ಈ ಪರಿಸ್ಥಿತಿಯಲ್ಲಿ ಭಯಭೀತರಾಗುವ ಬದಲು ಪರಿಸ್ಥಿತಿಯನ್ನು ಹೇಗೆ ನಿಭಾಯಿಸಬೇಕೆಂದು ನಾವು ಯೋಚಿಸಿ ಕಷ್ಟವಾದ ಸಂದರ್ಭವನ್ನು ಕೂಡ ಸುಲಭವಾಗಿ ಎದುರಿಸಬಹುದು.

"ನಮ್ಮ ಆತ್ಮವಿಶ್ವಾಸ ಮತ್ತು ನಾವು ಎದುರಿಸುತ್ತಿರುವ ವಿವಿಧ ರೀತಿಯ ಸನ್ನಿವೇಶಗಳನ್ನು ನಿವಾರಿಸಲು ನಮ್ಮ ಉತ್ತಮ ಮಾರ್ಗವಾಗಿದೆ"

ಪಿ.ಎಸ್. ಸಾಯಿ ಮೇಘನ
1.ಬಿ.ಕಾಂ. ಎಫ್

ನನ್ನ ಕಣ್ಣುಗಳ ಮೂಲಕ ಒಂದು ಸಣ್ಣ ಪ್ರಯಾಣ

ಸಾಮಾನ್ಯ ಸ್ಥಿತಿಗೆ ಮರಳುವ ಭರಾಟೆಯಲ್ಲಿ ಸಾಮಾನ್ಯ
ಯಾವ ಭಾಗಗಳಿಗೆ ಹಿಂತಿರುಗುವುದು ಯೋಗ್ಯವೆಂದು
ನಿರ್ಧರಿಸಲು ಈ ಸಮಯವನ್ನು ಬಳಸಿ

.ನಮ್ಮೊಳಗೆ ನಮಗೆ ಶಾಂತಿ ಇಲ್ಲದಿದ್ದರೆ
ಹೊರಗಿನ ಮೂಲಗಳಿಂದ ಅದನ್ನು ಹುಡುಕುವುದು ವ್ಯರ್ಥ
ತಂಡದ ಕೆಲಸ ಮತ್ತು ಸಹಯೋಗ ಇದ್ದಾಗ ಏಕತೆಯೂ
ಶಕ್ತಿಯಾಗಿದೆ ಅದ್ಭುತವಾದ ಇನ್ಗಳನ್ನು ಸಾಧಿಸಬಹುದು
ಏಕತೆ ಪ್ರತ್ಯೇಕತೆಯಲ್ಲ

ಎಲ್ಲರಿಗೂ ಪ್ರೀತಿ ಮತ್ತು ಗುಣಪಡಿಸುವ
ಪ್ರಾರ್ಥನೆಯನ್ನು ಹೇಳೋಣ ನಮ್ಮ ಯೋಗಕ್ಷೇಮಕ್ಕಾಗಿ
ಪ್ರಾರ್ಥಿಸೋಣ ಪರಸ್ಪರ ಸಂತೋಷಕ್ಕಾಗಿ ಒಂದಾಗಲು
ಮತ್ತು ಪ್ರಾರ್ಥಿಸಲು ಇದು ಸುಸಮಯ.

ಶಾಲಿಕಾ
1.ಬಿ.ಕಾಂ. ಈ

ಕೊರೋನಾ ಮತ್ತು ಕಲಿಕೆ

ಜ್ಞಾನವೆಂಬುದು ಒಂದು ಬ್ರಹ್ಮಾಂಡದಂತೆ ಇದರೊಳಗಿರುವ ಒಂದೊಂದು ವಿಷಯವು ಒಂದು ಮಹಾ ಸಾಗರದಂತೆ ಒಬ್ಬ ಮನುಷ್ಯನ ಜೀವಮಾನದಲ್ಲಿ ಅವನು ಕಲಿತ ವಿಷಯಗಳನ್ನೆಲ್ಲ ಕೂಡಿಸಿದರು ಸಾಗರದಲ್ಲಿ ಅದು ಒಂದು ಹನಿಗೂ ಸಮಾನವಾಗಿರುವುದಿಲ್ಲ ಎಂಬುದು ಒಂದು ಅವಧಿಗೆ ಸೀಮಿತವಲ್ಲ ನಿರಂತರವಾದ ಕ್ರಿಯೆ, ಪ್ರತಿದಿನ ನಾವು ಯಾವುದಾದರೂ ಹೊಸ ವಿಷಯಗಳನ್ನು ಕಲಿಯಬೇಕು ಎಂಬುದು ಹಿರಿಯರ ಅಭಿಪ್ರಾಯ .ಸಾಮಾನ್ಯವಾಗಿ ಹಲವಾರು ಜನರಿಂದ ಕೇಳಿಬರುವ ಒಂದು ದೂರೆಂದರೆ ನಮ್ಮ ಹವ್ಯಾಸಗಳನ್ನು ಅಭ್ಯಸಿಸಲು ಆಸಕ್ತಿ ಇದೆ ಆದರೆ ಅದಕ್ಕೆ ಸರಿಯಾದ ಸಮಯವಿಲ್ಲವೆಂದು ಕಾರಣ ನಮ್ಮೆಲ್ಲರ ಕಾರ್ಯನಿರತ ಜೀವನಶೈಲಿ ಅಂತವರಿಗೆ ಲಾಕ್ಡೌನ್ ಒಂದು ವರವಾಗಿದೆ. ಲಾಕ್ಡೌನ್ ಸಮಯದಲ್ಲಿ ಹಲವಾರು ಜನ ತಮ್ಮ ಹಳೆಯ ಹವ್ಯಾಸಗಳನ್ನು ಪುನರ್ ಆರಂಭಿಸಿದರೆ ಕೆಲವರು ತಮ್ಮಲ್ಲಿರುವ ತಮಗೆ ಗೊತ್ತಿಲ್ಲದ ನೂತನ ಪ್ರತಿಭೆಗಳನ್ನು ಗುರುತಿಸಿ ಅವುಗಳನ್ನು ಮುಂದುವರಿಸುತ್ತಿದ್ದಾರೆ ಹೇಗೆ ಪ್ರಾರಂಭಿಸಬೇಕು ಎನ್ನುವ ಸಂದೇಹ ಇರುವವರಿಗೆ ಇಲ್ಲಿದೆ ಒಂದಿಷ್ಟು ಸಲಹೆಗಳು

1. ಜಗತ್ತಿನಲ್ಲಿರುವ ಕೋಟ್ಯಾಂತರ ವಿಷಯಗಳ ನಡುವೆ ಒಬ್ಬೊಬ್ಬರಿಗೆ ಒಂದೊಂದು ರೀತಿಯ ಆಸಕ್ತಿಗಳು ಇರುತ್ತವೆ. ಕೆಲವರಿಗೆ ಸಂಗೀತ ಅಥವಾ ತೋಟಗಾರಿಕೆ ಹೀಗೆ ನಮ್ಮಲ್ಲಿರುವ ಆಸಕ್ತಿಗಳನ್ನು ಗುರುತಿಸಿಕೊಳ್ಳುವುದು ನಮ್ಮ ಮೊದಲ ಕ್ರಿಯೆ

2. ನಮಗೆ ಆಸಕ್ತಿ ಇರುವ ವಿಷಯಗಳನ್ನು ಪಟ್ಟಿಮಾಡಿ ಅ ಪಟ್ಟಿಯಲ್ಲಿರುವ ಒಂದೊಂದು ವಿಷಯದ ಬಗ್ಗೆ ಸಂಶೋಧನೆಯನ್ನು ನಡೆಸಿ ವಿಶ್ವದಲ್ಲಿರುವ ಅನೇಕ ಗಣ್ಯರು ವಿಷಯದ ಮೇಲೆ ವ್ಯಕ್ತಪಡಿಸುವ ,ಅಭಿಪ್ರಾಯ, ಸಲಹೆ ,ಅನುಭವಗಳನ್ನು ಆಲಿಸಿ ಈ ಕ್ರಿಯೆಗೆ
ದೊಡ್ಡ ರೀತಿಯಲ್ಲಿ ಸಹಾಯ ಮಾಡುವ ಜಾಲ ತಾಣವೆಂದರೆ ಗೂಗಲ್ ಗೂಗಲ್ ಒಂದು ಜ್ಞಾನಭಂಡಾರ ಮೂಲಕ ಆಸಕ್ತಿಗಳನ್ನು ತಿಳಿದುಕೊಳ್ಳಬಹುದು.

3. ನಾವು ಪ್ರಾರಂಭಿಸಿರುವ ಕಾರ್ಯಗಳನ್ನು ನಾವು ನಿರಂತರವಾಗಿ ಮುಂದುವರೆಸಿಕೊಂಡು ಹೋಗಬೇಕು. ಇದು ಕೇವಲ ಇಲ್ಲವೇ ಸೀಮಿತವಾಗಬಾರದು ಇದು ಬಹಳ ಮುಖ್ಯ ಹಾಗೂ ನಮ್ಮ ಆಸಕ್ತಿಯನ್ನು ಬೆಳೆಸಲು ಒಂದು ಉತ್ತಮ ದಾರಿ

ಇವೆಲ್ಲವೂ ಹವ್ಯಾಸಗಳ ವಿಷಯವಾದರೆ ಲಾಕ್ಡೌನ್ ಅಲ್ಲಿ ನಮಗೆ ಮತ್ತೊಂದು ವಾಗಿರುವುದು ನಮ್ಮ ಪರಿವಾರದೊಡನೆ ನಾವು ಕಲಿಯಬಹುದಾದ ಸಮಯ ಪರಿವಾರ ಸಮೇತ ಕೂತು ಊಟ ಮಾಡುವುದು ಹೆಚ್ಚಿನ ಸಮಯ ಕಳೆಯುವುದು ಇಂದಿನ ಕಾಲದಲ್ಲಿ ಅತ್ಯಂತ ವಿರಳ ಕಾರಣ ಎಲ್ಲರೂ ಅವರವರ ಕೆಲಸಗಳಲ್ಲಿ ನಿರತರಾಗಿರುತ್ತಾರೆ ಆದರೆ ಈ ಸಮಯದಲ್ಲಿ ನಾವು ಮಾತಾಡಿ ಸಂತಸ ಪಡಬಹುದು ಹಿರಿಯರ ಅನುಭವ ಗಳಿಂದಾಗುವ ಕಲಿಕೆಯನ್ನು ಯಾವ ಪುಸ್ತಕವೂ ಹೇಳಿ ಕೊಡಬಲ್ಲದು ಹಿರಿಯರ ಅನುಭವಗಳಿಂದ ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಸಾಮಾಜಿಕ ಜಾಲತಾಣಗಳು ನಮ್ಮ ಜೀವನದ ಒಂದು ಪ್ರತ್ಯೇಕ ಅಂಗವಾಗಿದೆ ಇದರಿಂದ ಕಲಿಕೆಗೆ ಆಗುವ ಉಪಯೋಗಗಳು ಹಲವಾರು ದೂರದ ಪ್ರದೇಶಗಳಲ್ಲಿರುವ ಸಂಬಂಧಿಕರ ಜೊತೆ ಗೆಳೆಯರ ಜೊತೆ ಸಂಪರ್ಕ ಮಾಡಬಹುದು ಅವರ ಆಸಕ್ತಿಗಳು ಅನುಭವಗಳನ್ನು ವಿಚಾರಿಸಿ ಅದರಿಂದ ಸ್ಫೂರ್ತಿಯನ್ನು ಪಡೆಯಬಹುದು ಎಲ್ಲರೂ ಒಗ್ಗೂಡಿ ವಿವಿಧ ಚಟುವಟಿ–ಕೆಗಳನ್ನು ಸಂಘಟಿಸಿ ಸಂತೋಷಪಡಬಹುದು ಎಲ್ಲದಕ್ಕಿಂತ ಮುಖ್ಯವಾಗಿ ನಾವೆಲ್ಲರೂ ಈ ಸಮಯದಲ್ಲಿ ಕಡ್ಡಾಯವಾಗಿ ಮಾನಸಿಕ ಸ್ಥೈರ್ಯವನ್ನು ಕಲಿತಿದ್ದೇವೆ ಸುಮಾರು ಒಂದುವರೆ ವರ್ಷಗಳ ಕಾಲ ನಾಲ್ಕು ಗೋಡೆಗಳ ನಡುವೆ ಕುಳಿತುಕೊಳ್ಳ ಅಷ್ಟೊಂದು ಸುಲಭದ ಕೆಲಸವಲ್ಲ ಅದರಲ್ಲೂ ನಮ್ಮಂತ ಯುವಕರಿಗೆ ಇದೊಂದು ಸವಾಲೇ ಸರಿ ತಲೆಯಲ್ಲಿ ಹಲವಾರು ಕನಸುಗಳು ಅದಕ್ಕೆ ಸಹಕರಿಸಿದ ಅನಿಶ್ಚಿತ ಭವಿಷ್ಯ ಇದೆಲ್ಲದರ ನಡುವೆ ಕೆಲವರ ಮನೆಗಳಲ್ಲಿ ಸೋಂಕಿಗೆ ಬಲಿಯಾಗಿದ್ದಾರೆ ಸೋಂಕನ್ನು ಮೆಟ್ಟಿ ನಿಂತವರು ಇದ್ದಾರೆ ಒಟ್ಟಾಗಿ ನಮ್ಮ ದೇಶದಲ್ಲಿ

ಇಂಥ ಸಮಯದಲ್ಲಿ ನಾವೆಲ್ಲರೂ ಇರಬೇಕು,ಬೇಕಾದವ–ರಿಗೆ ಸಹಾಯ ಮಾಡಬೇಕು ಮತ್ತು ಮಾನಸಿಕವಾಗಿ ಕುಗ್ಗದೆ ಈ ಪರಿಸ್ಥಿತಿಯನ್ನು ಮೆಟ್ಟಿ ನಿಲ್ಲಬೇಕು .ಇದು ನನಗೆ ಲವರ್ ನಿಂದಾದ ಅತಿದೊಡ್ಡ ಕಲಿಕೆ

ಸುರಭಿ
1.ಬಿ.ಕಾಂ. ಡಿ

ಕೊರೋನಾ – ಇಕ್ಕಟ್ಟು ಬಿಕ್ಕಟ್ಟು.

2020 ಜಗತ್ತಿನೆಲ್ಲೆಡೆ ಹೊಸ ವರ್ಷವನ್ನು ಖುಷಿಯಿಂದ ಬರಮಾಡಿಕೊಂಡರು.ಆದರೆ ಯಾರಿಗೂ ತಿಳಿದಿರಲಿಲ್ಲ ಕೋವಿಡ್–19 ಸಾಂಕ್ರಾಮಿಕ ಇಡೀ ಜಗತ್ತನ್ನೆ ಸ್ತಬ್ದಮಾಡಿ ತಮ್ಮ ಜೀವನವನ್ನು ಅಸ್ತವ್ಯಸ್ತಗೊಳಿಸುತ್ತದೆಂದು.ತನ್ನದೆ ಸಾಮ್ರಾಜ್ಯ ಕಟ್ಟಿ " ನಾನೇ ಶ್ರೇಷ್ಠ ಎಂದು ಮೆರೆಯುತ್ತಿದ್ದ ಮನುಕುಲವನ್ನು ಬೆಚ್ಚಿಬೀಳುವಂತೆ ಮಾಡಿದ್ದು ಒಂದು ಕಣ್ಣಿಗೂ ಕಾಣದ ಸಣ್ಣ ವೈರಸ್.ಬಿಡುವಿಲ್ಲದಂತೆ ಓಡುತ್ತಿದ್ದ ಈ ಕಾಲಡ್ಡ ಕೊಟ್ಟು ತೊಡರಾಗಿಸಿ ಮುಗ್ಗರಿಸಿ ಬೀಳುವಂತೆ ಮಾಡಿತು.ವೈರಸ್ನ ಆರ್ಭಟ ತಡೆಯಲಾಗದೆ ಜಗತ್ತು ತತ್ತರಿಸಿ ಹೋಯಿತು. ಇಷ್ಟವಿಲ್ಲದಿದ್ದರೂ ಸರ್ಕಾರಗಳು ಲಾಕ್ ಡೌನ್ ಜಾರಿಗೆ ತರುವಂತ ಸಂದ್ದಿಗ್ಧತೆ ಉಂಟಾಯಿತು.ಆರ್ಥಿಕ ಚಟುವಟಿ–ಕೆಗಳು ನಿಲ್ಲುವಂತ್ತಾಯ್ತು. ಲಾಕ್ ಡೌನ್ ಒಂದು ಕಡೆ ಜನರ ಬದುಕನ್ನ ಕಾಪಿಡುತ್ತಲೆ ,ಇನ್ನೊಂದು ಬದಿಯಿಂದ ಅವರ ಬದುಕನ್ನ ಅಸ್ತವ್ಯಸ್ತಗೊಳಿಸಿತು.

ಭಾರತದಂತಹ ದೇಶಗಳಲ್ಲಿ ಅಸಂಘಟಿತ ವಲಯಗಳಲ್ಲಿ ಕೆಲಸಮಾಡಿ ಜೀವನ ನಡೆಸುವ ಜನ ಸಾಮಾನ್ಯರು ಹೆಚ್ಚು. ಅದೆಷ್ಟೋ ಕುಟುಂಬಗಳು ದಿನದ ದುಡಿಮೆಯಮೇಲೆ ಅವಲಂಬಿತರಾಗಿದ್ದಾರೆ.ಲಾಕ್ ಡೌನ್ ಈ ವಲಯಗಳ ಮೇಲೆ ಹೆಚ್ಚು ಪರಿಣಾಮ ಬೀರಿದೆ.ದೊಡ್ಡ ದೊಡ್ಡ ಹುದ್ದೆಯಲ್ಲಿರುವವ–ರಿಗೆ,ಶ್ರೀಮಂತರಗೆ ಲಾಕ್ ಡೌನ್ ಬಿಡುವನ್ನು ನೀಡಿದರೆ,ಬಡವ–ರಿಗೆ ಸಂಕಷ್ಟಗಳ ಸುರಿಮಳೆ.ಬೀದಿ ಬದಿ ವ್ಯಾಪಾರಿಗಳು ,ಆಟೋ,ಕ್ಯಾಬ್ ಚಾಲಕರು ಕೆಲಸವಿಲ್ಲದೆ,ಆದಾಯವಿಲ್ಲದೆ ಮನೆಯಲ್ಲಿ ಕೂರುವಂತಹ ಪರಿಸ್ಥಿತಿ.ವರ್ಷವಿಡಿ ಬೆವರು ಸು–ರಿಸಿ,ಸಾಲ ಸೋಲ ಮಾಡಿ ಬೆಳೆದ ಬೆಳೆಯನ್ನು ಸರಿಯಾದ ಸಮಯಕ್ಕೆ ಮಾರುಕಟ್ಟೆಗೆ ತಲುಪಿಸಲಾಗದೆ ಕಂಗಾಲಾಗುವಂತೆ ಮಾಡಿತು. ಕಾರ್ಮಿಕರ ಕೆಲಸ ಕಿತ್ತುಕೊಂಡು ಕಾಲ್ನಡಿಗೆಯಲ್ಲಿ ಊರು ಬಿಡುವಂತಮಾಡಿತು.ವೈರಸ್ ಕೂಡ ಜನರನ್ನು ಭಿನ್ನ ಭೇದ ಮಾಡಿ ಶೋಷಣೆಗೆ ಮುಂದಾಗಿದೆ.

ದಿನದ ದುಡಿಮೆಯಲ್ಲಿ ಜೀವನ ನಡೆಸುತ್ತಿದ್ದವರು ಆದಾಯವಿಲ್ಲದೆ ಮನೆಯಲ್ಲಿ ಇರುವಂತಹ ಸಂದಿಗ್ಧ ಪರಿಸ್ಥಿತಿ,ಆದಾಯವಿಲ್ಲದಿದ್ದರು ದೈನಂದಿನ ಖರ್ಚುಗಳಲ್ಲಿ ಕಡಿತವಿಲ್ಲ,ಬದಲಾಗಿ ಖರ್ಚು ಇನ್ನೂ ಹೆಚ್ಚಾಗಿದೆ.ತರಕಾರಿ ,ದಿನಸಿ ಸಾಮಾನುಗಳ ಬೆಲೆ ಗಗನಕ್ಕೇರಿ ಕೂತು ಬಡವರು,ಒದ್ದಾಡುತ್ತಿರುವುದನ್ನು ಕಂಡು ನಗುವಂತಿದೆ.ಬಾಡಿಗೆ,ವಿದ್ಯುತ್ ಬಿಲ್,ನೀರಿನ ಬಿಲ್,ಸಾಲಗಳ ಕಂತುಗಳನ್ನು ಮುಂದಕ್ಕೆ ಹಾಕಲಾಯಿತೆ ಹೊರತು ಅದರಲ್ಲಿ ಕಡಿತವಿಲ್ಲ.

ವ್ಯಾಪಾರ ನಡೆಸಲು ಸರ್ಕಾರ ನಿರ್ದಿಷ್ಟ ಸಮಯವನ್ನು ನೀಡಿದರು ವೈರಸ್ ವ್ಯಾಪಾರ ನಡೆಸಲು ಅವಕಾಶ ಮಾಡಿಕೊಡಲೇಯಿಲ್ಲ.ಈ ಸಮಯದಲ್ಲಿ ಅದೆಷ್ಟು ಸಣ್ಣ ವ್ಯಾಪಾರಿಗಳು ನಷ್ಟಕ್ಕೊಳಗಾಗಿ ಅಂಗಡಿಗಳನ್ನು ಮುಚ್ಚಿದರೋ ಲೆಕ್ಕವೇ ಇಲ್ಲ.ವಿಧಿ ಇಲ್ಲದೆ ಹೊರಗೆ ಹೋಗಿ ಜೀವನಕ್ಕೆ ಸ್ವಲ್ಪ ಆದಾಯಗಳಿಸಲೋದವರ ಮೇಲೆ ವೈರಸ್ ಅಟ್ಟಹಾಸ .ಖಾಸಗಿ ಆಸ್ಪತ್ರೆಗಳ ಬಿಲ್ ಪಾವತಿಸಲು ಅನುಕೂಲವಲ್ಲದೆ,ಸರ್ಕಾರಿ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಸರಿಯಾದ ಸಮಯದಲ್ಲಿ ಚಿಕಿತ್ಸೆಸಿಗದೆ ಮೃತಗೊಂಡವರು ಹಲವರು ಜನರು ಜೀವನಕ್ಕಾಗಿ ಜೀವ ಪಣಕ್ಕಿಟ್ಟು ಸೋತವರ ಕುಟುಂಬಗಳಿಗೆ ಸಾಂತ್ವಾನ ಹೇಳಲಾಗಲಿ,ಅವರ ಕಷ್ಟ ಹಂಚಿಕೊಳ್ಳಲಾಗಲಿ ಯಾರು ಇಲ್ಲ.

ಲಾಕ್ಡೌನ್ ದೊಡ್ಡ ಹೊಡೆತ ಶಿಕ್ಷಣ ಕ್ಷೇತ್ರಕ್ಕೆ ಬಿದ್ದಿದೆ.ಬಡತನದಲ್ಲಿ ಬಳಲುತ್ತಿರುವ ಹಲವಾರು ಮಕ್ಕಳಿಗೆ ವಿದ್ಯೆ ಒಂದು ಆಶಾಕಿರಣವಾಗಿತ್ತು.ಆದರೆ ರೋಗ ತಡೆಗಟ್ಟಲು ಶಾಲೆಗಳನ್ನು ಮುಚ್ಚುವ ಅನಿವಾರ್ಯ,ಸರಕಾರಿ ಹಾಗು ಗ್ರಾಮೀಣ ಭಾಗದ ಮಕ್ಕಳು ಶಾಲೆಗಳ ಬಳಿ ಆನ್ಲೈನ್ ತರಗತಿಗೆ ಬೇಕಾದ ಸೌಲಭ್ಯವಿಲ್ಲದ ಕಾರಣ ಮಕ್ಕಳು ಶಿಕ್ಷಣ ವಂಚಿತರಾಗಿದ್ದಾರೆ. ಇದು ಅವರನ್ನು ಇನ್ನೂ ಹಿಂದೂಡಲ್ಪಟ್ಟಿದೆ.ಸರ್ಕಾರಿ ಶಾಲೆಗಳಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಮದ್ಯಾನ್ಹದ ಬಿಸಿ ಊಟದ ಯೋಜನೆ ಅಡಿಯಲ್ಲಿ ಊಟ,ಹಾಲು ಪೂರೈಸಲಾಗುತ್ತಿತ್ತು ಆದರೆ ಈಗ ಶಾಲೆಯಿಲ್ಲದ ಕಾರಣ ಕುಟುಂಬದ ಬಡತನದ ಕಾರಣದಿಂದ ಹಸಿವಿನಿಂದ ಬಳಲುವಂತೆ ಆಗಿದೆ.

ಇಂತಹ ಕಠಿಣವಾದ ಪರಿಸ್ಥಿತಿಯಲ್ಲಿ ಒಂದು ಖುಷಿಯ ಸುದ್ದಿ ಅಂದರೆ ಲಸಿಕೆ ಹಂಚುವಿಕೆ.ಆದರೆ ಲಸಿಕೆಯ ಕೊರತೆ ಎರಡನೆಯ ಅಲೆ ದೇಶದಲ್ಲಿ ರೌದ್ರಾವತಾರ ತಾಳಿದ್ದು ಸರಕಾರ ಮಾತ್ರ ಲಸಿಕೆ ಪೂರೈಕೆಗೆ ಒದ್ದಾಡುತ್ತಿದೆ.ಇದು ಜನರ ಕೆಂಗಣ್ಣಿಗೆ ಗುರಿಯಾಗಿ ನಾಯಕತ್ವದ ಪ್ರಶ್ನೆಗೆ ಕಾರಣವಾಗಿದೆ. ಎಲ್ಲದಕ್ಕೂ ಕೊರತೆ ಆದರೆ ಭ್ರಷ್ಟಾಚಾರಕ್ಕೆ ಮಾತ್ರ ಕೊರತೆ ಇಲ್ಲ.ಇಂತಹ ಸಮಯದಲ್ಲೂ ರಾಜಕಾರಣಿಗಳು ತಮ್ಮ ಬೊಕ್ಕಸ ತುಂಬಿಕೊಳ್ಳುತ್ತಿದ್ದಾರೆ ಹೊರತು ಜನರ ಕಷ್ಟಗಳಿಗೆ ಮಿಡಿಯುತ್ತಿಲ್ಲ.ಇನ್ನೂ ಕೆಲವರು ಬಡವರಿಗೆ ಆಹಾರ ಹಾಗು ದಿನಸಿ ವಿತರಿಸಿ ,ಆರ್ಥಿಕ ನೆರವು ನೀಡುವುದರ ಮೂಲಕ ಹೃದಯವಂತಿಕೆ ಮೆರೆದರು.

ವೈರಸ್ ವಿರುದ್ದದ ಸಮರದಲ್ಲಿ ನಾವೆಲ್ಲರೂ ಒಂದಾಗುವುದು ಬಹಳ ಮುಖ್ಯ .ನಮ್ಮ ಕೈಲಾದ ಸಹಾಯ ನಮಗೆ ತಿಳಿದ ಕಷ್ಟದಲ್ಲಿರುವ ಒಂದು ಕುಟುಂಬಕ್ಕಾದರು ಮಾಡಿ ಆಸರೆಯಾಗೋಣ.ಎಲ್ಲ ಹೊರೆಯನ್ನು ಸರ್ಕಾರದ ಮೇಲೆ ಹೊರೆಸುವ ಬದಲು ನಾವೆಲ್ಲರೂ ಒಳ್ಳೆಯ ಪ್ರಜೆಗಳಾಗಿ ನಮ್ಮ ಜವ್ಬಾದ್ದಾರಿ ನಿಬಾಯಿಸೋಣ. ಮಾಸ್ಕ್ ಸರಿಯಾಗಿ ಹಾಕಿಕೊಂಡು ,ದೈಹಿಕ ಅಂತರ ಕಾಪಾಡಿಕೊಳ್ಳೋಣ. ಆಗಾಗ ಕೈತೊಳೆದುಕೊಂಡು , ನಮ್ಮ ಸರದಿಯಲ್ಲಿ ತಪ್ಪದೆ ವ್ಯಾಕ್ಸಿನ್ ಹಾಕಿಸಿಕೊಂಡು ನಮ್ಮ ಸುತ್ತಮುತ್ತಲಿನ ಜೀವಗಳನ್ನು ಕಾಪಾಡಿಕೊಳ್ಳುವುದು ಸದ್ಯಕ್ಕೆ ನಮ್ಮ ಮುಂದಿರುವ ಮೊದಲ ಆದ್ಯತೆ.

ಸಾಂಕ್ರಾಮಿಕ ರೋಗಗಳು ಮಾನವ ಇತಿಹಾಸದಲ್ಲಿ ಹೊಸದಲ್ಲ.ಈ ರೋಗವನ್ನು ಕೂಡ ನಾವು ದಾಟಿ ಮತ್ತೆ ಸಾಮಾನ್ಯ ಜೀವನ ಶೈಲಿಗೆ ಮರಳುತ್ತೇವೆ ಎಂಬ ನಂಬಿಕೆ ಬಹಳ ಮುಖ್ಯ .ಈ ಯುದ್ದದಲ್ಲಿ ಮಾನವೀಯತೆ ಬಹಳ ಮುಖ್ಯ .ಒಬ್ಬರಿಗೊಬ್ಬರು ಆಸರೆಯಾಗಿ ದಾರಿಯಂತ್ಯದ ಬೆಳಕಿನೆಡೆಗೆ ಒಂದಾಗಿ ಸಾಗೋಣ.

ಭೂಮಿಕಾ ಹೆಚ್.ಡಿ
3 .ಬಿ.ಕಾಂ. ಸಿ

कोरोना महामारी
(एक महामारी जो पड़ी सब पे भारी)

वशि्व सवास्थ्य संगठन (WHO) ने कोरोना वायरस को महामारी घोषति कयिा था । कोरोना वायरस बहुत ही सूक्ष्म लेकनि बोहोत ही प्रभावी है । कोरोना महामारी मानव के बाल की तुलना में 900 गुना छोटा है, लेकनि कोरोना का संक्रमण दुनयिाभर में तेजी से फ़ल रहा है ।

कोरोना वायरस का संबंध वायरस ऐसे परविार से है जसिमे संक्रमण से जुकाम से लेकर सांस लेने में तकलीफ जैसी समस्या हो सकती है । इस महामारी को पहले कभी नहीं देखा गया है। इस महामारी का संक्रमण दसिम्बर में चीन के वुहान में शुरू हुआ था। डबल्यूएचओ के मुताबकि बुखार, खासी, सांस लेने में तकलीफ इसके लक्षण है। यह महामारी एक व्यक्त से दूसरे व्यक्त में फैलता है। कोरोना से मलिते-जुलते वायरस खांसी और छींक से गरिने वाली बूंदों के जरए फैलता है। यह महामारी दुनयिा के कई देशों को अपने चपेट में ले चुका है। कोरोना का संक्रमण के बढ़ते खतरे को देखते हुए सावधानी बरतने की जरूरत है ताक इसे फैलने से रोका जा सके। सवास्थ्य मंत्रालय के कोरोना महामारी से बचने के लए दशिा-नरि्देश जारी कए है।

इस महामारी की वजे से हर कसिकिो कई मुश्कलिों का सामना करना पड़ रहा है, फरि चाहे वो इंसान हो या जानवर, कसिकिी पैसों की कमी तो कसिकिो खाने की कमी, हमारे देश की आर्थकि स्तथि को इस महामारी ने पूरी तरह से जनिजोड़के रख दयिा है। दैनकि मजदूरों को काम ना मलिने के कारण वो एक एक खाने के दाने के लए तरस रहा है। व्यापारीयों को व्यापार नहीं होने का टेंशन है। कई कारखाने तो बंद होने की कगार पर है, और कई तो बंद भी होगाए है। सरकार चाहे वो राज्य हो या केंद्र को हर कसिकिो को कई मुश्कलिों का सामना करना पड़ रहा है। हर एक क्षेत्र पर इस महामारी का प्रभाव पड़ा है। इस महामारी ने एक चीज सुबको सीखाद की आपके पास चाहे कतिने भी पैसे हो अगर आप ही नहीं रहोगे इस दुनयिा में तो इन पैसों का क्या मतलब। एक और चीज इस महामारी ने सखिादी और वो है परविार – अपनों का महत्व, अगर आपके साथ आपका परविार है और आपके अपने है तो आप कसिी भी जंग में जीत कर या सकते हो।

इस महामारी में लगे हुए लॉकडाउन में कुछ अच्छी छीजे भी हमे देखने को मलिी, जैसे लॉकडाउन की वजह से प्रदूषण स्तर में कमी, परविार के साथ समय बतिाने का मोका मलिा जो शायद हमे आगे कभी ना मलि, कई सारे पंछी फरिसे शाहेरो में देखने को मलि। हमारे देश के वैज्ञानकिो के कड़े परश्रिम से हमे इस महामारी से बचने के लए 2 वैक्सीन का ईजाद हुआ। अभी टीका कारण जोरों से चल रहा है और इसके साथ हमारे देश में इस महामारी की दूसरी लहर भी चल रही है। हम आशा करते की हमे इस महामारी से जल्द छुटकारा मलि और हम फरिसे पहले की तरह जी सके। लेकनि तब तक हमे सामाजकि दूरी (2 गज) का पालन, मास्क पहने और समय समय पर अपने हाथों को साफ पनयिा सैनटिाइजर से धोते रहना पड़ेगा और अगर जरुथ हो तो ही अपने घर से बाहर जाने की कोशशि करे।

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भारत में शक्षिा प्रणाली और राष्ट्रीय शक्षिा नीत

भारतीय शकि्षा प्रणाली काफी पुरानी शकि्षा प्रणाली है जो अभी भी मौजूद है। इसने बहुत सारे प्रतभिाशाली दमिागों का उत्पादन कयिा है जो पूरे वशि्व में भारत को गौरवान्वति कर रहे हैं। हालांक, जबक यह सबसे पुरानी प्रणालयिों में से एक है, यह अभी भी दूसरों की तुलना में वकिसति नहीं है, जो वास्तव में नए हैं। यह इसलए है क्योंक अन्य देश वकिास और उन्नत से गुजरे हैं, लेकनि भारतीय शकि्षा प्रणाली अभी भी पुरानी पीढ़ी में अटकी हुई है

भारतीय शकि्षा प्रणाली के साथ समस्याएं
हमारी भारतीय शकि्षा प्रणाली बहुत सी समस्याओं का सामना करती है जो इसे समृद्ध नहीं होने देती हैं और अन्य बच्चों को जीवन में सफल होने में मदद करती हैं। सबसे बड़ी समस्या जसिका सामना करना पड़ता है वह है खराब ग्रेडगि प्रणाली। यह शकि्षावदिों के आधार पर एक छात्र की बुद्धमित्ता का न्याय करता है जो परीक्षा पत्रों के रूप में है। यह उन छात्रों के लए बहुत अनुचति है जो अपने समग्र प्रदर्शन में अच्छे हैं, लेकनि वशिष्ट वषियों में अच्छे नहीं हैं।

इसके अलावा, हम देखते हैं क भारतीय शकि्षा प्रणाली कैसे सद्धिांत पर अधकि ध्यान केंद्रति करती है। प्रैक्टकिल के लए केवल थोड़ा प्रतशित दयिा जाता है। यह उन्हें कतिाबी ज्ञान के बाद चलता है और वास्तव में इसे वास्तवकि दुनयिा में लागू नहीं करता है। व्यावहारकि ज्ञान की कमी के कारण वास्तवकि दुनयिा में बाहर जाने पर यह अभ्यास उन्हें हैरान कर देता है। सबसे महत्वपूर्ण बात, भारतीय शकि्षा प्रणाली खेल और कला के महत्व पर पर्याप्त जोर नहीं देती है। छात्रों को हमेशा हर समय अध्ययन करने के लए कहा जाता है जहां उन्हें खेल और कला जैसे अन्य गतविधियिों के लए समय नहीं मलिता है।

हम भारतीय शकि्षा प्रणाली को कैसे सुधार सकते हैं?
चूंक भारतीय शकि्षा प्रणाली इतनी समस्याओं का सामना कर रही है, हमें प्रभावी समाधानों के साथ आने की आवश्यकता है ताक यह बेहतर हो और छात्रों के लए एक उज्जवल भवष्यि का नरि्माण हो। हम छात्रों के

कौशल वकिास पर ध्यान केंद्रति करके शुरू कर सकते हैं। स्कूल और कॉलेजों को न केवल रैंक और ग्रेड पर बल्कि बच्चों के वशि्लेषणात्मक और रचनात्मक कौशल पर ध्यान केंद्रति करना चाहिए।

इसके अलावा, वषियों को केवल सैद्धांतकि रूप से नहीं बल्कि व्यावहारकि रूप से पढ़ाया जाना चाहिए। यह व्यावहारकि ज्ञान की कमी के कारण पूरे वषिय को खोले बनिा वषिय की बेहतर समझ में मदद करेगा। इसके अलावा, पाठ्यक्रम को बदलते समय के साथ अद्यतन कयिा जाना चाहिए और बुढ़ापे के पैटर्न का पालन नहीं करना चाहिए।

इसके अलावा, सरकारी और नजिी कॉलेजों को अब शक्षिकों का वेतन बढ़ाना चाहिए। के रूप में वे स्पष्ट रूप से वे क्या पेशकश से अधकि के लायक हैं। पैसे बचाने के लिए, स्कूल उन शक्षिकों को नयिुक्त करते हैं जो पर्याप्त योग्य नहीं हैं। इससे कक्षा का बहुत बुरा माहौल और सीखने का माहौल बनता है। उन्हें काम पर रखा जाना चाहिए, अगर वे नौकरी के लायक हैं और इसलिए नहीं कि वे कम वेतन पर काम कर रहे हैं।

अंत में, बेहतर के लिए भारतीय शक्षिा प्रणाली को बदलना होगा। यह छात्रों को भवषि्य में बेहतर चमकने के समान अवसर प्रदान करना चाहिए। हमें पुराने और पारंपरकि तरीकों से जाने और शक्षिण मानकों को बढ़ाने की आवश्यकता है ताकि हमारे युवा एक बेहतर दुनिया बना सकें।

नई शक्षिा नीति 2021 क्या है ?
शैक्षणकि धाराओं के बीच कोई बड़ा अलगाव नहीं होने के कारण, स्कूलों में साक्षरता, और साक्षरता पर अतरिक्ति पाठ्यचर्या, पेशेवर धाराओं पर जोर दयिा जाएगा। छठी क्लास से वोकेशनल शक्षिा नई राष्ट्रीय शक्षिा नीति 2020 में प्रशक्षिण के साथ शुरू होगी। मातृभाषा / क्षेत्रीय भाषा में पांचवीं स्तर तक पढ़ाई अनविार्य होगी। एक व्यापक 360-डगि्री प्रगति कार्ड के साथ, सीखने के परणिामों को प्रापत करने के लिए छात्र प्रगति के मूल्यांकन और ट्रैकगि में सुधार भी शामलि है।
भारत को वैश्वकि महाशक्ति बनाने के इतहिास में एक और महत्वपूर्ण दनि चह्निति कयिा जाना है। लंबे समय से प्रतीक्षति, नई शक्षिा नीति को बुधवार 29 जुलाई, 2020 को प्रधान मंत्री नरेंद्र मोदी की अध्यक्षता में केंद्रीय मंत्रमिंडल द्वारा अनुमोदति कयिा गया था। नई शक्षिा प्रणाली का उद्देश्य स्कूलों की शक्षिा प्रणाली और उच्च शक्षिा में परविर्तन सुधार लाना है। भारत को वैश्वकि शक्ति के रूप में मजबूत करने की दशिा में 34 वर्षीय शक्षिा प्रणाली की जगह एक और बड़ा कदम है।
नई शक्षिा नीति - नई स्कूल शक्षिा संरचना, 5 + 3 + 3 + 4 फाउंडेशन फॉर्मूला
पहले तीन वर्षों में बच्चों को आंगनवाड़ी में प्री-स्कूल शक्षिा प्रापत होगी। फरि अगले दो वर्षों में, बच्चों को स्कूल में पहली और दूसरी कक्षा में पढ़ाया जाएगा। इन पांच वर्षों के अध्ययन के लिए एक नया पाठ्यक्रम तैयार कयिा जाएगा। ध्यान मुख्य रूप से गतविधि-आधारति शक्षिा पर होगा। इसमें तीन से आठ साल के बच्चों को शामलि कयिा जाएगा। इस तरह, पहले पांच साल की पढ़ाई पूरी हो जाएगी।
प्रारंभकि चरण इस स्तर पर, कक्षा तीन से पांच का अध्ययन कयिा जाएगा। इस दौरान बच्चों को प्रयोग के माध्यम से वज्ञिान, गणति, कला आदि सखिाई जाएगी। 8 से 11 साल के बच्चों को कवर कयिा जाएगा।
मध्य चरण - कक्षा 6-8 को कवर कयिा जाएगा, 11-14 वर्ष के बच्चों को इन वषिय-आधारति कक्षाओं द्वारा कवर कयिा जाएगा। कौशल वकिास पाठ्यक्रम छठी कक्षा में शुरू होंगे।
नौवीं से बारहवीं कक्षा के द्वतिीय चरण का अध्ययन दो चरणों में कयिा जाएगा, जहां वषियों का गहन अध्ययन कयिा जाएगा। वषियों को चुनने की स्वतंत्रता भी होगी। पहले यह व्यवस्था सरकारी स्कूलों में प्री-स्कूल में नहीं थी। पहली कक्षा से 10 तक सामान्य शक्षिा थी। 11 वीं कक्षा से, वषिय चुन सकते थे।
स्कूली शक्षिा में अन्य महत्वपूर्ण बदलाव - # NEP2020 की मुख्य वशिेषताएं

- डॉ। कस्तूरीरंगन ने कहा, व्यावसायकि शक्षिा, जो छठी कक्षा से ही व्यावसायकि ज्ञान प्राप्त करती है, उस समति का नेतृत्व करती है जसिे नई शक्षिा नीति को अंतमि रूप देने के लिए बनाई गई थी, और अब बच्चे को छठी कक्षा से ही व्यावसायकि शक्षिा और कौशल दयिा जाएगा।
- इंटर्नशपि भी स्थानीय स्तर पर आयोजति की जाएगी। व्यावसायकि शक्षिा और कौशल वकिास पर जोर दयिा जाएगा
- नई शक्षिा नीति से बेरोजगारी नहीं होगी। स्कूल में, बच्चे को आवश्यक व्यावसायकि शक्षिा दी जाएगी।
- दसवीं और बारहवीं बोर्ड परीक्षा आसान होगी। कक्षा 10 वीं और 12 वीं की बोर्ड परीक्षा में बड़े बदलाव कए जाएंगे।
- परषिद की परीक्षाओं के महत्व को कम आंका जाएगा। कई महत्वपूर्ण सुझाव हैं। जैसे कि साल में दो बार परीक्षा देना, और उन्हें दो उद्देश्य और व्याख्यात्मक खंडों में वभिाजति करना।
- परषिद परीक्षा का मुख्य ध्यान ज्ञान परीक्षा पर रहेगा ताकि छात्रों की याददाश्त समाप्त हो जाए।
- छात्र काउंसलि परीक्षणों के संबंध में हमेशा दबाव में रहते हैं और अधकि अंक प्राप्त करने के लिए प्रशक्षिण पर भरोसा करते हैं। लेकनि भवषि्य में उन्हें इससे आजादी मलि सकती है।
- शक्षिा नीति में कहा गया है कि विभिन्नि परषिद आने वाले समय में बोर्ड परीक्षाओं के लिए एक व्यावहारकि मॉडल तैयार करेंगे। जैसे कि वार्षकि और त्रैमासकि परीक्षा और इकाइयाँ।
- नई नीति के तहत, परीक्षाएँ कक्षा तीन, पाँच और आठ में भी होंगी। जबकि प्लेट 10 और 12 के लिए परीक्षा एक परविर्तनशील रहेगी।

भारत में नई शिक्षा नीति के बारे में सब कुछ विस्तार से।

एनईपी को शुरू करने और लागू करने का मुख्य उद्देश्य सभी के लिए समान रूप से शिक्षा की गुणवत्ता को बढ़ाना है और भारत को एक वैश्विक महाशक्ति के रूप में मजबूत करने की दिशा में आगे बढ़ रहा है।

1. स्कूल शिक्षा के सभी स्तरों के लिए एकल विनियम:
• एनईपी प्री-स्कूल से उच्च शिक्षा तक सभी स्तर पर शिक्षा के लिए सार्वभौमिक पहुंच प्रदान करने पर केंद्रित है। इसमें शामिल होंगे:
• छात्रों और उनके सीखने के स्तर पर नज़र रखना।
• नवीन शिक्षा केंद्रों के माध्यम से स्कूल छोड़ने वालों को मुख्यधारा में वापस लाना।
• आधारभूत संरचना का समर्थन।
• परामर्शदाताओं और प्रशिक्षित सामाजिक कार्यकर्ताओं का स्कूलों में परिचय कराना
• औपचारिक और गैर-औपचारिक शिक्षा मोडों को शामिल करने वाले कई शिक्षण मार्गों की सुविधा दें।
• ग्रेड 3, 5 और 8 को एनआईओएस के माध्यम से ओपन लर्निंग और पब्लिक स्कूल उपलब्ध कराए जाएंगे।
• 10 और 12 ग्रेड में समतुल्य माध्यमिक शिक्षा कार्यक्रम
• स्कूल पाठ्यक्रम में व्यावसायिक पाठ्यक्रमों का परिचय।
• उपरोक्त उद्देश्य वयस्क-साक्षरता और जीवन-संवर्धन कार्यक्रमों की सहायता से पूरे किए जाएंगे।

2. स्कूल पाठ्यक्रम और शिक्षाशास्त्र में परिवर्तन:
• छात्रों के समग्र विकास को ध्यान में रखते हुए स्कूल पाठ्यक्रम और शिक्षाशास्त्र में सुधार किया जाएगा। नए पाठ्यक्रम में छात्रों को लैस करना शामिल होगा
• 21 वीं सदी के प्रमुख कौशल।
• आवश्यक शिक्षण, व्यावहारिक और महत्वपूर्ण सोच और अनुभवात्मक सोच को बढ़ाएं।
• पिछले पाठ्यक्रम की सामग्री में कमी।
• विषयों को चुनने में अधिक लचीलापन।
• विज्ञान, वाणिज्य और गणित के बीच कोई अंतर नहीं।
• सह-पाठयक्रम गतिविधियों और व्यावसायिक गतिविधियों और शैक्षणिक धाराओं को समान माना जाएगा।
• व्यावसायिक शिक्षा में इंटर्नशिप शामिल होगी और इसे कक्षा 6 वीं से शुरू किया जाएगा।
• NCFSE 2020-21 (नेशनल करिकुलर फ्रेमवर्क फ़ॉर स्कूल एजुकेशन) NCERT द्वारा बनाया जाएगा

3. समान और समावेशी शिक्षा:
• शिक्षा नीति सभी के बीच समानता को बढ़ावा देने पर ध्यान केंद्रित करेगी। SEDG (सामाजिक और आर्थिक रूप से वंचित) समूह पर विशेष ध्यान दिया जाएगा। SEDG में लिंग, भौगोलिक, सांस्कृतिक और सामाजिक विकलांग शामिल हैं। यह नीति के मानदंड पर काम करेगा
• जेंडर इंक्लूजन फंड
• वंचित क्षेत्रों में विशेष शिक्षा क्षेत्र होंगे।
• अक्षम छात्रों को विकलांग छात्रों के लिए विशेष शिक्षकों की मदद से नियमित स्कूली शिक्षा के लिए अनुमति दी जाएगी।
• नियमित स्कूली शिक्षा लेने वाले विकलांग छात्रों को प्रशिक्षण, आवास, उपयुक्त तकनीक आदि प्रदान की जाएगी।
• राज्यों / जिलों को सलाह दी जाती है कि वे दिन-ब-दिन स्कूल स्थापित करें - "बाल भवन" अतिरिक्त गतिविधियों में भाग लेने के लिए जो कैरियर और खेल से संबंधित होंगे।

4. शिक्षक भर्ती की प्रक्रिया में बदलाव:
• शिक्षकों को अब अधिक पारदर्शी प्रक्रियाओं के साथ भर्ती किया जाएगा और पदोन्नति योग्यता आधारित होगी। एनसीईआरटी, शिक्षकों और विशेषज्ञ संगठनों और सभी स्तरों और क्षेत्रों में एससीईआरटी के साथ विचार-विमर्श में, एनसीटीई द्वारा 2022 तक कॉमन नेशनल प्रोफेशनल स्टैंडर्ड (एनपीएसटी) बनाया जाएगा।

5. ऑनलाइन शिक्षा और डिजिटल शिक्षा:
• एनईपी में सिफारिशों का एक व्यापक सेट प्रदान किया जाता है, जो कि किसी भी समय और कहीं भी गुणवत्ता वैकल्पिक शिक्षा मोड की उपलब्धता सुनिश्चित करने के लिए महामारी के हालिया प्रकोप के मद्देनजर ऑनलाइन शिक्षा को बढ़ावा देने के लिए है।
• MHRD एक विशेष इकाई बनाएगा जो केवल डिजिटल सामग्री और बुनियादी ढांचे के निर्माण पर ध्यान केंद्रित करेगी ताकि यह सुनिश्चित किया जा सके कि ई-शिक्षा का भविष्य लक्ष्य उच्च शिक्षा और स्कूलों के लिए पूरा हो।

6. व्यावसायिक शिक्षा:
• विभिन्न व्यवसायों के लिए छात्रों के आधार को मजबूत करने के लिए सभी प्रकार की व्यावसायिक शिक्षा और प्रशिक्षण उच्च शिक्षा प्रणाली का एक बुनियादी हिस्सा होगा। क्षेत्र या क्षेत्र के अनुसार स्थानीय व्यवसाय में छात्रों को एक वर्ष में 10 दिनों की इंटर्नशिप भी प्रदान की जाएगी। स्वायत्त तकनीकी विश्वविद्यालय, स्वास्थ्य विज्ञान के विश्वविद्यालय, कानूनी और कृषि विश्वविद्यालय, आदि वे बहु-विषयक संस्थान बनने का लक्ष्य रखते हैं।

7. वित्तीय शिक्षा:
• एनईपी का लक्ष्य मौजूदा जीडीपी को जल्द से जल्द 6% तक बढ़ाना है। इसके लिए एएनडी राज्य और केंद्र सरकार दोनों साथ मिलकर काम करेंगे और शिक्षा

क्षेत्र में सार्वजनिक निवेश की वृद्धि को बढ़ावा देंगे। नई शिक्षा प्रणाली आने वाले समय में एक मोड़ साबित हो सकती है। कुछ ने खुले दिमाग से इसका स्वागत किया है और कुछ के लिए, शुरू किए गए बदलाव अभी भी भ्रामक हैं। यह हमारी शिक्षा प्रणाली में बदलाव लाने वाला है|

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महिला सशक्तिकरण

'महिला सशक्तिकरण' के बारे में जानने से पहले हम ये समझ लेते हैं की 'सशक्तिकरण' का अर्थ क्या है। सशक्तिकरण का तात्पर्य यह है कि, किसी व्यक्ति की वह क्षमता जिससे उसमें ये योग्यता आ जाती है जिससे वो अपने जीवन से जुड़े सभी निर्णय स्वयं ले सके। महिला सशक्तिकरण में भी हम उसी क्षमता की बात कर रहे है जहां महिलाएं परिवार और समाज के सभी बंधनों से मुक्त होकर अपने निर्णयों की निर्माता खुद हो। उन्हें वो आज़ादी मिले जिसकी वो हकदार है। उन्हें कोई भी अधिकार से वंचित ना रखा जाए।

महिला सशक्तिकरण को बेहद आसान शब्दों में परिभाषित किया जा सकता है कि इससे महिलाएँ शक्तिशाली और आत्मनिर्भर बनती है जिससे वो अपने जीवन से जुड़े हर फैसले स्वयं ले सकती है और परिवार और समाज को सही दिशा में ले जा सके। समाज में उनके वास्तविक अधिकार को प्राप्त करने के लिये उन्हें सक्षम बनाना महिला सशक्तिकरण है।

पंडित जवाहर लाल नेहरु द्वारा कहा गया मशहूर वाक्य "लोगों को जगाने के लिये, महिलाओं का जागृत होना जरुरी है। एक बार जब वो अपना कदम उठा लेती है, परिवार आगे बढ़ता है, गाँव आगे बढ़ता है और राष्ट्र विकास की ओर उन्मुख होता है।"

महिला सशक्तिकरण में ये ताकत है कि वो समाज और देश में बहुत कुछ बदल सकें। वो समाज में किसी समस्या को पुरुषों से बेहतर ढंग से निपट सकती है। वो देश और परिवार के लिये अधिक जनसंख्या के नुकसान को अच्छी तरह से समझ सकती है।

भारतीय स्त्री का हर रूप अनूठा है, अनुपम है, अवर्णनीय है। एक पहचान, एक परिभाषा, एक श्लोक, एक मंत्र या एक सूत्र में भला कैसे अभिव्यक्त हो सकती है? साहस, संयम और सौंदर्य जैसे दिव्य-दिव्य गुणों को समयानुरूप इतनी दक्षता से प्रकट करती है कि सारा परिवेश चौंक उठता है।

यही कारण है कि त्योहारों का आगमन उसके रोम-रोम से प्रस्फुटित होता है। उसकी मन-धरा से सुगंधित लहरियां उठने लगती हैं। उसके शृंगार में, रास-उल्लास में, आचार-विचार और व्यवहार में, रूचियों, प्रकृतियों और प्रवृत्तियों से त्योहार के सजीले रंग सहज ही झलकने लगते हैं। जिन्होंने वेद-गीता पढ़े हैं वे अच्छी तरह जानते हैं कि दिस हजार वर्ष पूर्व जबकि मानव जंगली था, आर्य पूर्णत: एक सभ्य समाज में बदल चुके थे। तभी तो वेदों में जो नारी की स्थिति का वर्णन है उससे पता चलता है कि उनकी स्थिति आज के समाज से कहीं अधिक आदरणीय और स्वतंत्रतापूर्ण थी।

परन्तु प्राचीन काल से ही भारत में महिलाओं की स्थिति विकट रही हैं। विधवा पुनर्विवाह, कन्या भ्रूण हत्या, दहेज, बाल विवाह और वर्जना जैसी प्रथाए भारत में एक लंबी अवधि तक रहे है।

आज हम देश में एक विचित्र स्थिति में है, यह एक ऐसा देश है जहां हमने हमेशा नारीत्व को पूजा है। हम इस ग्रह को धरती माता कहते आए है, और देश के बारे में भी विचार नारित्व से जुड़े हैं। यह भारत माता है, यह एक भी गांव ढूंढना मुश्किल है जहा देवी और माता के रूप में नारी को ना पूजा जाता हो।

बहुत विचित्र देश है हमारा, नियत आदमी की खराब होती है और घूंघट औरत से निकलवाया जाता है। अब हमें पुरानी रीति रिवाज को तोड़ कर आगे बढ़ना होगा और ऐसा कुछ करना होगा की हर मां, हर बाप यह कह उठे की मुझे मेरी बेटी पर गर्व है। हमारे देश में ऐसी कही महान बेटियों ने जन्म लिया है जिन्होंने अपने कर्मो से देश का नाम बहुत उज्वल किया है। जैसे की इंदिरा गांधी, कल्पना चावला, किरण बेदी, सानिया मिर्ज़ा, मिताली राज, नीरजा भानोत, किरण मजूमदार शाह आदि।एसी कही अनगिनत महिलाएं है जिन्होंने महिला सशक्तिकरण पर सही प्रकाश डाला है। हम ऐसे समय में है जहां हर क्षेत्र में प्रगति और विकास की सोच विकसित हो रही हैं, तब क्या महिला सशक्तिकरण की सोच को सेमिनार और किताबों के बाहर निकाल कर धरोतल तक निकालने की ज़रूरत है? बिलकुल। वैसे देखा जाए तो बढ़ती अर्थव्यवस्था में महिलाओं का महत्वपूर्ण योगदान है। महिलाओं की आर्थिक स्वतंत्रता महिला सशक्तिकरण को बढ़ावा दे रही हैं।

कृषि आंदोलन

भारत में कुछ वर्षों से किसान उबाल पर हैं। आधे से अधिक भारतीय खेतों पर काम करते हैं, लेकिन देश की जीडीपी का छठा हिस्सा खेती के लिए है। उत्पादकता में गिरावट और आधुनिकीकरण की कमी ने लंबे समय तक प्रगति की है। प्लॉट के आकार सिकुड़ रहे हैं, जैसे कि खेती से आय होती है। कीमतों में बेतहाशा अनियमितता हो सकती है और बिचौलिए कार्टेल बनाते हैं और बहुत अधिक मुनाफा कमाते हैं

२०२०-२०२१ में भारतीय किसानों का विरोध तीन कृषि कृत्यों के खिलाफ चल रहा है, जो सितंबर २०२० में भारत की संसद द्वारा पारित किया गया था। २१ मार्च २०२१ तक,

हरयिाणा पुलसि के अनुसार, सघिू और टकिरी में लगभग ४०,००० प्रतबिद्ध प्रदर्शनकारी बैठे हैं। दलि्ली की सीमा पर।

सरकार इन दनिों जो कुछ भी करती है वह सरकार ऐतहिासकि 'के रूप में अंकति है। लेकनि क्या will ऐतहिासकि 'कृषि सुधार पहले के डमिोनेटाइजेशन, जीएसटी और लॉकडाउन जैसे ऐतहिासकि भूलों में बदल जाएंगे? सरकार के प्रतअिवशि्वास ऐसा है कि किसिान अंकति मूल्य पर प्रधानमंत्री के आश्वासन को स्वीकार करने को तैयार नहीं हैं। प्रधान मंत्री ने दावा कयिा है कि वपिक्ष कृषि बलिों पर देश को गुमराह कर रहा है; कसिानों और उनकी सरकार के लिए उनका दलि दुखता है कि वे न्यूनतम समर्थन मूल्य शासन को कभी खत्म नहीं करेंगे। तथ्य यह है कि तीन अध्यादेश, जो अब संसद द्वारा अनुमोदति कए गए हैं, बनिा जांच के, एमएसपी के साथ दूर करने या सरकार द्वारा खाद्यान्नों की खरीद का कोई उल्लेख नहीं करते हैं

हजारों कसिान, जनिमें ज्यादातर पंजाब, हरयिाणा और पश्चमिी उत्तर प्रदेश के हैं, पछिले साल 26 नवंबर से कई दलि्ली सीमा बदिुओं पर डेरा डाले हुए हैं, तीन कृषि कानूनों को रद्द करने की मांग कर रहे हैं – कसिान उत्पाद व्यापार और वाणज्यि (संवर्धन और सुवधिा) अधनियिम, 2020 ; मूल्य आश्वासन और कृषि सेवा अधनियिम 2020 और आवश्यक वस्तु (संशोधन) अधनियिम, 2020 पर कसिान सशक्तीकरण और संरक्षण) समझौता। उन्होंने अपनी फसलों के लिए न्यूनतम समर्थन मूल्य पर कानूनी गारंटी की भी मांग की।

सब्जी उत्पादकों से लेकर कॉफी प्लांटर्स तक, सेब उत्पादकों से लेकर चावल कसिानों तक, अनुभव यह रहा है कि खुदरा वकिरेताओं, नरि्यातकों और जनि लोगों ने उत्पादन और वपिणन करके उपज का मूल्य जोड़ा है, उन्होंने लाभ कमाया है। कसिानों और उपभोक्ताओं दोनों को आगोश में छोड़ दयिा गया है

कसिानों को अब कसिी को भी फसल बेचने की आजादी है। व्यापारी इस बात को नज़रअंदाज कर सकते हैं कि राज्य सरकार के वधिान क्या हैं और कसिानों से सीधे खरीद सकते हैं और कसिानों के साथ अपने संबंध बना सकते हैं और खरीद सकते हैं, जो वास्तव में सद्धिांत रूप में अच्छी बात है।

बलिों के साथ समस्या यह है कि वे कसिानों को नजिी खलिाड़यिों के हाथों में डाल रहे हैं, बनिा कसिी सुरक्षा उपायों के और बनिा मूल्य नरि्धारण के नयिमों या अनुशासन के। नयिामक नगिरानी और मूल्य-नरि्धारण नकिाय की कमी है।

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हन्दिी
बाल श्रम पर नबिंध
परचिय ।

अंतर्राष्ट्रीय सुतर पर बाल श्रम हमारे लिए एक गंभीर चंता का वषिय है। बाल श्रम का अर्थ है बच्चों को कसिी भी व्यावसायकि गतविधि में बलपूर्वक या उनकी इच्छा से शामलि करना।
बाल श्रम का अर्थ है कसिी भी उद्योग, दुकानों, कार्यशालाओं आदि में कम उम्र के बच्चों का रोजगार।

बाल श्रम के कारण ।

बाल श्रम के कारण और समस्या के कारण तक पहुँचने से हमें इससे बेहतर तरीके से लड़ने में मदद मलिेगी। भारत में बाल श्रम कई कारणों से होता है, जबकि कुछ कारण पड़ोसी देशों में आम हैं और अन्य जो वशिष क्षेत्रों और धर्मों में वशिष्टि हैं। कसिी भी देश में बाल श्रम का मुख्य कारण गरीबी और बेरोजगारी है। परविार के लिए पर्याप्त कमाई नहीं होने के कारण, वे अपने बच्चों को काम पर लगाते हैं, आज उनके पास जीवति रहने के लिए पर्याप्त धन हो सकता है। परविार के वयस्क बेरोजगार हैं, जो गरीबी का एक और कारण है और अपने बच्चों को उनके साथ काम करने दें।

बाल श्रम का बच्चों पर प्रभाव ।
बाल श्रम परोक्ष रूप से बच्चों के मानसकि और शारीरकि वकिास को प्रभावति करता है।
कई घंटों तक बनिा रुके काम करने से बच्चे शारीरकि या मानसकि बीमारयिों के शकिार हो जाते हैं ।

बाल श्रम में अग्रणी राज्य ।
यूनसिेफ के एक अध्ययन के अनुसार, यह स्पष्ट है कि लगभग १३ से १५% बच्चे मजदूरी के रूप में काम कर रहे हैं और काम करने की आयु समूह ५ से १५ साल के बीच है, और बाल श्रम यूपी, बहिार जैसे राज्यों में सबसे प्रमुख है। राजस्थान, एमपी और महाराष्ट्र।
अवकिसति और वकिासशील देशों में बाल श्रम की समस्या अधकि गंभीर है।

उद्योगों में बाल श्रम शामलि है ।
भारत में, वभिन्नि उद्योग और कई उत्पाद हैं जनिमें चूड़ी, आतशिबाजी जैसे बाल श्रम शामलि हैं, उनमें से ज्यादातर कपड़ा उद्योगों में काम कर रहे हैं।

माता-पति पैसे के लिए अपने बच्चे का उपयोग कैसे करते हैं ।

इसके बजाय, पैसे के लिए बच्चों को उनके माता-पति भी बेच देते हैं। माता-पति उन्हें नौकर के रूप में काम करने के लिए बेचते हैं, माता-पति की दुर्व्यवहार करने वाली बालकिा को वे शहर में एक नयिोक्ता को उनके घर पर

काम करने के लिए बेचते हैं, और कई उसे दुल्हन के रूप में एक बड़े आदमी को बेचते हैं। सिवाय उनके बच्चों के माता-पिता उन्हें भिखारी, फूल विक्रेता, समाचार पत्र विक्रेता आदि के रूप में सड़कों पर जाने के लिए मजबूर करते हैं। और कभी-कभी उन्हें एक साथ कई दिनों तक भूखा भी रहना पड़ता है, जिससे लोग उनके लिए खेद महसूस करते हैं और उन्हें पैसे या भोजन देते हैं।

बाल श्रम बढ़ने का कारण ।
बाल श्रम की बढ़ती संख्या का मुख्य कारण हर देश में "गरीबी" और "बेरोजगारी" है जहां यह मुख्य समस्या है। भारत के संविधान के अनुसार बाल श्रम एक गंभीर अपराध और दंडनीय अपराध है।

बाल श्रम का उन्मूलन ।
इस समस्या को मिटाने के लिए हमें माता-पिता को अपने बच्चों को उचित शिक्षा देने के फायदों के बारे में बताना चाहिए न कि उन्हें काम करने के लिए मजबूर करना चाहिए। सरकार को भी अपने बाल श्रम अधिनियम के अनुसार इस समस्या पर एक साथ विचार करना चाहिए, जो स्पष्ट रूप से कहता है कि बाल श्रम एक गंभीर और दंडनीय अपराध है। बाल श्रम की भविष्यवाणी करें, प्रत्येक व्यक्ति को 14 वर्ष से कम आयु के बच्चे के रोजगार के बारे में रिपोर्ट करने की जिम्मेदारी भी लेनी चाहिए। और बाल श्रम को समाप्त करने के लिए आवश्यक कदम देश के प्रत्येक बच्चे को एक अच्छी तरह से योग्य स्वस्थ और सामान्य बचपन प्रदान करना है, जिससे यह समस्या धीरे-धीरे और निश्चित रूप से कम हो जाएगी।

निष्कर्ष ।
बाल श्रम एक गंभीर अपराध है जो छोटे बच्चों को पढ़ने और खेलने की उम्र में उनकी दैनिक जरूरतों के लिए काम करने देता है। अफ्रीका के बाद भारत में बाल श्रमिकों की संख्या सबसे अधिक है। भारत में, कांच उद्योग चूड़ी उद्योग जैसे विभिन्न उद्योगों में बच्चों के अधिकांश काम बच्चों के स्वास्थ्य को गंभीर नुकसान पहुंचाते हैं। इस मुद्दे को खत्म करो; प्रत्येक व्यक्ति को 14 वर्ष से कम उम्र के बच्चे के किसी भी रोजगार के बारे में रिपोर्ट करने की जिम्मेदारी लेनी चाहिए, जो सरकार को समाज और देश से बाल श्रम के उन्मूलन में मदद करता है।

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कसिान बलि 2020

कसिान हमारे देश और देश की अर्थव्यवस्था की रीढ़ है। इसके बावजूद भी कसिानों की स्थिति बहुत ही खराब और दयनीय है। इस डिजिटिल ज़माने में भी आज बहुत से कसिान अशिक्षित है। कुछ कसिान अपनी गरीबी के कारण अपने बच्चों को पढ़ाने में असमर्थ हैं। कसिानों की पारिवारिक स्थिति को मजबूत और कृषि को आधुनिकता देने के लिए सरकार ने कसिानों के लिए "कसिान विधेयक बलि 2020" लाने का निर्णय किया है, पर कसिानों द्वारा ही इस बलि का विरोध चिंतनीय विषय है।

भारतीय कसिान की परस्थितिि को देखते हुए हमारी सरकार ने कसिानों के जीवन औए खेती में नए तरीके अपनाकर, कैसे उन्हें बेहतर स्थिति में लाया जाए इसके तहत सरकार ने कानून बनाने का फैसला किया है। सरकार द्वारा इस कसिान बलि में 3 विधेयक को एक साथ जोड़ा गया हैं। जिसमें कृषि उत्पादन व्यापर और वाणज्यि (संवर्धन और सुविधा) विधेयक 2020, मूल्य आश्वासन एवं कृषि सेवाओं (सशक्तिकरण एवं संरक्षण) पर कृषक अनुबंध अधिनियम 2020, और आवश्यक वस्तु संशोधन अधिनियम 2020 को शामिल किया गया है।

मानसून सत्र के दौरान तीनों अधिनियम को एक साथ एक अध्यादेश के तहत लाया गया था। इनको 17 सितम्बर 2020 को लोक सभा और इसके बाद 20 सितम्बर 2020 को राज्य सभा में पारित किया गया। इसके बाद 27 सितम्बर 2020 को राष्ट्रपति के द्वारा इस बलि को मंजूरी दे दी गई और इस बलि को एक विधेयक के रूप में पारित कर दिया गया।
केंद्र सरकार द्वारा पारित तीन विधेयकों में निम्न प्रकार की बातें निहित है। कुछ इस प्रकार से है -
1. कसिान उत्पादन और वाणज्यि विधेयक
• इसके अंतर्गत कसिानों को व्यापर के लिए देश में अपनी मन चाही जगह उपज को बेच सकते है।
• इसका ये भी मतलब है की कसिान अपनी फसलों को APMC (कृषि उपज मंडी) के बाहर भी अपने उपज को खरीद या बेच सकते है।
• इसके साथ ही फसलों पर किसी प्रकार का कोई टैक्स नहीं होगा।
• कसिान अपनी फसलों को ऑनलाइन भी बेच सकते है। इस तरह से वे अपने फसलों के हिसाब से दाम लगाकर अपना मेहनताना कमा सकते है।
2. मूल्य आश्वासन एवं कृषि सेवाओं पर कृषक (सशक्तिकरण एवं संरक्षण) विधेयक
• इसके अंतर्गत देश भर में कॉन्ट्रैक्ट खेती की व्यवस्था का भी प्रस्ताव है।
• कॉन्ट्रैक्ट खेती के अंतर्गत फसल खराब होने पर उसके नुकसान की भरपाई कसिान को नहीं बल्कि एग्रीमेंट करने वाला पक्ष या कंपनियां करेगी।
• इन कंपनियों को कसिान अपने दाम पर उपज बेच सकते है, जिससे उनकी आमदनी में इजाफा होगा और बिचौलियों का खात्मा होगा।
3. आवश्यक वस्तु संशोधन बलि
• इस अधिनियम के अंतर्गत खाद्य तेल, तिलहन, दाल, प्याज, आलू जैसी चीजों पर स्टॉक लिमिट हटा दी गई है।
• राष्ट्रिय आपदा, सुखा जैसी स्थितियों में ही स्टॉक लिमिट लागू किया जा सकता है।
• उत्पादन, स्टोरेज और उनके डिस्ट्रीब्यूशन पर

से सरकारी नियंत्रण खत्म हो जायेगा।

भारत में कृषि क्षेत्र के उत्थान के लिए किसान बिल 2020 को पारित किया गया है। इस विधेयक के अनुसार किसानों को लाभ पहुचाने के साथ ही कृषि क्षेत्र में महत्वपूर्ण सुधार लाना है। इस बिल के कुछ लाभ इस प्रकार है-

- इस कानून के तहत किसान देशभर में अपनी फसलों को कही भी बेचने के लिए सवतंत्र होगा।
- व्यापारियों या कंपनी और किसानों के बीच लचीलेपन को बढ़ावा मिलेगा।
- मंडियों के अतिरिक्त किसान के व्यापर क्षेत्र में वेयर हाउस, शीत गृह, फार्म गेट, प्रसंस्करण यूनिटों का अतिरिक्त निर्माण।
- किसानों के साथ निर्यातकों, संगठित क्षेत्रों का संगठन ताकि इसने बीच से बिचौलियों का खात्मा हो सकें।
- देश भर में डिजिटल मार्केटिंग को बढ़ावा देना और इस कार्य में पारदर्शिता को लाना।
- व्यापार के लिए फसलों पर किसी भी प्रकार के टैक्स से छुटकारा (सीमा-शुल्क से भी)।
- अनुबंद या कॉन्ट्रैक्ट खेती की शुरुआत होगी। जिसमें निवेशकों और किसानों के बीच उपज की कीमत तय होगी जिससे किसानों को अधिक लाभ पहुचाया जा सके।
- नई तकनीकी मुहैया कराकर फसल की पैदावार बढ़ाई जा सकती है।
- खेती में हुए नुकसान से किसानों को मुक्ति मिलेगी।
- कुछ चुनिन्दा फसलों पर स्टोरेज सीमा को हटा दिया जायेगा जिससे किसानों को अधिक लाभ मिल सकेगा।

कुछ कारणों से सरकार द्वारा लाये गए किसान बिल का विरोध किया जा रहा है। जैसे कि -

- सरकार द्वारा निर्धारित समर्थन मूल्य (MSP) खत्म कर दिया जायेगा।
- यदि किसान अपनी उपज को मंडियों से बहार बेचता है तो कृषि उपज मंडियों को खत्म कर दिया जायेगा।
- ई-नाम या ई-ट्रेंडिंग जैसे पोर्टल का क्या होगा।
- पैसों के दम पर कृषि क्षेत्रों में कॉर्पोरेट क्षेत्रों को बढ़ावा मिलेगा।

हमारे देश के तत्कालीन प्रधानमंत्री माननीय नरेंद्र मोदी ने इस बिल के बारे में कहा है कि यह किसान बिल किसानों के जीवन के लिए एक वाटरशेड की तरह काम करेगा। उनके हितों की रक्षा करेगा, और उनके उपज का समर्थन मूल्य में वृद्धि लायेगा। बिल के अनुसार ये किसानों को उनका उचित मेहनताना दिलाने में और कृषि क्षेत्रों में उपयोगी सुधार लायेगा। बिल की ओर देखा जाये तो ये किसानों और कृषि क्षेत्रों के हित में है। वही दूसरी ओर देखा जाए तो यह बिल किसानों के हित में होने के बावजूद देशभर के किसानों द्वारा विशेष रूप से पंजाब, हरियाणा, मध्यप्रदेश इत्यादि जैसे राज्यों में इसका विरोध किया जा रहा है। इससे बिल के बारे में कुछ नकारात्मकता देखने को मिलती है।

आज के नवीनतम डिजिटल समय में भी किसानों की हालत कुछ अच्छी नहीं देखी जा रही है। किसानों और कृषि क्षेत्र के हितों में लिए गये पिछले कई फैसलों के बावजूद भी किसानों का उत्थान देखने को नहीं मिल रहा है। सरकार ने उनके हितों और कृषि क्षेत्रों में नए आयाम स्थापित करने के लिए एक कानून पेश किया है। जिसके विरोध में कई राज्य और किसान लगातार कर रहे है। इस तरह के विरोध से यह मुद्दा काफी संजीदा बना हुआ है।

Aryaman Bhardwaj

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Obituary

Fr. Francis Guntipilly
Former Director
St. Joseph's Community College

Fr. Vijay Kumar Prabhu
Former Provincial
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Dr. Karthika S
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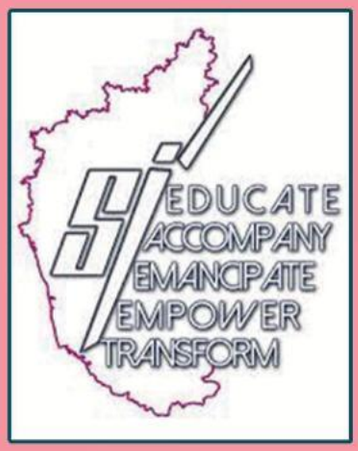
SJCC

Farman Ur Rahman
B.Com H (2018 batch)

H S Suman Subbaiah
B.Com C (2018 batch)

Reja John
B.Com B (2017 batch)



KARNATAKA PROVINCE APOSTOLIC PREFERENCES

Strengthening and Expanding our Mission in North Karnataka

Responding to Communalism and Fundamentalism

Imparting Integral Formation to Youth

Training in Collaboration and Leadership

St. Joseph's College of Commerce
(Autonomous)
Affiliated to Bengaluru City University
Accredited with A++ Grade by NAAC (4th Cycle) | College with Potential for Excellence (CPE)
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#163, Brigade Road, Bengaluru - 560025, Karnataka, India